



Have fun learning and playing  
with your preschooler!

## Activity

### Blanket Storm

#### What You Need:

Large blanket and plush friend or toy

#### What You Do:

Bring the blanket into an open area and lay it flat on the floor.

Say, "I have an idea! Let's make this blanket be a big storm like the one in our story. Hold on to the edge and shake the blanket up and down. Go! (*Shake the blanket up and down.*) The storm in our Bible story came when Jonah was on a boat. God had asked Jonah to go to Nineveh, but Jonah did not go to Nineveh. Instead, he got on a boat. Then God sent a big storm. Let's put this plush friend on the blanket, and we can pretend it's Jonah in the big storm. (*Put plush friend on the blanket.*) Let's shake the blanket like the big storm! Shake! Shake! Shake! (*Shake the blanket up and down.*) And, stop! Wow, that was a big storm! (*Continue as long as there is interest.*)

"Wow! You were great at shaking that blanket to make the big storm. What animal saved Jonah in the water? (Pause.) Yes, that's right. God sent a big fish to save Jonah. Jonah sat in that fish for three days. Then what did the fish do? (Pause.) The big fish spit Jonah out! Wow! Then, did Jonah go to Nineveh like God had told him? (Pause.) Yes, he did. Jonah went to Nineveh because he realized that God knew what was best for him. God knows what's best for you, and God knows what's best for me. Who knows what's best for you? God knows what's best for me!"



### Bible Story

Jonah  
(Jonah 1:1–3:10)

### Remember This

"God...knows everything."  
1 John 3:20, NIV

### Say This

Who knows what's  
best for you?  
God knows what's  
best for me.

## Prayer

"God, You knew what was best for Jonah. You know what is best for me too. You know what is best for our friends, for our family, for everyone! Thank You for knowing what's best for everyone! Amen."