

What's a disagreement or debate
you've gotten into with your friends?

GCC YG - NOV 16, 2025

TRUTH IN LOVE



EPHESIANS 4:11-16

Ephesians 4 Key Themes:

Unity and New Life

Unity

Living in the unified body of Christ

New Life

Living as a reflection of Christ

Ephesians 4 ESV

*¹¹ And he gave the apostles, the prophets, the evangelists, the shepherds and teachers, ¹² to equip the saints for the work of ministry, **for building up the body of Christ,***

Ephesians 4 ESV

*¹¹ And he gave the apostles, the prophets, the evangelists, the shepherds and teachers, ¹² to equip the saints for the work of ministry, **for building up the body of Christ,** ¹³ until we all attain to the **unity of the faith** and of the knowledge of the Son of God, to mature manhood, to the measure of the stature of the fullness of Christ,*

**God provides leaders to guide us
and build us into unified community.**

Ephesians 4 ESV

¹⁴ so that we may no longer be children, tossed to and fro by the waves and carried about by every wind of doctrine, by human cunning, by craftiness in deceitful schemes.

When we live in unity, we are no longer swayed by the world.

Ephesians 4 ESV

¹⁵ Rather, *speaking the truth in love*, we are to grow up in every way into him who is the head, into Christ,

Ephesians 4 ESV

¹⁵ Rather, *speaking the truth in love*, we are to grow up in every way into him who is the head, into Christ, ¹⁶ from whom the whole body, joined and held together by every joint with which it is equipped, when each part is working properly, makes the body grow so that it builds itself up *in love*.

Truth in love reflects Christ.

A community practicing truth in love becomes more like Christ.

Small Group Questions

- What people or platforms shape the way you think and form opinions?
- What do you often correct or call out about your friends/siblings?
- What's something you once said to someone that you now realize you should've said differently (or not said at all)?
- What's harder for you: saying the truth, or saying it lovingly? Why?
- What makes it hard to speak up to others sometimes?
- How can we be loving to people while still speaking truth and standing up for what is right?