



ShalomAZ Ministries

In Pursuit of Israel's Redemption

"A Song In Your Heart"

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Devotion and Discussion Questions

Key Texts: Psalm 13; Psalm 43; Psalm 103; Eph. 5:15-19; Phil 1:6

Have you ever walked through a season where the song in your heart just... faded? Maybe life happened. Maybe the weight of circumstances pressed in. Maybe disappointment lingered a little too long. And without even meaning to, you woke up one morning and realized, "I don't sing like I used to. I don't rejoice like I once did."

But Scripture tells us something powerful—God actually intends for His people to carry a song inside. Not just on our lips, but deep in our hearts. A song that rises not because everything is perfect, but because He is faithful.

Paul tells us in Ephesians 5 that *"singing and making music in your heart to the Lord, always giving thanks to God the Father for everything"* (TLV). That kind of inner melody isn't dependent on our mood or circumstances. It's the overflow of remembering who God is and what He has done. Today, God wants to restore the song in your heart. And the Scriptures give us a roadmap for how that happens.

1. A HEART THAT REMEMBERS BEGINS TO SING AGAIN

David understood what it felt like to be overwhelmed. Yet he said in Psalm 13:6, *"I will trust in Your love, my heart rejoices in Your salvation. I will sing to Adonai."* Notice that decision: *I will*. It's not a feeling; it's a choice rooted in remembering God's love and His salvation.

Sometimes the song doesn't return because life got easier—it returns when we choose to remember. David says again in Psalm 103: *"Bless Adonai, O my soul... and forget not all His benefits."*

When discouragement steals your melody, remembrance restores it.

When you're overwhelmed, rehearse His goodness.

When you feel empty, recount what He has done.

When your soul goes quiet, remind yourself who He is.

The song comes back when the memories of His faithfulness come to the front of your mind.

2. A HEART THAT DRAWS NEAR FINDS ITS PRAISE AGAIN

In Psalm 43:4–5, David says: *"I will come to the altar of God... and praise You... I will again praise Him."* (TLV)

There's something about coming near—coming to the altar, placing ourselves in His presence—that awakens what felt dead inside. David says, "I will again praise Him." The word *again* means the flame was there once... and it can be there again.

You may not feel like drawing near. You may feel empty, tired, or discouraged. But it's in His presence—at His altar—that your heart remembers how to worship.

Draw near even when you feel numb.

Draw near even when the words don't come.

Draw near even when your soul feels quiet.

It's at the altar that God breathes on the embers and brings the flame back to life.

3. A HEART FILLED WITH GRATITUDE WON'T LOSE ITS SONG

Paul says in Ephesians 5:19–20 that we are to “*sing and make music in our hearts... always giving thanks to God the Father for everything.*” Thankfulness is the atmosphere where praise grows.

Gratitude doesn't ignore pain—it reframes it.

It doesn't deny difficulty—it declares that God is still good in the middle of it.

If you want your song back, start noticing the small things again. Start thanking Him for breath, for mercy, for His nearness, for salvation, for love that never quits.

A thankful heart becomes a singing heart.

A singing heart becomes a hopeful heart.

And a hopeful heart becomes a steadfast heart.

CONCLUSION

Your heart was made for a song. Not a superficial tune or a shallow melody—but a deep, Spirit-filled song rooted in who God is. Maybe today you're saying, “I used to sing like that. I used to rejoice like that. I used to walk in that kind of gratitude.” Hear the word of the Lord today: *You will again praise Him.*

Your song isn't gone—it's just waiting to be stirred.

When you remember who He is...

When you draw near to His presence...

When you choose gratitude...

Your song returns.

DISCUSSION QUESTIONS:

1. When was a time you realized the “song” in your heart had gone quiet?
2. How does remembering God's faithfulness help restore joy and hope?
3. What does drawing near to God look like for you in difficult seasons?
4. How does gratitude strengthen your heart and your worship?
5. Which passage spoke most to you—Psalm 13, Psalm 43, or Psalm 103—and why?

CLOSING PRAYER:

Abba, restore the song in our hearts. Where discouragement has silenced praise, breathe fresh life again. Where weariness has settled in, renew strength. Teach us to remember Your goodness, to draw near to Your presence, and to give thanks in every circumstance. Awaken worship in us. Let our hearts sing to You—not only with our mouths, but with our lives. *In the name of Yeshua, our hope and our song, Amen.*