

Psalm 13:1-2

How long, O LORD? Will you forget me forever? How long will you hide your face from me? How long must I take counsel in my soul and have sorrow in my heart all the day? How long shall my enemy be exalted over me?

Psalm 13:3-4

Consider and answer me, O LORD my God; light up my eyes, lest I sleep the sleep of death, lest my enemy say, "I have prevailed over him," lest my foes rejoice because I am shaken.

Psalm 13:5-6

But I have trusted in your steadfast love; my heart shall rejoice in your salvation. I will sing to the LORD, because he has dealt bountifully with me.

Prayer for Help

• 1-2 Need for help



Prayer for Help

• 1-2 Need for help

• 3-4 Request for help



Psalm 5:3

O LORD, in the morning you hear my voice; in the morning I prepare a sacrifice for you and watch.

Psalm 37:7

Be still before the LORD and wait patiently for him; fret not yourself over the one who prospers in his way, over the man who carries out evil devices!

Psalm 62:1-2

For God alone my soul waits in silence; from him comes my salvation. He alone is my rock and my salvation, my fortress; I shall not be greatly shaken.

We need to pause when we pray.

Prayer for Help

• 1-2 Need for help

• 3-4 Request for help

•5-6 Source for help



Pray It:

- Do I pray about what is in my heart or only about what surrounds me?
- Do I pause in my time of prayer to let God speak into my heart? Why?
- How often in prayer do I recall His faithfulness?
- What am I going to do different this week to improve my time talking with God?

