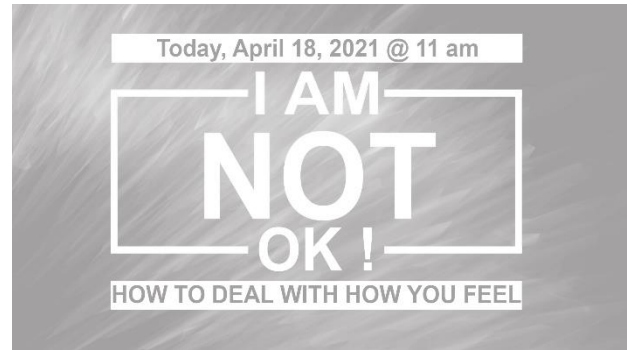


**Series:** I am NOT ok!: How to Deal with How You Feel

**Title:** Sick: Dealing with Disease

**Text:** Psalm 103:1-10



**Introduction:**

When it comes to physical illness, the “C” word is one we have grown to hate.

**Memory Verse**

These things have I spoken unto you, that my joy might remain in you, and that your joy might be full. (John 15:11)

**Big Idea**

My sickness should cause me to trust the Savior.

**Let’s discover why our sickness should cause us to trust the Savior.**

- I) \_\_\_\_\_ of Sickness
  - a) Global \_\_\_\_\_ of sin

And as Jesus passed by, he saw a man which was blind from his birth. And his disciples asked him, saying, Master, who did sin, this man, or his parents, that he was born blind? ...Neither hath this man sinned, nor his parents: (John 9:1-3)

And the LORD God commanded the man, saying, Of the tree of the garden thou mayest freely eat: But of the tree of knowledge of good and evil, thou shalt not eat of it: for...thou shalt surely die. (Genesis 2:15-17)

For we know that the whole creation groaneth and travaileth in pain together until now. (Romans 8:22)

- b) \_\_\_\_\_ Consequence of sin

But let a man examine himself, and so let him eat of that bread, and drink of that cup. For he that eateth and drinketh unworthily, eateth and drinketh damnation to himself, not discerning the Lord’s body. For this cause many are weak and sickly among you, and many sleep.

(1 Corinthians 11:28-30)

- II) \_\_\_\_\_ for Sickness
  - a) \_\_\_\_\_

Is any sick among you? let him call for the elders of the church; and let them pray over him, anointing him with oil in the name of the Lord: And the prayer of faith shall save the sick, and the Lord shall raise him up; and if he have committed sins, they shall be forgiven him. Confess your faults one to another, and pray one for another, that ye may be healed. (James 5:13-16)

b) \_\_\_\_\_

And he [Jesus] entered into a ship... and came into his own city. And, behold, they brought to him a man sick of the palsy... Jesus seeing their faith said unto the sick of the palsy; ... thy sins be forgiven thee...For whether is easier to say, Thy sins be forgiven thee; or to say, Arise and walk? But that ye may know that the Son of man hath power on earth to forgive sins,...Arise, take up thy bed, and go unto thine house. (Matthew 9:1-7)

III) \_\_\_\_\_ to Sickness

a) Find \_\_\_\_\_ in God

...lest I should be exalted above measure ... there was given to me a thorn in the flesh...For this thing I besought the Lord thrice, that it might depart from me. And He said unto me, My grace is sufficient for thee: for my strength is made perfect in weakness...therefore will I...glory in my infirmities. (2 Corinthians 12:7-10)

b) \_\_\_\_\_ for my sickness

Bless the Lord, O my soul: and all that is within me, bless his holy name...forget not all his benefits. Who forgiveth all thine iniquities; who healteth all thy diseases. (Psalm 103:1-3)

### Conclusion:

When I find myself suffering from sickness, I must run to Christ and find comfort in it.

**I am NOT ok!:**  
**How to Deal with How You Feel**  
**April 25 @ 11 a.m.**

Join us next week as we continue this new preaching series with the message *Done: Dealing with the Feeling of Burn Out!*

**There comes a time when we feel done. We just can't do it anymore. Next week, we will learn how to deal with feeling burned out in our lives.**

