

Proverbs 22:4

DEEPER
FURTHER
STRONGER

FULL
OF THE
WORD

FULL
OF THE
SPIRIT

FULL
OF THE
NATIONS

FULL OF
LOVE



By humility and the fear of the Lord
Are riches and honour and life.

AND DO NOT BE CONFORMED TO THIS WORLD
BUT BE TRANSFORMED BY THE RENEWING OF YOUR MIND
ROMANS 12:2
E-mail: Robert@
THAHL
AND ACCEPTABLE AND PERFECT WILL OF GOD
WHAT IS THAT GOOD
AND YOU MAY PROVE WHAT IS THAT GOOD

Total Transformation IN 2026



FAITH



FAMILY



FINANCE



FRIENDSHIPS



FREEDOM



FITNESS



FUTURE



FAVOUR

Allow Jesus into Every Aspect of Your Life!

Total Transformation 2026

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FREEDOM

The Secret to Success

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You'll never change your life
until you change something
you do daily. The secret of your
success is found in your daily

John C. Maxwell - American Author



Romans 12:2

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Hebrews 6:11-12

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11 And we desire that each one of you show the same diligence to the full assurance of **hope** until the end,
12 that you do not become sluggish, but imitate those who through **faith** and **patience** inherit the promises.

Jeremiah 29:11 (KJV)

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For I know the thoughts that I
think toward you, saith the Lord,
thoughts of peace, and not of
evil, to give you an expected
end.



IGNITE YOUR 2021



WE NEED TO BE
RELENTLESS

BIDFOOD

ANDREW SELLEY

20th December 2026

1. Where are you?
2. Who are you with?
3. What do you look like and feel like physically?
4. How do you feel emotionally?
5. What have been your biggest wins in the year?
6. What have you achieved personally that has made the year so good?
7. What new skills have you learned?
8. What difference has all this made to your life – personally, physically, emotionally, and financially?
9. What two major obstacles came your way in the year and how did you overcome them?
10. What has been your biggest motivating factor during the year, both at work and at home?

Specific

Measurable

Achievable

Realistic

Timely

Name:

| Goals for 2025 | |
|----------------|---|
| 1 | 1 |
| 2 | |
| 3 | |
| 4 | |
| 5 | |

Monthly To-do List

| | |
|----------|--|
| January | |
| February | |
| March | |



Dream
big

Roth
IRA



8 hours of
SLEEP

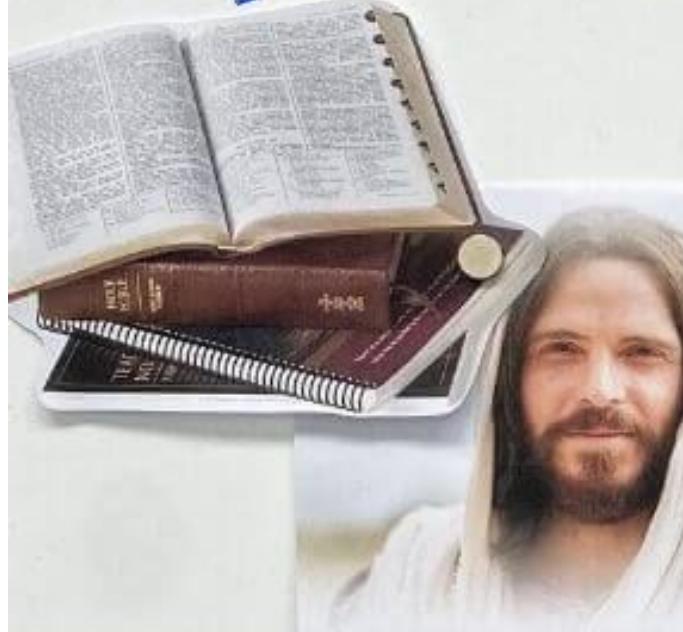


Successful at
literally anything

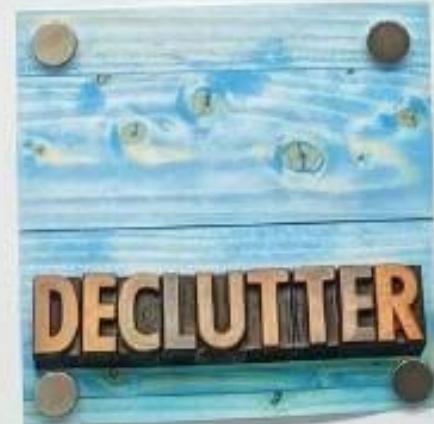


FLOSS LIKE A BOSS

Spiritual



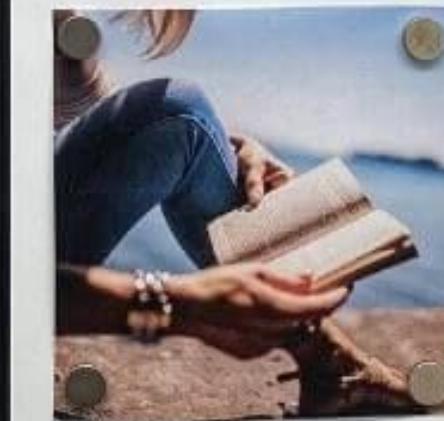
Physical



Social



Intellectual



CB
WM

Quar



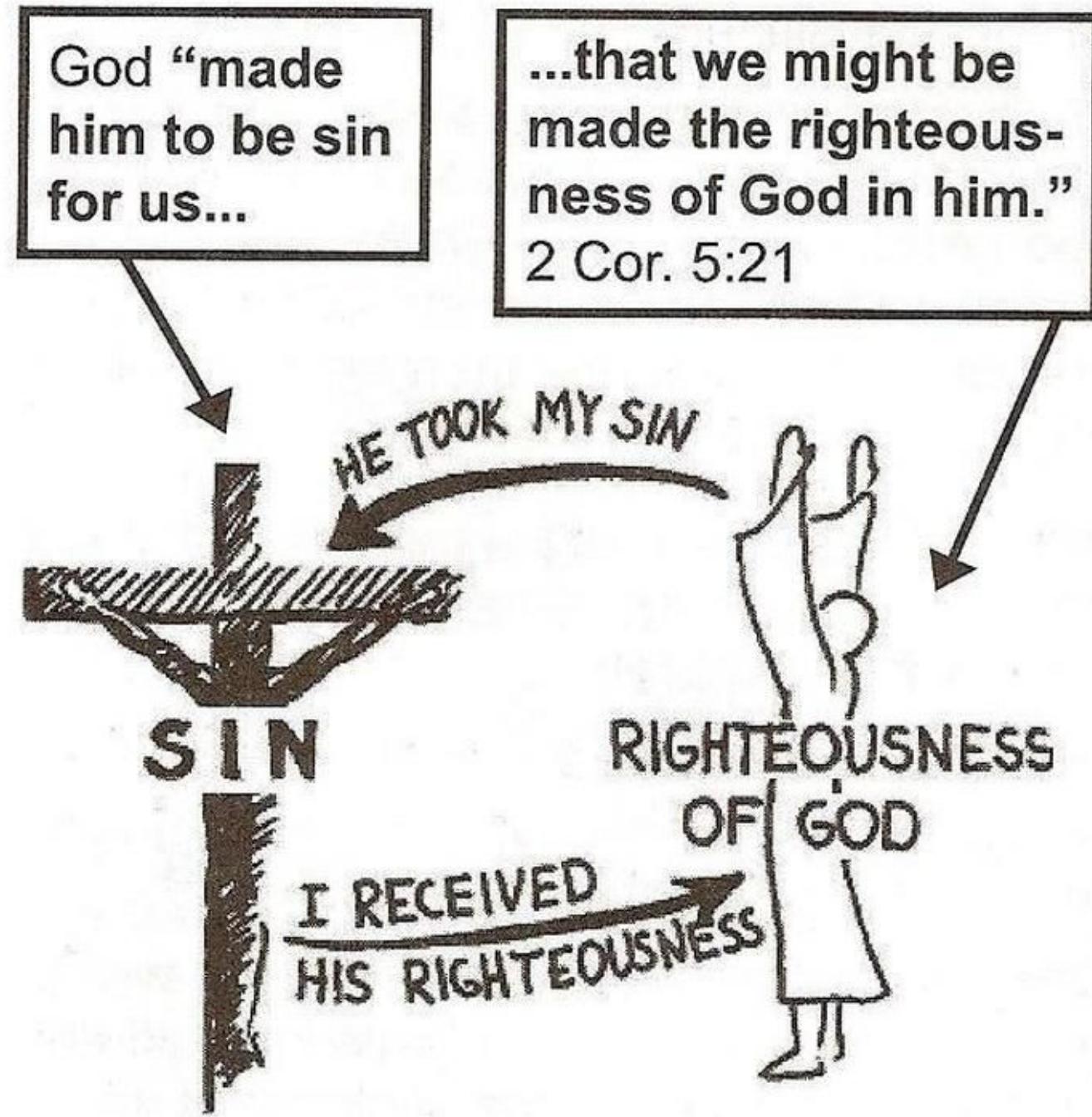
Total Transformation

FULL
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WORD

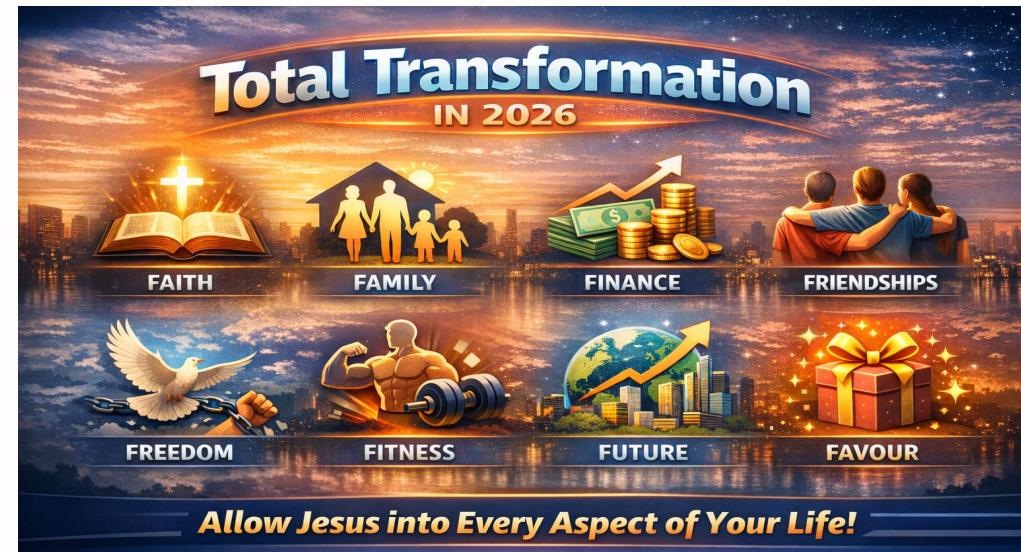
FULL
OF THE
SPIRIT

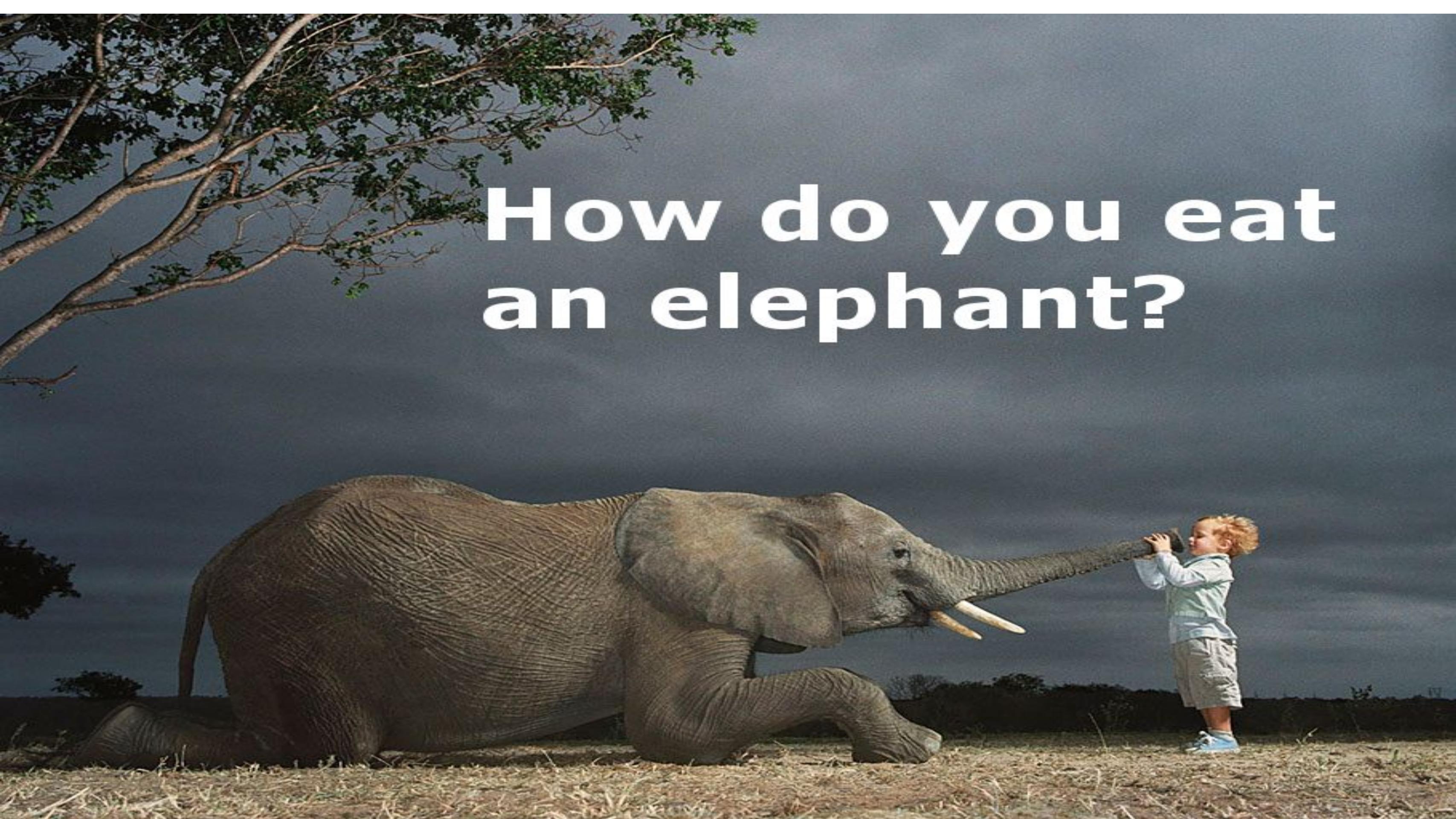
FULL
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DEEPER
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How do you eat
an elephant?



Happier, Healthier and Wealthier

Move from barely surviving,
to positively thriving!

[Click here](#) for your free E book



Happier, Healthier and Wealthier; the Secret Morning Routine Used by Billionaires to Boost Their Productivity

1. Stay Unplugged



2. Drink Water



3. Speak Gratitude Out Loud



6. Exercise



7. Get Dressed to Impress



4. Make Your Bed



8. Eat a Healthy Breakfast



5. Quiet time



9. Write a "To-Do" List



10. Get Enough Restful Sleep





“What I found was astonishing. Irrespective of the job role, almost without fail, the morning routines of successful billionaires consistently contained what I am about to share with you now. It seems logical that if you copy their habits, you will see similar results in your life.”

Genesis 8:22

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While the earth remains,
Seedtime and harvest



Law of Compounding

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“The law of compounding dictates consistently delivering **small** changes will inevitably have a tremendous impact over time.”



Psalm 127:2

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*.. for He grants sleep to those
he loves*

10. Get Enough Restful Sleep  A green icon of a bed with a white headboard and a white pillow.

Mark 4:19

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but the worries of this life, the deceitfulness of wealth and the desires for other things come in and choke the word, making it unfruitful.

1. Stay Unplugged



2 Samuel 23:15

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David longed for water and said, “Oh, that someone would get me a drink of water from the well near the gate of Bethlehem!”.

2. Drink Water



Proverbs 18:21

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The tongue has the power of life and death, and those who love it will eat its fruit..

3. Speak Gratitude Out Loud



Luke 16:10

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“Whoever can be trusted with very little can also be trusted with much,

4. Make Your Bed



Matthew 6:33

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But seek first his kingdom and his righteousness,
and all these things will be given to you as well.

5. Quiet time



1 Corinthians 9:27

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No, I strike a blow to my body and make it my slave so that after I have preached to others, I myself will not be disqualified for the prize.

6. Exercise



Genesis 41:14

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So Pharaoh sent for Joseph, and he was quickly brought from the dungeon. When he had shaved and changed his clothes, he came before Pharaoh.

7. Get Dressed to Impress



Genesis 18:5

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Let me get you something to eat, so you can be refreshed and then go on your way—now that you have come to your servant.”

8. Eat a Healthy Breakfast 

Who do you want to be?

FULL
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DEEPER
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Habakkuk 2:2

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Then the LORD replied:

“Write down the revelation
and make it plain on tablets
so that a herald may run with it.

9. Write a “To-Do” List



1. Stay Unplugged



2. Drink Water



3. Speak Gratitude Out Loud



6. Exercise



7. Get Dressed to Impress



4. Make Your Bed



8. Eat a Healthy Breakfast



5. Quiet time



9. Write a "To-Do" List



10. Get Enough Restful Sleep



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IN 2026

How does it APPLY to me?

FREEDOM

FITNESS

FUTURE

FAVOUR

Allow Jesus into Every Aspect of Your Life!