

Session 4

Page 81 in your workbook: personal reflection...

- a. Think about how you saw your parents resolve conflict, and how it has affected the way you resolve conflict.
 - b. How is conflict handled now in your marriage? Do you see any correlation of the 2?
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1. What was the most thought provoking concept you heard in this session?
 2. Discuss some of the ways that anger often manifests itself in marriage.
 3. Identify any unresolved conflicts that you have in your marriage. Purpose to handle them biblically.
 4. Express your gratitude to each other for being willing to work through conflict and for not running away from it.
 5. Give one example of a new way you commit to handling conflict. Do not focus on your partner's way, but yours.