

# HEBREWS

#### Hebrews 4:1

Therefore, while the promise of entering his rest still stands, let us fear lest any of you should seem to have failed to reach it.



#### Hebrews 4:2-3

For good news came to us just as to them, but the message they heard did not benefit them, because they were not united by faith with those who listened. For we who have believed enter that rest, as he has said, "As I swore in my wrath, 'They shall not enter my rest,' " although his works were finished from the foundation of the world.

#### Hebrews 4:4-5

For he has somewhere spoken of the seventh day in this way: "And God rested on the seventh day from all his works." And again in this passage he said, "They shall not enter my rest."



#### Hebrews 4:6-8

Since therefore it remains for some to enter it, and those who formerly received the good news failed to enter because of disobedience, again he appoints a certain day, "Today," saying through David so long afterward, in the words already quoted, "Today, if you hear his voice, do not harden your hearts." For if Joshua had given them rest, God would not have spoken of another day later on.

## Hebrews 4:9-10

So then, there remains a Sabbath rest for the people of God, for whoever has entered God's rest has also rested from his works as God did from his.



# Hebrews 4:11-13

Let us therefore strive to enter that rest, so that no one may fall by the same sort of disobedience. For the word of God is living and active, sharper than any two-edged sword, piercing to the division of soul and of spirit, of joints and of marrow, and discerning the thoughts and intentions of the heart. And no creature is hidden from his sight, but all are naked and exposed to the eyes of him to whom we must give account.

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  - o We find <u>salvation</u> rest when <u>we come to know Him</u>



## Matthew 11:28

Come to me, all who labor and are heavy laden, and I will give you rest.



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  - o We find <u>salvation</u> rest when <u>we come to know Him</u>
  - o We enjoy <u>submission</u> rest when <u>we yield</u> to <u>Him</u>



## Matthew 11:29-30

Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light."



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  - o We find <u>salvation</u> rest when <u>we come to know Him</u>
  - o We enjoy <u>submission</u> rest when <u>we yield</u> to <u>Him</u>
  - o We enter <u>eternal</u> rest when <u>we see Him</u>



## Revelation 21:3-4

Behold, the dwelling place of God is with man. He will dwell with them, and they will be his people, and God himself will be with them as their God. He will wipe away every tear from their eyes, and death shall be no more, neither shall there be mourning, nor crying, nor pain anymore, for the former things have passed away."

He has <u>authored</u> His rest (4:2-10)



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  - o God offered it to Israel (4:2-3,5)
  - o God built it into His creation (4:3-4)
  - o God offers it to His children (4:6-8)
  - o God will complete it (4:9-10)

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  - o Allowing His Word to do a work in us.
  - Admitting <u>our sinful actions and</u>
    <u>attitudes</u> to Him.



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- 2. Describe a time when you experienced not only peace with God but also the peace of God.



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- 3. Is God's rest something you are willing to stive for in your heart?



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- 2. Describe a time when you experienced not only peace with God but also the peace of God.
- 3. Is God's rest something you are willing to stive for in your heart?
- 4. Identify one thing you need to do this week to strive for Christ in your heart.





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