Series: You Can Celebrate: Regaining Emotionally Healthy Holidays
Title: *Reclaim: Feeling Forgiven When I Have Done Wrong*
Text: Psalm 6

Introduction:

Memory Verse
Surely goodness and mercy shall follow me all the days of my life: and I will dwell in the house of the LORD forever. (Psalm 23:6)

Big Idea
Many live with chronic physical, mental, or emotional pain because they are unwilling to ask God for _____.

Let's look at three steps to reclaiming true joy in your life.

I) Acknowledge when pain is from _____.

Return, O LORD, deliver my soul: oh save me for thy mercies sake. (Psalm 6:4)

A. David experienced _____ pain because of his sin.

Have mercy upon me, O LORD; for I am weak: O LORD, heal me; for my bones are vexed. (Psalm 6:2)

B. David experienced _____ anguish because of his sin.

My soul is also sore vexed: but thou, O LORD, how long? (Psalm 6:3)

C. David experienced _____ trauma because of his sin.

I am weary with my groaning; all the night make I my bed to swim; I water my couch with my tears. Mine eye is consumed because of grief; it waxeth old because of all mine enemies. (Psalm 6:6-7)

II) Ask God to remove the pain by _____ His mercy.

A. Request that God would stop _____ you for your sin.

O LORD, rebuke me not in thine anger, neither chasten me in thy hot displeasure. (Psalm 6:1)

B. _____ to God's mercy.

Have mercy upon me, O LORD…oh save me for thy mercies sake. (Psalm 6:2a, 4b)

III) Reclaim the _____ only experienced by those who are right with God.

A. Feel the joy of not being associated with those that do _____.

Depart from me, all ye workers of iniquity; for the LORD hath heard the voice of my weeping. (Psalm 6:8)

B. Feel the joy of having God as an _____ again.

Depart from me, all ye workers of iniquity; for the LORD hath heard the voice of my weeping. The LORD hath heard my supplication; the LORD will receive my prayer. (Psalm 6:8-9)

C. Feel the joy of _____ over the enemies of God.

Conclusion:

No one is stuck with chronic, physical, mental, or emotional pain caused by sin. All can experience the freedom from pain that God offers through His mercy.

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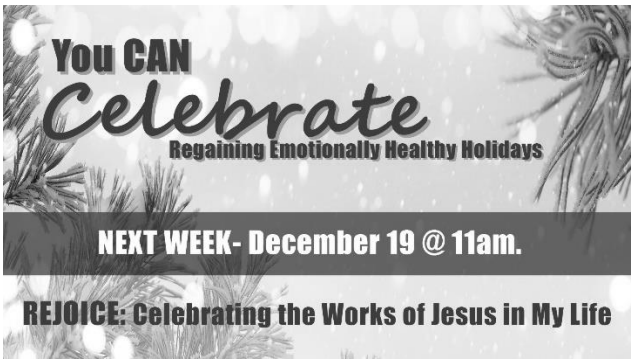
Rejoice: Celebrating the Works of Jesus in my Life.

Join us next week as we continue our preaching series You Can Celebrate! with the message *Rejoice: Celebrating the Works of Jesus in my Life.*