

**Series:** You Can Celebrate: Regaining Emotionally Healthy Holidays

**Title:** *Replenish: Experiencing the Restoring Presence of God.*

**Text:** Psalm 23:1-3

**Introduction:**



### Memory Verse

Surely goodness and mercy shall follow me all the days of my life: and I will dwell in the house of the LORD forever. (Psalm 23:6)

### Big Idea

A \_\_\_\_\_ soul is a \_\_\_\_\_ soul.

**Let's look at four truths that bring restoration.**

**I) I must allow God to be my \_\_\_\_\_.**

A. He is my \_\_\_\_\_.

The LORD is my shepherd; I shall not want. (Psalm 23:1)

B. He causes me to \_\_\_\_\_.

He maketh me to lie down in green pastures... (Psalm 23:2a)

C. He takes me to \_\_\_\_\_ places.

...he leadeth me beside the still waters. (Psalm 23:2b)

D. He teaches me what is \_\_\_\_\_.

He restoreth my soul: he leadeth me in the paths of righteousness for his name's sake. (Psalm 23:3)

**II) I must trust God in \_\_\_\_\_ area of my life.**

A. I am not afraid when my life is in \_\_\_\_\_.

Yea, though I walk through the valley of the shadow of death, I will fear no evil... (Psalm 23:4a)

B. I know God is with me \_\_\_\_\_ I go.

...for thou art with me... (Psalm 23:4b)

C. God knows how to bring me \_\_\_\_\_.

...thy rod and thy staff they comfort me. (Psalm 23:4c)

**III) I must find satisfaction \_\_\_\_\_ in God.**

A. God \_\_\_\_\_ for me even when I'm struggling.

Thou preparest a table before me in the presence of mine enemies... (Psalm 23:5a)

B. God \_\_\_\_\_ me.

...thou anointest my head with oil... (Psalm 23:5b)

C. God \_\_\_\_\_ me.

...my cup runneth over. (Psalm 23:5c)

**IV) I must be convinced that God is \_\_\_\_\_ for me.**

A. He always shows me \_\_\_\_\_.

Surely goodness and mercy shall follow me all the days of my life... (Psalm 23:6a)

B. He is \_\_\_\_\_ good to me.

Surely goodness and mercy shall follow me all the days of my life... (Psalm 23:6a)

C. I get to live with Him \_\_\_\_\_.

...and I will dwell in the house of the LORD for ever. (Psalm 23:6b)

### **Conclusion:**

When God is allowed to be the only leader, restoration is fully experienced and true rest is found.

**Special Guest Speaker  
Next Week  
January 2, 2022 @ 11am**

You are invited next week to hear a special guest, Pastor Ryan Flanders. Pastor Ryan is no stranger to this ministry and is a dear friend to us. He brings with him a wealth of knowledge and practical application. Plan to attend next Sunday @ 11a.m. as we kickoff a new year.

