

A dense forest of evergreen trees, likely spruce or fir, with a wooden boardwalk leading through the center. The trees are lush green, and the boardwalk is made of wooden planks. The overall atmosphere is serene and natural.

**R + R**

*restore to me the joy of your salvation and renew a right spirit*



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- to see my need for community in Jesus
- to understand how much my local area needs Jesus but at the same time doesn't want to hear about Him.
- to see new ways that ministry can be done and changes for the future that Jesus has for me.



# Psalm 51:10-12 Key verses for R&R Focus

Create in me a **clean** heart, O God,  
and renew a **right** spirit within me.

Cast me not away from your **presence**,  
and take not your Holy Spirit from me.

Restore to me the joy of your salvation,  
and uphold me with a **willing** spirit.

R + R



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- Does my heart desire to focus on what God has for me?
- Which patterns exist in my life preventing full connection with the Holy Spirit?
- How have my past life experiences tainted my view of God and how He views me?

# Disciples after Jesus' resurrection

Afterward he appeared to the eleven themselves as they were reclining at table, and he rebuked them for their unbelief and hardness of heart, because they had not believed those who saw him after he had risen.

Mark 16:14

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Within 7 weeks the disciples become...

And they were amazed and astonished, saying, “Are not all these who are speaking Galileans? And how is it that we hear, each of us in his own native language? ...we hear them telling in our own tongues the mighty works of God.” Acts 2:7-8,11

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Why? Presence of the Holy Spirit in their lives

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7 times Jesus says the same thing to His people..

- “He who has an ear, let him hear what the Spirit says to the churches.”
- Sins in churches: Lack of love, sexual immorality, allowing stumbling blocks in the church, apathetic, fake spirituality, works of the Nicolaitans – repent!

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- it to be God's hand of blessing even if it does not include me and my church?

So.....

will I allow the Holy Spirit freedom to restore and  
renew me according to His desire?