

## **REST FOR YOUR SOUL**

MATTHEW 11:28-30

### **LABOR DAY - 1894**

RESULT OF RIOTS, VIOLENCE &  
DEATH SPARKED BY PROTESTS  
SEEKING THE END OF CHILD  
LABOR, BETTER SAFETY  
CONDITIONS FOR WORKERS, & A  
SHORTER WORK DAY (12 HOURS)

**JESUS PROMISES REST... DO WE  
TAKE ADVANTAGE OF IT?**  
REST & REPLENISHMENT ARE SO  
IMPORTANT BECAUSE YOU  
CANNOT SERVE GOD OR OTHERS  
FROM AN EMPTY VESSEL.

**JESUS WAS INTENTIONAL**  
SOUGHT SOLITUDE  
IN SILENCE  
& STILLNESS  
LED TO SIMPLICITY

**"BLESSED ARE THE PURE IN  
HEART, FOR THEY SHALL SEE  
GOD." ~ MATTHEW 5:8**