

## **Reset: Letting the Gospel Rewrite Our Story**

**Week 1: Resetting Our Mindset and Language - Scripture:** Romans 12:2, 2 Corinthians 5:17, Proverbs 18:21

**Main Idea:** The Gospel gives us a new identity, but lasting change begins as we learn to think and speak like Christians.

### **Point 1: The Gospel Is the Ultimate Reset**

**Explanation:** We all long for a fresh start, but life does not have a reset button. Our past decisions and patterns follow us. For Christians, however, the Gospel offers something better than a clean slate. In Christ, we are made new. The old is gone and the new has come. While the consequences of past choices may remain, our identity and direction are reset by grace.

**Truth:** The Gospel does not erase the past, but it gives us a new life and a new path forward.

**Challenge:** Stop looking for gimmicks or quick fixes. Anchor your hope for change in what Christ has already done.

### **Point 2: A Gospel Reset Begins with a Renewed Mind**

**Explanation:** If we want to live like Christians, we must learn to think like Christians. Our thoughts shape our reactions, our habits, and our direction. Paul teaches that transformation happens through the renewing of our minds, not by conforming to the patterns of the world. Before behavior changes, thinking must change.

**Truth:** You will never live differently until you begin to think differently.

**Challenge:** Commit to renewing your mind by engaging God's Word. Humble yourself before Scripture and allow God's wisdom to reshape how you see life.

### **Point 3: A Renewed Mind Must Lead to Renewed Speech**

**Explanation:** Renewing the mind is not just learning information. It is winning a war. That war is fought in two places: what we repeatedly think and what we repeatedly say. Our words are not neutral. They reinforce our thoughts and steer our faith. Proverbs reminds us that the tongue has the power of life and death, and many believers sabotage renewal by speaking death over themselves before growth can begin.

**Truth:** Your words either cooperate with God's work of renewal or quietly resist it.

**Challenge:** Pay attention to your internal dialogue. When negative or self-defeating words surface, correct them with God's truth and speak life aligned with His promises.

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## **Final Reflection**

The Gospel has given us a new identity. This series is about learning how to live in it. As you move into this new year, reset your mind through God's Word and guard your speech with wisdom. Transformation begins when we think and speak like Christians.

## **Devotion 1: The Gospel Reset Scripture: 2 Corinthians 5:17**

**Reflection:** We all wish life came with a reset button. A way to start over without carrying the weight of past mistakes. While life does not work that way, the Gospel does something even better. In Christ, we are not given a clean slate only. We are given a new identity. Scripture says the old is gone and the new has come. That does not mean consequences disappear overnight, but it does mean our past no longer defines our future. God is not rebuilding the old version of you. He is creating something new.

**Challenge:** Take a few minutes today to thank God for the new identity you have in Christ. Ask yourself where you may still be living as if the old has not really gone. Invite God to help you walk forward in the new life He has already given you.

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## **Devotion 2: Renewing the Mind Scripture: Romans 12:2**

**Reflection:** Transformation does not begin with behavior. It begins with thinking. Paul reminds us that we are shaped either by the patterns of this world or by the renewing work of God in our minds. What we repeatedly think about becomes what we believe, and what we believe eventually directs how we live. A renewed mind requires humility. It means admitting that God's wisdom is better than ours and allowing His Word to challenge and reshape us.

**Challenge:** As you read Scripture today, pay attention to any moment where you feel resistance. Instead of brushing past it, pause and pray, "God, help me think about this the way You do." Let renewal begin with surrender.

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## **Devotion 3: Words That Give Life**

**Scripture:** Proverbs 18:21

**Reflection:** The battle for renewal is fought not only in our thoughts but also in our words. Scripture says the tongue has the power of life and death. Many believers desire growth but speak discouragement, doubt, and defeat over themselves. Our words reinforce our thought patterns and shape our expectations. When our speech does not align with God's truth, it can quietly undermine the work He is trying to do in us.

**Challenge:** Listen to your internal dialogue today. When you notice negative or self-defeating words, stop and replace them with God's truth. Ask the Lord to help your words cooperate with the renewal He is bringing to your life.