

Session 5

1. What was the most thought provoking question you heard in this session?
2. When the need comes for you and your spouse to talk about your sexual relationship, what makes it easier for you to talk about it? What makes it more difficult?
3. List some of the things that you have had to learn, unlearn, or relearn in order to have a healthy and mutually fulfilling sex life with your spouse.
4. On your own look over page 104 “rate your romance” and give time for your spouse to speak honestly and humbly to you about what they said.