

Immense Increase

2025 Daily Routine Workshop



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Daily Routine Workshop Outline

- ◆ **Harnessing Your Imagination**
- ◆ **Review Workshop I - Setting goals**
- ◆ **The Battlefield of Your Mind**
- ◆ **Control Your Destiny in One Week**
- ◆ **Billionaire Morning Routine**
- ◆ **How Does This Apply to Me**





Genesis 11:6

And the Lord said, Behold, **the people is one**, and they have all one language; and this they begin to do: and now nothing will be restrained from them, which they have **imagined** to do. (KJV)

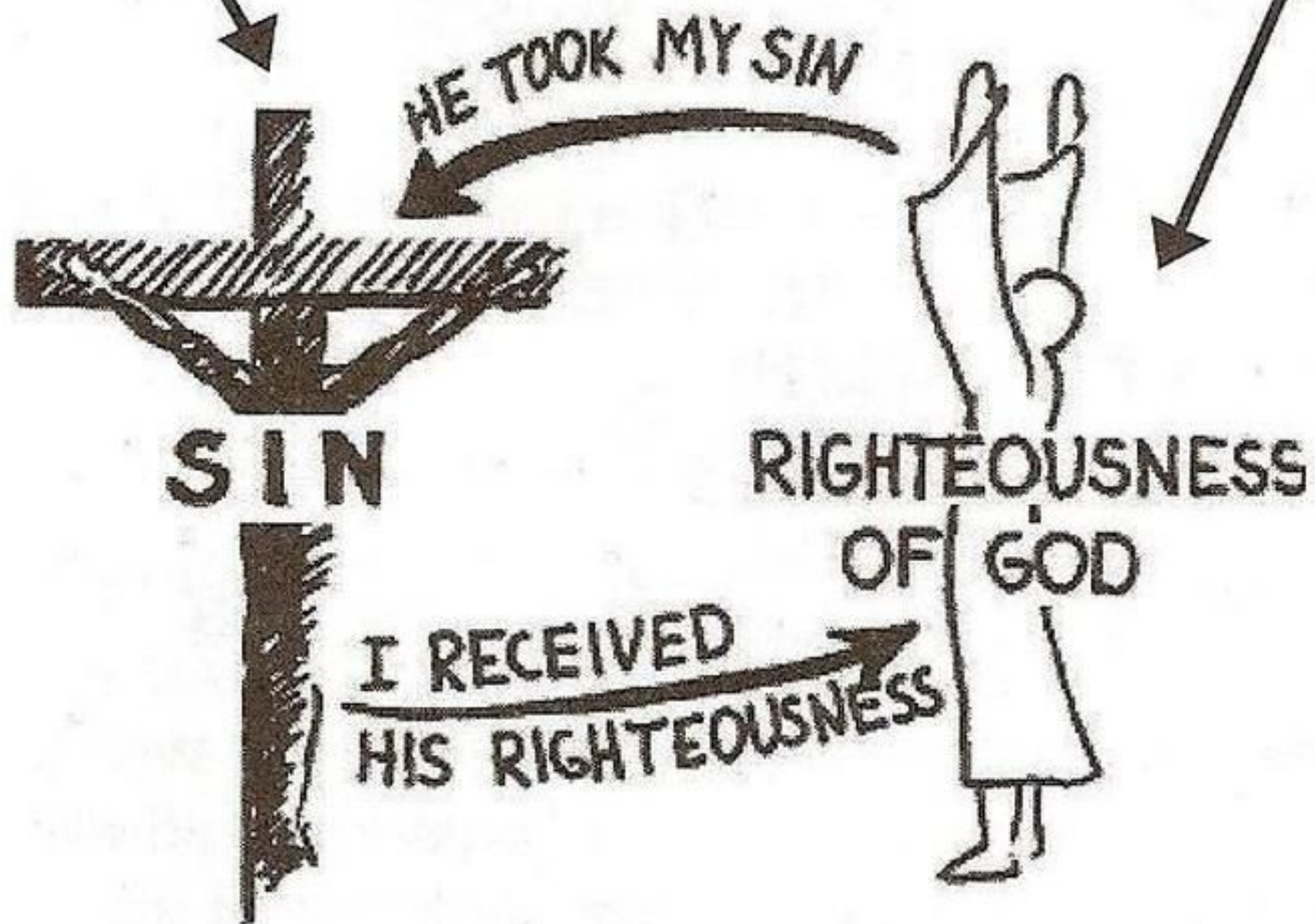
Habakkuk 2:2

² Then the LORD replied: “Write down the revelation and make it plain on tablets so that a herald may run with it.



God "made
him to be sin
for us...

...that we might be
made the righteous-
ness of God in him."
2 Cor. 5:21



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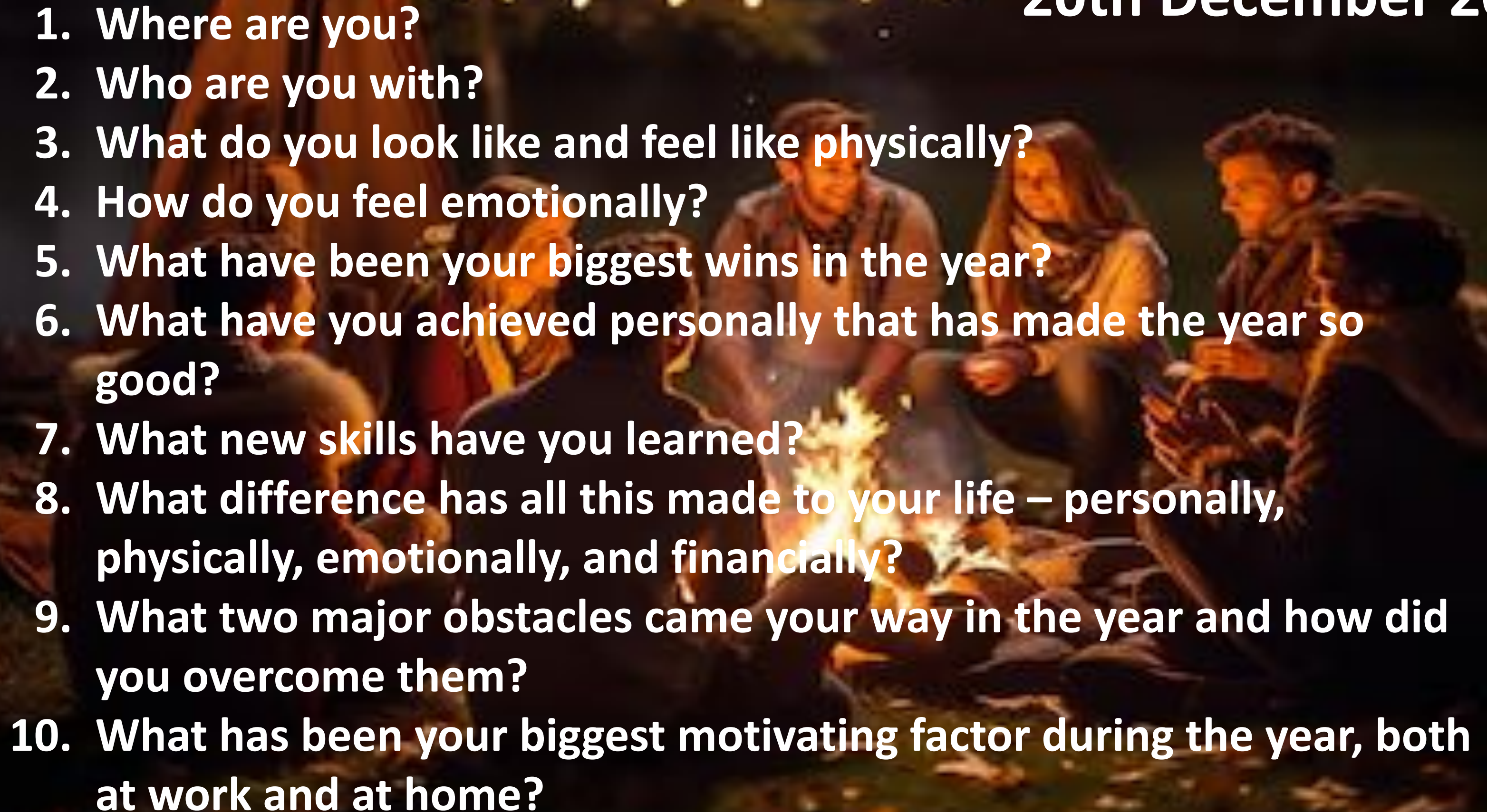
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20th December 2025

- 
- 1. Where are you?**
 - 2. Who are you with?**
 - 3. What do you look like and feel like physically?**
 - 4. How do you feel emotionally?**
 - 5. What have been your biggest wins in the year?**
 - 6. What have you achieved personally that has made the year so good?**
 - 7. What new skills have you learned?**
 - 8. What difference has all this made to your life – personally, physically, emotionally, and financially?**
 - 9. What two major obstacles came your way in the year and how did you overcome them?**
 - 10. What has been your biggest motivating factor during the year, both at work and at home?**

Specific

Measurable

Achievable

Realistic

Timely

Name:

Goals for 2025	
1	<div></div>
2	
3	
4	
5	

Monthly To-do List	
January	
February	
March	



Dream
big

Roth
IRA



8 hours of
SLEEP



Successful at
literally anything



FLOSS LIKE A BOSS



Spiritual



Social



Physical



Intellectual





happy



1 Peter 1:23

For you have been born again, not of perishable seed, but of imperishable, through the living and enduring word of God.

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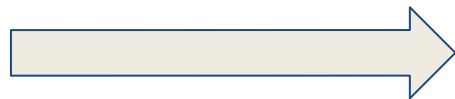
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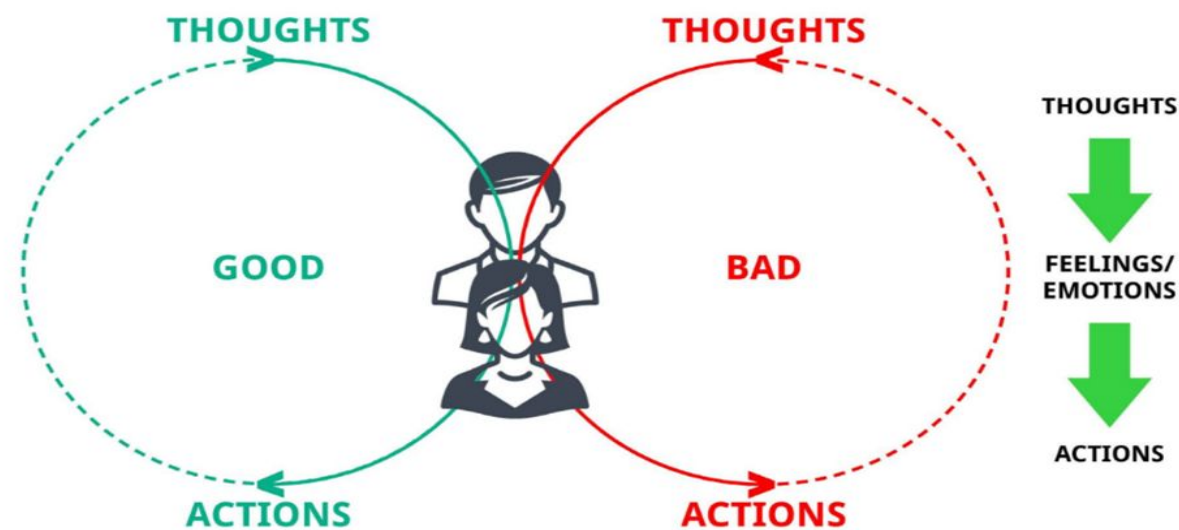
Zechariah 4:10

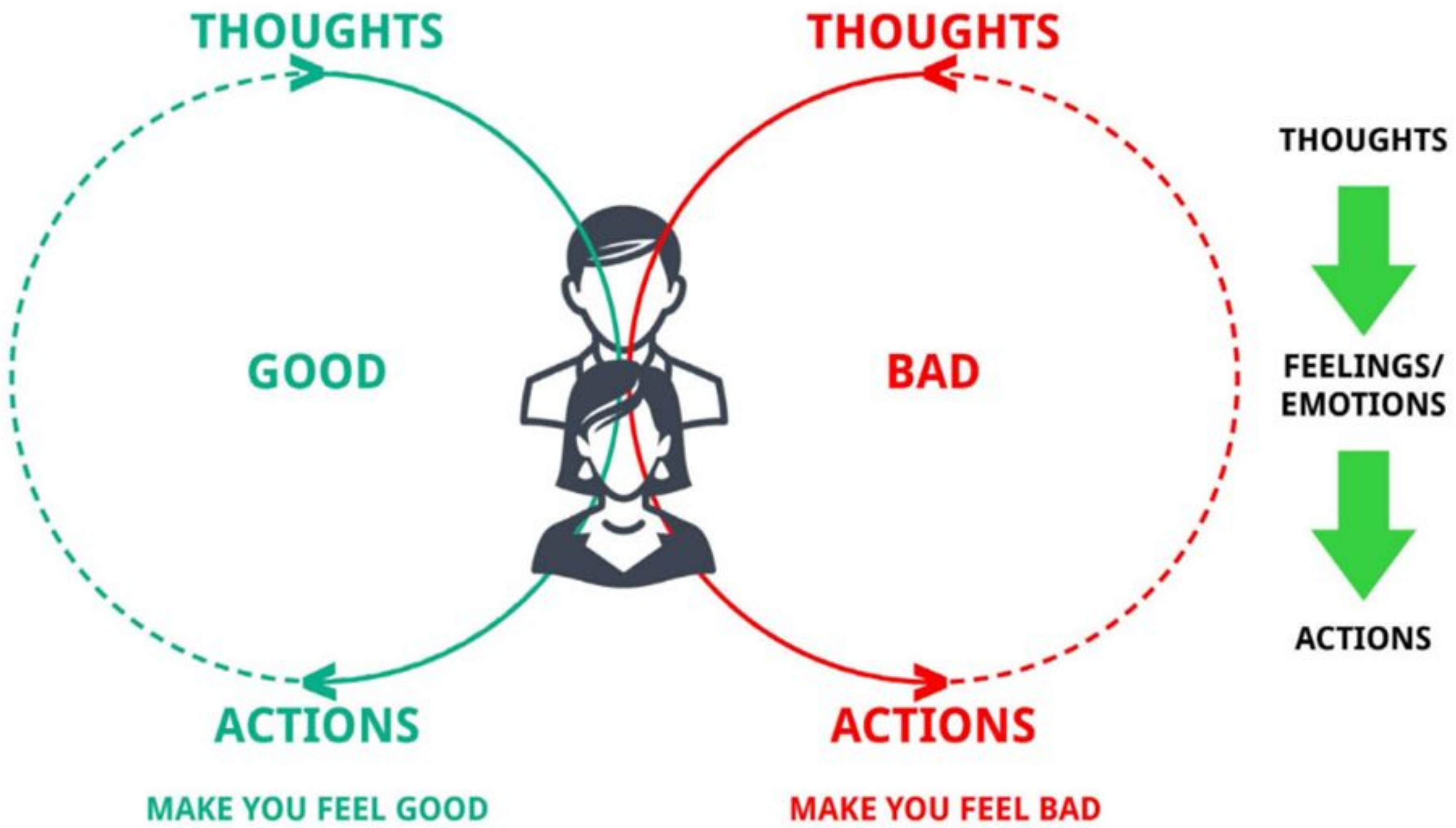
For who has despised the day of small things?



Proverbs 23:7

For as he thinks in his heart,
so *is* he.





2 Corinthians 10: 4 - 5

4 For the weapons of our warfare *are* not carnal but mighty in God for pulling down strongholds, 5 casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every **thought** into captivity to the obedience of Christ,

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1. Recognise Your Thoughts



2. Consciously **Switch** Your Focus



Philippians 4:8-9

8 Finally, brethren, whatever things are true, whatever things *are* noble, whatever things *are* just, whatever things *are* pure, whatever things *are* lovely, whatever things *are* of good report, if *there is* any virtue and if *there is* anything praiseworthy – meditate on these things. **9** The things which you learned and received and heard and saw in me, these do, and the God of peace will be with you.

Deuteronomy 30:19

I call heaven and earth as witnesses today against you, *that* I have set before you life and death, blessing and cursing; therefore choose life, that both you and your descendants may live;

Gain Control of Your Destiny In One Week

1. Recognise Your Thoughts
2. Consciously **Switch** Your Focus
3. Boost Your Daily Routine

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1. Stay Unplugged 

6. Exercise 

2. Drink Water 

7. Get Dressed to Impress 

3. Speak Gratitude Out Loud 

4. Make Your Bed 

8. Eat a Healthy Breakfast 

5. Quiet time 

9. Write a "To-Do" List 

10. Get Enough Restful Sleep 





“What I found was astonishing. Irrespective of the job role, almost without fail, the morning routines of successful billionaires consistently contained what I am about to share with you now. It seems logical that if you copy their habits, you will see similar results in your life.”

Genesis 8:22

“While the earth remains,
Seedtime and harvest,





“The law of compounding dictates consistently delivering **small** changes will inevitably have a tremendous impact over time.”



Psalm 127:2

...for he grants sleep to those he loves.

10. Get Enough Restful Sleep



Mark 4:19

but the worries of this life, the deceitfulness of wealth and the desires for other things come in and choke the word, making it unfruitful.

1. Stay Unplugged



2 Samuel 23:15

David longed for water and said, “Oh, that someone would get me a drink of water from the well near the gate of Bethlehem!”

2. Drink Water



Proverbs 18:21

The tongue has the power of life and death,
and those who love it will eat its fruit.

3. Speak Gratitude Out Loud



Luke 16:10

“Whoever can be trusted with very little can also be trusted with much,

4. Make Your Bed



Matthew 6:33

But seek first his kingdom and his righteousness, and all these things will be given to you as well.

5. Quiet time



1 Corinthians 9:27

No, I strike a blow to my body and make it my slave so that after I have preached to others, I myself will not be disqualified for the prize.

6. Exercise



Genesis 41:14

So Pharaoh sent for Joseph, and he was quickly brought from the dungeon. When he had shaved and changed his clothes, he came before Pharaoh.

7. Get Dressed to Impress



Genesis 18:5

Let me get you something to eat, so you can be refreshed and then go on your way—now that you have come to your servant.”

8. Eat a Healthy Breakfast





Habakkuk 2:2

Then the LORD replied:

“Write down the revelation
and make it plain on tablets
so that a herald may run with it.

9. Write a “To-Do” List



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“My years of coaching experience have shown that trying to incorporate all ten of these habits into your routine will end in failure. So let’s gradually adopt them, starting with Habit #10, to allow time for them to truly become embedded in your way of thinking. Consolidate your new habit, then every two weeks, add a new one to your morning routine until you are doing all ten consistently.”

Galatians 6:8-10

8 For he who sows to his flesh will of the flesh reap corruption, but he who sows to the Spirit will of the Spirit reap everlasting life. **9** And **let us not grow weary** while doing good, for in due season we shall reap if we do not lose heart. **10** Therefore, as we have opportunity, let us do good to all, especially to those who are of the household of faith.

Philippians 1:6

being confident of this very thing, that He who has begun a good work in you will complete *it* until the day of Jesus Christ;





APPLY
TO ME

