

MADE FOR MORE

Week 2

For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them. Ephesians 2:10

We must trust God with our lives, in order to become His workmanship. We forge trust with God by:

- **Knowing** what God says.
- **Sharing** our heart with Him regarding what He says.
- **Submitting** to His will.
- **Dreaming** with Him about what He can do through your story.

*For I know the plans I have for you, declares the Lord, plans for welfare and not for evil, to give you a future and a hope. ¹² Then you will **call upon me and come and pray to me**, and I will hear you. ¹³ You will seek me and find me, when you seek me with all your heart. ¹⁴ I will be found by you, declares the Lord, and I will restore your fortunes and gather you from all the nations and all the places where I have driven you, declares the Lord, and I will bring you back to the place from which I sent you into exile.*
Jeremiah 29: 11-14

Here are five reasons why God is THE BEST place to share your heart:

1. God is always available.
2. God is never overwhelmed by you.
3. God does not tell your secrets to anyone.
4. God's motives are always for your good.
5. God's advice is always right.

You can share your _____ with God.

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Worship- Psalm 63:1-4

*O God, you are my God; earnestly I seek you;
my soul thirsts for you;
my flesh faints for you,
as in a dry and weary land where there is no water.
So I have looked upon you in the sanctuary,
beholding your power and glory.
Because your steadfast love is better than life,
my lips will praise you.
So I will bless you as long as I live;
in your name I will lift up my hands.*

Thankfulness- Psalm 107:1-9

*Oh give thanks to the LORD, for he is good,
for his steadfast love endures forever!
Let the redeemed of the LORD say so,
whom he has redeemed from trouble^[a]
and gathered in from the lands,
from the east and from the west,
from the north and from the south.*

*Some wandered in desert wastes,
finding no way to a city to dwell in;
hungry and thirsty,
their soul fainted within them.*

*Then they cried to the LORD in their trouble,
and he delivered them from their distress.
He led them by a straight way
till they reached a city to dwell in.*

*Let them thank the LORD for his steadfast love,
for his wondrous works to the children of man!
For he satisfies the longing soul,
and the hungry soul he fills with good things.*

Confession- Psalm 38:1-8

*O Lord, rebuke me not in your anger,
nor discipline me in your wrath!*
² *For your arrows have sunk into me,
and your hand has come down on me.*
³ *There is no soundness in my flesh
because of your indignation;
there is no health in my bones
because of my sin.*
⁴ *For my iniquities have gone over my head;
like a heavy burden, they are too heavy for me.*
⁵ *My wounds stink and fester
because of my foolishness,*
⁶ *I am utterly bowed down and prostrate;
all the day I go about mourning.*
⁷ *For my sides are filled with burning,
and there is no soundness in my flesh.*
⁸ *I am feeble and crushed;
I groan because of the tumult of my heart.*

Lament- Psalm 13

*How long, O Lord? Will you forget me forever?
How long will you hide your face from me?*
² *How long must I take counsel in my soul
and have sorrow in my heart all the day?
How long shall my enemy be exalted over me?*
³ *Consider and answer me, O Lord my God;
light up my eyes, lest I sleep the sleep of death,*
⁴ *lest my enemy say, "I have prevailed over him,"
lest my foes rejoice because I am shaken.*
⁵ ***But*** *I have trusted in your steadfast love;
my heart shall rejoice in your salvation.*
⁶ *I will sing to the Lord,
because he has dealt bountifully with me.*

You can share your _____ with God.

Link to Regeneration struggle sheets:

<https://www.watermarkresources.com/ministries/regeneration/leader/ministry/s/6MR8A0GT0R6YwbifQ2Jpum?resourceId=21iIsLzbcYFmvyNbshH3ib>

Questions For Discussion

(You do not have to answer all of these! Just use them as a jumping off point)

- Take a moment to introduce yourself to your group.
- What makes the idea of talking to God about your heart easy or difficult for you?
- What “category” of sharing was most helpful for you to be reminded of and why?
- Have you ever experienced a season when you felt distant from God? What helped you draw near to Him again?
- Can you share a time when sharing your heart with God brought you peace?
- Looking ahead- is there an area of your heart that you want to grow in trusting God? You could take some time to pray for one another in this way!