

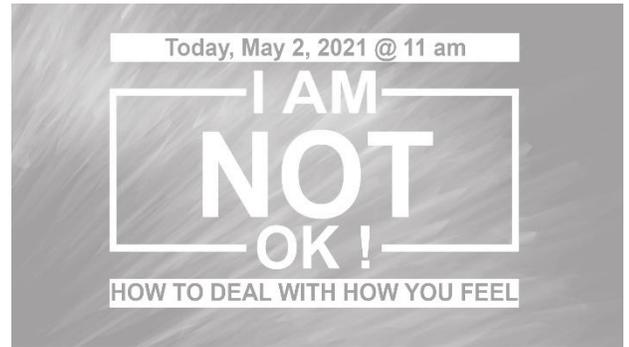
**Series:** I am NOT ok!: How to Deal with How You Feel

**Title:** *Guilty: Dealing with Feeling Ashamed!*

**Text:** Genesis 42:18-23

**Introduction:**

- *What are you guilty of?*
- *What have you done?*
- *What brings you shame?*



**Memory Verse**

These things have I spoken unto you, that my joy might remain in you, and that your joy might be full. (John 15:11)

**Big Idea**

The feeling of guilt indicates the necessity of change.

**Let's look at four lessons from God on the feelings of guilt.**

**I) God supplies a \_\_\_\_\_ to guilt.**

a) Our \_\_\_\_\_ tells us not to sin

And they said one to another, *We are* verily guilty concerning our brother, in that we saw the anguish of his soul, when he besought us, and we would not hear; therefore is this distress come upon us. (Genesis 42:21)

b) \_\_\_\_\_ tell us not to sin

And Reuben answered them, saying, Spake I not unto you, saying, Do not sin against the child; and ye would not hear? therefore, behold, also his blood is required. (Genesis 42:22)

**II) God shows us the \_\_\_\_\_ of guilt.**

a) Committing an offense contrary to our personal standards

b) Failure to meet expectations

c) Violating our \_\_\_\_\_.

... for whatsoever *is* not of faith is sin. (Romans 14:23)

d) Violation of \_\_\_\_\_.

Now we know that what things soever the law saith, it saith ...that every mouth may be stopped, and all the world may become **guilty** before God. (Romans 3:19)

...the law was our schoolmaster *to bring us* unto Christ... (Galatian 3:24)

**III) God tells us a \_\_\_\_\_ to sin.**

a) All sin will be judged

... therefore, behold, also his blood is required. (Genesis 42:22)

b) We reap what we sow

Be not deceived; God is not mocked: for whatsoever a man soweth, that shall he also reap. (Galatians 6:7)

IV) God provides a \_\_\_\_\_ to guilt.  
a) Forgiveness

Then Joseph could not refrain himself before all them that stood by him... <sup>2</sup> And he wept aloud... <sup>3</sup> And Joseph said unto his brethren... And his brethren could not answer him; for they were troubled at his presence. <sup>4</sup> ... And he said, I *am* Joseph your brother, whom ye sold into Egypt. <sup>5</sup> Now therefore be not grieved, nor angry with yourselves, that ye sold me hither: for God did send me before you to preserve life. (Genesis 45:1-5)

b) \_\_\_\_\_

... be not grieved, nor angry with yourselves, that ye sold me hither... (Genesis 45:5)

c) \_\_\_\_\_

...Thus saith thy son Joseph... come down unto me, tarry not: <sup>10</sup> And thou shalt  **dwell in the land**  of Goshen... <sup>11</sup> And there  **will I nourish thee** . (Genesis 45:9-11)

d) \_\_\_\_\_

And they sent a messenger unto Joseph, saying...  **forgive the trespass of the servants of the God of thy father** . (Genesis 50:16-18)

e) \_\_\_\_\_

*There is* therefore now no condemnation to them which are in Christ Jesus, who walk not after the flesh, but after the Spirit. (Romans 8:1)

**Conclusion:**

Since the feelings of guilt indicate the necessity of change. Then guilty feelings can become the \_\_\_\_\_ to a \_\_\_\_\_ life.

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**#together@loudounbaptist**

**May 9 @ 11 a.m.**

Join us next week as we kickoff a brand-new preaching series with the message *Our Family: Together Forever!*

**If you have had the chance to experience a good family life, then you enjoy being around family. Join us next week as we discover how a family can be together forever.**

NEXT SUNDAY, MAY 9 @ 11AM.

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*OUR FAMILY: TOGETHER FOREVER*