



# Comparison Protocol

Philippians 3:12-21

Comparison hits damage like concussion hits

Brothers and sisters, I DO NOT CONSIDER myself yet to have taken hold of it. But one thing I do: FORGETTING what is behind and straining toward what is ahead, I press on to take hold of that for which Christ Jesus took hold of me."

## Comparison hits are a mental health \_\_\_\_\_ (4-6)

Connecting VS comparing: My "everyday" against another's "h\_\_\_\_\_r\_\_\_\_"

Luke 6:39-40 I'm just a little bit better because...

Luke 15:28-31 "All these years I've been slaving and never disobeyed..."

Luke 18:9-14 'God, I thank you that I am not like other people

"Comparison is the death of joy" WHY? Trying to fit in / trying to stand out

## Comparison meets its anti-\_\_\_\_\_ when eyes are on the right \_\_\_\_\_ (12-14)

When Grace takes over, God Brain-washes your past and future

Grateful hearts are attached to \_\_\_\_\_ minds!

## Christ-Comparison protocol: (15-17, 20)

#1 FORGET THE \_\_\_\_\_ puffed up with gains / beat down by gaps

#2 CHANGE YOUR \_\_\_\_\_ TODAY Your tactics ?

#3 FOCUS ON THE F\_\_\_\_\_ not pressure

## Comparison will \_\_\_\_\_ sh in the \_\_\_\_\_ of Christ! (18-21)

"Their mind is set on earthly things" =

Since...you have been raised with Christ, set your hearts on things above. Set your minds on things above, not on earthly things. Col 3:1-2

## 'THINK OF SUCH THINGS' 16+ ways in Philippians:

"Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—THINK about such things." 4:8

1:3-4 I thank my God every time I REMEMBER you. In all my prayers for all of you, I always pray with joy

1:9-10 And this is my prayer: that your love may abound more and more in KNOWLEDGE and depth of INSIGHT, so that you may be able to DISCERN what is best and may be pure and blameless for the day of Christ

1:23-24 I am torn between the two: I desire to depart and be with Christ, which is better by far; but it is more necessary for you that I remain in the body. CONVINCED of this, I know that I will remain

2:2 ...then make my joy complete by being LIKE-MINDED, having the same love, being one in spirit and of one MIND.

2:5,7 In your relationships with one another, have the same MINDSET as Christ Jesus...taking the very nature of a servant

3:7-8 But whatever were gains to me I now CONSIDER loss for the sake of Christ. What is more, I CONSIDER everything a loss because of the surpassing worth of knowing Christ Jesus my Lord, for whose sake I have lost all things. I CONSIDER them garbage, that I may gain Christ.

3:13-14a Brothers and sisters, I DO NOT CONSIDER myself yet to have taken hold of it. But one thing I do: FORGETTING what is behind and straining toward what is ahead, I press on

3:17 Join together in following my example, brothers and sisters, and just as you have us as a model, KEEP YOUR EYES on those who live as we do.

3:19 Their destiny is destruction, their god is their stomach, and their glory is in their shame. Their MIND IS SET on earthly things.

3:20-21 But our citizenship is in heaven. And we EAGERLY AWAIT a Savior from there, the Lord Jesus Christ, who, by the power that enables him to bring everything under his control, will transform our lowly bodies so that they will be like his glorious body.

4:2 I plead with Euodia and I plead with Syntyche to be of the same MIND in the Lord.

4:6-7 Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your MINDS in Christ Jesus.

4:12 I have LEARNED the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want. I can do all this through him who gives me strength.