



# TALKING WITH GOD

USING THE PSALMS FOR PRAYER

## Psalm 3

O Lord, how many are my foes! Many are rising against me; many are saying of my soul, "There is no salvation for him in God." Selah

But you, O Lord, are a shield about me, my glory, and the lifter of my head. I cried aloud to the Lord, and he answered me from his holy hill.  
Selah

## Psalm 3

I lay down and slept; I woke again, for the Lord sustained me. I will not be afraid of many thousands of people who have set themselves against me all around.

Arise, O Lord! Save me, O my God! For you strike all my enemies on the cheek; you break the teeth of the wicked. Salvation belongs to the Lord; your blessing be on your people! Selah

# Prayer of Trust

vss 1-2. Problems with today



**HOW TO TALK TO GOD**

# Prayer of Trust

vss 1-2. Problems with today

vss 3-6 Protection for today



**HOW TO TALK TO GOD**

# Prayer of Trust

vss 1-2. Problems with today

vss 3-6 Protection for today

- Vs 3 David says of God what he already knew



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vss 1-2. Problems with today

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- Vs 3 David says of God what he already knew
- Vs 4-5 David says of God what he had already experienced



# Prayer of Trust

vss 1-2. Problems with today

vss 3-6 Protection for today

- Vs 3 David says of God what he already knew
- Vs 4-5 David says of God what he had already experienced
- Vss 5-6 David says what he will do now





# Prayer of Trust

vss 1-2. Problems with today

vss 3-6 Protection for today

- Vs 3 David says of God what he already knew

- Vs 4-5 David says of God what he had already experienced

- Vss 5-6 David says what he will do now

vss 7-8 Salvation from today



**HOW TO TALK TO GOD**

Trust in His promises.

- John 14:26-27, You have a Helper- I give you peace



**HOW TO TALK TO GOD**

## John 14:26-27

But the Helper, the Holy Spirit, whom the Father will send in my name, he will teach you all things and bring to your remembrance all that I have said to you. Peace I leave with you; my peace I give to you. Not as the world gives do I give to you. Let not your hearts be troubled, neither let them be afraid.

Trust in His promises.

- John 14:26-27, You have a Helper- I give you peace
- 2 Corinthians 1:3-4, He comforts us so we can comfort others



**HOW TO TALK TO GOD**

## 2 Corinthians 1:3-4

Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort, who comforts us in all our affliction, so that we may be able to comfort those who are in any affliction, with the comfort with which we ourselves are comforted by God.

# Trust in His promises.

- John 14:26-27, You have a Helper- I give you peace
- 2 Corinthians 1:3-4, He comforts us so we can comfort others
- 1 Peter 5:7-10, He cares for you and will strengthen you



**HOW TO TALK TO GOD**

## 1 Peter 5:7-10

casting all your anxieties on him, because he cares for you. Be sober-minded; be watchful. Your adversary the devil prowls around like a roaring lion, seeking someone to devour. Resist him, firm in your faith, knowing that the same kinds of suffering are being experienced by your brotherhood throughout the world. And after you have suffered a little while, the God of all grace, who has called you to his eternal glory in Christ, will himself restore, confirm, strengthen, and establish you.

Trust in His promises.

- John 14:26-27, You have a Helper- I give you peace
- 2 Corinthians 1:3-4, He comforts us so we can comfort others
- 1 Peter 5:7-10, He cares for you and will strengthen you
- Philippians 4:6-7, His peace will guard your heart



**HOW TO TALK TO GOD**



## Philippians 4:6-7

do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

Own It:

1. Pray this prayer.
2. Re-write this prayer.
3. Remind yourself of His promises.



**HOW TO TALK TO GOD**

