

DECLARING & FIGHTING FOR



Your Battle Plan For
Taking Authority & Declaring Victory over the Enemy!

21 Day Corporate Fast | January 2026

Presented by the CFC/E4M Health & Wellness Ministry

MY 2026 FASTING DECLARATION

I commit to fast from (date) _____ to (date) _____ Signature: _____

I am participating in the 21 Day Corporate Fast. Is God calling me to fast in additional ways? If so, how?
A soul fast? Full/partial fast?

Why am I fasting? What/who am I fasting for? *(Are there areas in my life or the lives of my loved ones I need to see change/breakthrough/deliverance?)*

My personal prayers/areas I need God to move during my 21 Day Fast:

BATTLE PLAN STRATEGY

This workbook is your Personal Battle Plan for this 21 Day Fast. A fast without dedicated time studying the Word of God and being in prayer is just a diet. There is no victory in the supernatural without combining prayer *and* fasting. We want you to expect Victory. The Bible tells us that as long as the people of God listened to His Word and followed Him they would find victory over the enemy. We are declaring Victory.

This Battle Plan is designed to help you declare victory **personally**, in your **church & family**, and **throughout the earth**.

Claiming victory is the first step to living it. So we begin each week with a powerful **Weekly Declaration**. State these declarations aloud with boldness and authority. Then, start each day with the **Set The Day In Order Prayer**. Follow with the daily **Scripture of Authority**, **Strategic Reflection**, **Daily Declaration**, & **Prayer Targets**. Use God's Word and the authority He has given you to pray boldly, declaring with confidence that the enemy's influence over your life, your loved ones, your church and the world **ends now!**

Victory is Yours!

This is the Open Reward.

Receive it. Walk in it. Live it.

SET THE DAY IN ORDER PRAYER

Set each day in order with this powerful morning prayer, written by Pastor Tommy Bates

Heavenly Father,

I come to you in the name of Jesus. I come boldly to the throne of grace, forgiven of my sins and cleansed by the precious blood of Jesus.

I thank You because You have made us to be kings and priests unto God. As a priest of God, I am here to minister to and serve You, Lord, in worship and praise. I am here to minister to and serve others.

As a King in the realm of the Spirit, I am here to execute and enforce the will of God on earth. Kingdom of God come, will of God be done in earth, as it is in Heaven.

Satan, all of the military strategies that your principalities, powers, rulers of darkness, and wicked spirits have planned last night in the darkness to push back the Kingdom of God, I cast out in the name of Jesus. Demons, you must submit to the Word of God that is in my mouth.

Angels that excel in strength, hearken unto the Word of faith that is in my mouth. Be dispatched! Go forth! Totally demolish all of the strategic evil the adversary has set to rob our harvest.

I set this day in order as an ambassador of the Lord Jesus Christ—my health, prosperity, success, ministry, finances, home, family, praise, worship, those in authority. Holy Spirit, work in me today. Lord Jesus, I give unto You the Kingdom, the Power, and the Glory forever and ever.

In Jesus Name—Amen!

WEEK ONE

DECLARING THE OPEN REWARD IN MY LIFE

There is power in declaring victory. In this first week of our fast, join us in declaring victory over the enemy, and embracing the vision that God has for your life, through powerful declarations, using scripture as your weapon, and praying targeted prayers over the **unstoppable plans God has for your life!**

WEEK ONE DECLARATION

Today I **BOLDLY** and **CONFIDENTLY** declare that God has great and unstoppable plans for my life. His purpose for me is good, and it is His desire to lead me into success, *not failure*—into a future filled with hope, promise, and divine fulfillment.

As I draw near to Him through this fast, I declare that He is aligning my heart with His will and placing His desires within me—desires that unlock my purpose, activate my calling, and bring glory to His name. I declare that I am the workmanship of Christ, ordained to do great and mighty works.

I proclaim that God is leading me in victory. My wisdom is increasing, my understanding is expanding, and my knowledge of His plans grows stronger every day. I walk in peace, knowing that though challenges may come, God has overcome this world and He goes before me, stands beside me, and fights for me.

No weapon formed against me shall prosper.

Today I declare total victory over every enemy—seen and unseen. I step forward in faith, knowing that the One who is in me is greater than he that is in the world! I declare right now that chains will be broken, doors will be opened, and promises will be fulfilled through this 21 Day Fast.

This is my Open Reward.

Amen

I receive it. I walk in it. I live it.

SUNDAY, JANUARY 4

SCRIPTURE OF AUTHORITY

“Draw near to God and He will draw near to you.” James 4:8

STRATEGIC REFLECTION

How am I nurturing my relationship with God during the fast? Commit to dedicated time in prayer, praise and study of the Word. Share your commitment on the lines below:

DAILY DECLARATION: Today, I declare that no tactic of the enemy will distract me from my time with the Lord.

PRAYER TARGETS: *Repentance & Purity:* Pray for a heart that turns away from distractions, sin, and anything that hinders closeness with God. Pray for protection over your spiritual walk and growth.

WEEK ONE

DECLARING **THE OPEN REWARD** IN MY LIFE

MONDAY, JANUARY 5

SCRIPTURE OF AUTHORITY

“For I know the plans I have for you,” declares the Lord, “plans to prosper you and not to harm you, plans to give you hope and a future.” Jeremiah 29:11

STRATEGIC REFLECTION

If God has **promised** me hope, a future, and success, what fears or doubts do I need to release to fully trust Him?

DAILY DECLARATION: Today, I declare that I was created with purpose and the enemy will not stop the plans God has for my life. I trust in His plan & know that His blessings are upon me.

PRAYER TARGETS: *Alignment to His Will:* Surrender your life and your plans to God’s perfect will. Pray that He will direct your path and open doors aligned with His will. Doors that no man can shut.

TUESDAY, JANUARY 6

SCRIPTURE OF AUTHORITY

“You, dear children, are from God and have overcome them, because the one who is in you is greater than the one who is in the world.” 1 John 4:4

STRATEGIC REFLECTION

In what areas of my life do I need to rely more on God’s power rather than my own strength?

DAILY DECLARATION: Today, I declare that the Spirit of God is within me, empowering me to overcome every challenge, obstacle, and scheme of the enemy. No weapon formed against me shall prosper.

PRAYER TARGET: *Spiritual Strength:* Thank the Lord for supernatural strength & victory over the enemy. Pray that He continues to strengthen you against the enemy (& temptations).

WEEK ONE

DECLARING **THE OPEN REWARD** IN MY LIFE

WEDNESDAY, JANUARY 7

SCRIPTURE OF AUTHORITY

"A wise man is full of strength, and a man of knowledge enhances his might." Proverbs 24:5

STRATEGIC REFLECTION

How do I apply God's word in my life? How does it enhance my spiritual, emotional, & physical strength?

DECLARATION: Today, I declare that the Word of God is my weapon and gives me strength, knowledge and power against every tactic of the enemy.

PRAYER TARGETS: *Wisdom & Understanding*: Pray for God to deepen your understanding of His word & give you divine wisdom & discernment in every area of your life, opening your spiritual eyes to see the hidden snares of the enemy.

THURSDAY, JANUARY 8

SCRIPTURE OF AUTHORITY

*"The LORD himself goes before you; He will be with you. He will never **leave you** or **forsake you**. Do not **be afraid** or **discouraged**." Deuteronomy 31:8*

STRATEGIC REFLECTION

Based on today's scripture, what two things does it say God will **never** do? And what should I NOT do as a result?

DECLARATION: Today, I declare that I am not alone in my battles. God will never leave me or forsake me, He is fighting with me and for me. I will not be afraid or discouraged.

PRAYER TARGET: *God's Presence*: Thank God today for His constant presence in your life. Ask Him to continue to reveal Himself in your times of trouble.

WEEK ONE

DECLARING **THE OPEN REWARD** IN MY LIFE

FRIDAY, JANUARY 9

SCRIPTURE OF AUTHORITY

"I have told you these things, so that in Me you may have peace. In this world you will have trouble. But take heart! I have overcome the world." John 16:33

STRATEGIC REFLECTION

What does it mean to me that Jesus said I could have peace in this life? Even though I will have trouble?

DAILY DECLARATION: Today, I declare that I have peace in my soul and I will not be anxious about anything.

PRAYER TARGET: *Peace in Christ*: Pray that the Lord helps you to remain focused on Him, seeking support in prayer, scripture, and fellowship with other believers in times of trouble.

SATURDAY, JANUARY 10

SCRIPTURE OF AUTHORITY

"Let your light so shine before men, that they may see your good works and glorify your Father in heaven." Matthew 5:16

STRATEGIC REFLECTION

How am I using the gifts & talents God gave me, to glorify Him?

DAILY DECLARATION: Today I will push back the enemy of this world. I will shine God's light in the darkness, and everyone will see His good works and glorify Him.

PRAYER TARGET: *Glorify God*: Thank the Lord today, for the gifts and talents He placed in you. Pray that He continues to develop those gifts and teaches you when & how to **humbly** use them to glorify Him & further His Kingdom.

CONGRATULATIONS! YOU COMPLETED WEEK ONE!

WEEK TWO

DECLARING THE OPEN REWARD IN OUR CHURCH

There is power in unity and power in prayer. In this second week of our fast, join us in declaring unity in our church, wisdom and direction for our church leaders, through powerful declarations, using scripture as our weapon, and praying targeted prayers over our **church leaders and brothers and sisters in Christ**.

WEEK TWO DECLARATION

Today, I declare that I am part of God's mighty army, standing firmly within the Body of Christ.

I recognize that we are contending together—for our church family and for the purposes of God on the earth.

We are many parts, but rise as one—united in faith, love, and purpose—taking our God-given authority over darkness through the power of Jesus Christ.

As the Body of Christ, we move with compassion and grace—being kind to one another, forgiving freely, just as God has forgiven us. We speak peace where there has been suffering and freedom where there has been bondage, believing that faith in Jesus still heals and restores. I commit to praying fervently for my brothers and sisters in Christ, knowing that God hears and answers the prayers of His people. We stand shoulder to shoulder—united, unwavering, and strong—serving one another in love.

As a soldier in God's army, I will defend, support, and uplift my fellow believers, placing the unity of the Body above my own desires. I rebuke bitterness, envy, strife, division, or dissension.

Walking in repentance, operating in healing, and standing in truth, we advance together in the mighty and victorious name of Jesus Christ.

Amen

This is our Open Reward.

We receive it. We walk in it. We live it.

SUNDAY, JANUARY 11

SCRIPTURE OF AUTHORITY

"Now you are the body of Christ, and each one of you is a part of it." 1 Corinthians 12:27

STRATEGIC REFLECTION

Am I engaging in behaviors that hinder unity in my church family? (gossip, holding grudges?) How can I be more intentional to promote unity among my brothers & sisters in Christ?

DAILY DECLARATION: Today, I declare I am part of something bigger than myself. My role in the church is essential and I will **serve in unity with** my brothers and sisters in Christ on & off the battlefield.

PRAYER TARGET: *Unity in the Body*: Pray for unity, love, and cooperation among believers in your church family, embracing differences as strengths rather than weakness.

WEEK TWO

DECLARING **THE OPEN REWARD** IN OUR CHURCH

MONDAY, JANUARY 12

SCRIPTURE OF AUTHORITY

“Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.” Ephesians 4:32

STRATEGIC REFLECTION

Is there an area of unforgiveness in my life? Someone I need to forgive? Reflect on how this unforgiveness is hindering your walk with God.

DAILY DECLARATION: Today, I declare that the enemy will no longer interfere in my relationships. I release all bitterness & resentment toward my brothers & sisters in Christ, choosing love, mercy, & grace.

PRAYER TARGETS: *Compassion & Kindness*: Pray for a heart that responds to others with empathy, love, and understanding. Ask the Lord to help you restore and reconcile broken relationships.

TUESDAY, JANUARY 13

SCRIPTURE OF AUTHORITY

“The effectual, fervent prayers of the righteous availeth much.” James 5:16b

STRATEGIC REFLECTION

Are there people in my life/church family that I struggle to pray for?
How can praying for my brothers & sisters in Christ promote unity & disarm the enemy in the body of Christ?

DAILY DECLARATION: Today, I declare that my prayers are powerful & effective against the enemy. I will stand in the gap, in support of my brothers & sisters in Christ, believing for unity, healing and advancement of God's Kingdom Work.

PRAYER TARGET: *Intercession for Others*: Pray fervently for family, friends, church, and community, believing that your prayers bring real change. Ask the Lord to reveal to you who He wants you to pray for.

WEEK TWO

DECLARING **THE OPEN REWARD** IN OUR CHURCH

WEDNESDAY, JANUARY 14

SCRIPTURE OF AUTHORITY

“Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves.” Philippians 2:3

STRATEGIC REFLECTION

What does “putting others first” look like to me regarding my church family?

DAILY DECLARATION: Today I declare that as a soldier in God’s army, I will always be ready to humbly defend and serve my fellow brothers and sisters, placing their needs before my own.

PRAYER TARGET: *Service:* Pray that God will give you a heart to serve others with humility and love, putting their needs before your own.

THURSDAY, JANUARY 15

SCRIPTURE OF AUTHORITY

“For this reason, since the day we heard about you, we have not stopped praying for you. We ask God to give you complete knowledge of his will with all spiritual wisdom and understanding.” Colossians 1:9

STRATEGIC REFLECTION

Am I actively praying for my pastors/leaders of my church to receive wisdom, insight, and discernment to lead God’s people? If not, share a commitment to pray for your church leaders on the lines below:

DAILY DECLARATION: Today, I declare a hedge of protection around our Pastor’s, their calling, & the vision(s) God gave them.

PRAYER TARGETS: *Pastors & Leaders:* Pray for church leaders to be filled with discernment, clarity, and Godly insight as they shepherd and guide God’s people. Ask the Lord for open doors of opportunity and resources to be released to see their visions come to fruition.

WEEK TWO

DECLARING **THE OPEN REWARD** IN OUR CHURCH

FRIDAY, JANUARY 16

SCRIPTURE OF AUTHORITY

“Repent; or else I will come unto thee quickly, and will fight against them with the sword of my mouth.” Revelation 2:16

STRATEGIC REFLECTION

What does genuine repentance look like for us—corporately as the Body of Christ?

DAILY DECLARATION: Today, I declare that as the Lord deepens my understanding of His word, I repent and turn away from the lies of this world. My words and actions will reflect His truth and edify the Body of Christ.

PRAYER TARGETS: *Repentance & Realignment*: Pray that the Church would respond quickly and humbly to the Lord’s call to repent and return to His truth.

SATURDAY, JANUARY 17

SCRIPTURE OF AUTHORITY

“He said to her, “Daughter, your faith has healed you. Go in peace and be freed from your suffering.” Mark 5:34

STRATEGIC REFLECTION

Do I encourage people to come to Jesus with bold, expectant faith, believing He still heals and sets people free?

DAILY DECLARATION: Today, I rebuke every illness, disease, & infirmity that has tried to attack my body, and the body of Christ. I declare that by the bloody stripes of Jesus, we are healed, spirit, soul, and body.

PRAYER TARGET: *Faith for Healing*: Pray that God will give you a bold and expectant faith, to fully believe that Jesus still heals and restores lives today.

CONGRATULATIONS! YOU COMPLETED WEEK TWO!

WEEK THREE

DECLARING THE OPEN REWARD ON EARTH

There is power in unity and power in prayer. In this final week of our fast, join us in battling evil over **all the earth** through powerful declarations, using scripture as your weapon, and praying targeted prayers over **leaders, officials and God's chosen people: Israel.**

WEEK THREE DECLARATION

Today, I boldly declare that Jesus Christ has truly overcome the world. Through His victory, the power of darkness is broken, the enemy is defeated, and the light of God is advancing across the earth.

I declare that the Earth belongs to God. We have been created, redeemed, and called by name—We are His. We are fully surrendered to His will, yielded to His Spirit, and committed to serving His purposes alone.

I proclaim that God is giving people around the world hearts to know Him, and nations are returning to the Lord with whole hearts. The lost are being sought and saved, for the Son of Man continues His work through His people. I am part of His harvest, and I joyfully partner with heaven to see lives restored, redeemed, and brought home.

I decree that fasting is not merely for a set time, but a way of life—one that releases transformation, sharpens spiritual sight, and advances God's kingdom. Across the earth, the supernatural power of God is being released, permanently dismantling the works of the enemy. Light is overcoming darkness, and darkness cannot remain where the light of Christ shines. Today and every day, I declare that Jesus Christ—the Light of the World—shines through me and through His people, filling the earth with His glory, victory, and salvation.

Amen.

This is the Open Reward.

WE HAVE RECEIVED IT. WE ARE WALKING IN IT. WE WILL LIVE IT OUT.

SUNDAY, JANUARY 18

SCRIPTURE OF AUTHORITY

“Enlarge the place of your tent, stretch your tent curtains wide, do not hold back; lengthen your cords, strengthen your stakes.” Isaiah 54:2

STRATEGIC REFLECTION

How can each of us personally help expand the ‘tent’ by serving, inviting, giving, and praying with expectation for the growth of our church?

DAILY DECLARATION: Today, I declare that God is enlarging the reach of our church, into the enemy's territory. We stretch our vision, expand our influence, & make room to come boldly against the enemy & advance God's kingdom in our community and beyond.

PRAYER TARGET: *Vision Expansion:* Pray for God to enlarge the church's vision and capacity to reach more people for Christ.

WEEK THREE

DECLARING **THE OPEN REWARD** ON EARTH

MONDAY, JANUARY 19

SCRIPTURE OF AUTHORITY

“For the Son of Man came to seek and to save the lost.” Luke 19:10

STRATEGIC REFLECTION

How am I actively partnering with Jesus in His mission to seek and save the lost?

DAILY DECLARATION: Today, I declare I am a soldier in the army of the Lord, ready to fight for hope, truth, and the salvation of souls around the world .

PRAYER TARGET: *Divine Appointments*: Pray for God-ordained opportunities to speak life, hope, and truth to those who are far from Him.

TUESDAY, JANUARY 20

SCRIPTURE OF AUTHORITY

“Then he calls his friends and neighbors together and says, ‘Rejoice with me; I have found my lost sheep.’” Luke 15:6

STRATEGIC REFLECTION

Do I share God’s joy when the lost are found, or have I grown indifferent to the miracle of salvation?

DAILY DECLARATION: Today, I declare that my heart aligns with God’s heart for the lost. I rejoice when lives are saved, restored, and brought into God’s family. I will celebrate with heaven every time the lost are found.

PRAYER TARGET: *Renewed Joy for Salvation*: Pray for a fresh sense of joy and awe for the miracle of salvation.

WEEK THREE

DECLARING **THE OPEN REWARD** ON EARTH

WEDNESDAY, JANUARY 21

SCRIPTURE OF AUTHORITY

*“But now this is what the Lord says, the one who created you, Jacob, the one who formed you, Israel:
‘Do not be afraid, because I’ve redeemed you. I’ve called you by name; you are mine.’” Isaiah 43:1*

STRATEGIC REFLECTION

In what ways can I intercede for the people of Israel to walk in peace, protection, and awareness of God’s redeeming love?

DAILY DECLARATION: Today, I declare that the people of Israel belong to the Lord. God has created them, redeemed them, and called them by name. He is faithful to protect, preserve, and fulfill His purposes in and through them.

PRAYER TARGET: *God’s Protection:* Pray for God’s covering, peace, and protection over the people of Israel.

THURSDAY, JANUARY 22

SCRIPTURE OF AUTHORITY

“But the Lord is faithful, and he will strengthen you and protect you from the evil one.” 2 Thessalonians 3:3

STRATEGIC REFLECTION

How does trusting in God’s faithfulness change the way we face spiritual opposition or challenges?

DAILY DECLARATION: Today, I declare that the Lord is strengthening and protecting believers around the world. His power is shielding nations and communities from the schemes of the enemy, and we are walking boldly in His authority and peace.

PRAYER TARGET: *Faith in God’s Protection:* Pray for confidence in God’s faithfulness to guard you, your family, and your community from spiritual attacks.

WEEK THREE

DECLARING **THE OPEN REWARD** ON EARTH

FRIDAY, JANUARY 23

SCRIPTURE OF AUTHORITY

"I will give them a heart to know that I am the Lord, and they shall be my people and I will be their God, for they shall return to me with their whole heart." Jeremiah 24:7

STRATEGIC REFLECTION

What role is the Church called to play in helping the world return to God with undivided hearts?

DAILY DECLARATION: Today, I declare that God is giving the people of the world hearts to know Him as Lord. Nations will return to Him with whole hearts, and people will recognize Him as their God.

PRAYER TARGETS: *Community & World*: Pray that hearts around the world turn back to God with sincerity and devotion.

SATURDAY, JANUARY 24

SCRIPTURE OF AUTHORITY

"I urge that supplications, prayers, intercessions, and thanksgivings be made for all people, for kings and all who are in high positions." 1 Timothy 2:1-2a

STRATEGIC REFLECTION

Are there leaders or people I avoid praying for, and what would obedience to this scripture look like for me?

DAILY DECLARATION: Today, I declare God's power over every spiritual battle that seeks to disrupt or destroy our government & Christian leaders.

PRAYER TARGET: *Government Officials*: Pray that all government officials be guided by God's wisdom, humility, and righteousness. Ask the Lord to protect our Christian leaders, grant them boldness, & expand their influence.

CONGRATULATIONS! YOU COMPLETED WEEK THREE!

BOLDLY CLAIMING OUR OPEN REWARD

His lord said to him, 'Well done, good and faithful servant; you were faithful over a few things, I will make you ruler over many things. Enter into the joy of your lord. - Matthew 25:21

Well done!

Fasting is a time of continual prayer and worship, and the Lord has heard your cries.

Celebrate the victory with praise and watch as our **Open Rewards** start rolling in over your life, our church and around the world!

Join us in praying this bold prayer of thanks and declaration!

VICTORY DECLARATION

Dear God,

I thank You for all You have done in me, through me, and around me during these 21 days. I honor Your faithfulness, and testify that You have moved powerfully, and will continue to do so.

Today I declare that Open Rewards are being released—in my life, my family, my community, and around the world. I receive them by faith in the name of Jesus.

As this fast comes to a close, I declare that my hunger for You only increases. Draw me closer, and keep me attentive to Your still, small voice, leading me in obedience and power.

I proclaim that this year will be a year of revival, blessings, and supernatural breakthrough- both personally and corporately in Your Church.

I give You all the glory and praise in advance for what is ahead.

In the Mighty Name of Jesus I pray,

Amen

You did it!

You made the commitment, stayed the course, and honored God through discipline and obedience. But remember—this isn't the finish line. What God has begun in you doesn't end with the fast. Keep going. Continue choosing purpose over comfort, spirit over flesh, and obedience over convenience.

Let the habits, clarity, and spiritual hunger you've developed carry forward into your daily life. Stay faithful, stay focused, and keep pressing in—God is not finished with you yet.

We encourage you to continue reflecting on and returning to this **Battle Plan**. Remind yourself daily of all the Lord has done in you and through you during these 21 days.

Stay alert and expectant, watch for the **Open Rewards** He has promised.

As you continue to seek Him, God will bless and prosper you throughout this year.

The Victory is Yours!

THANK YOU

Thank you for participating in our second annual corporate fast. We hope you've enjoyed this journey as much as we did and we can't wait to hear about how the Lord has moved in your life during this fast. Please send us a quick testimony about your experience at yourteam@equipped4more.com

If this workbook and this program has made an impact in your life in some way, please consider joining us in our mission of empowering the body of Christ to thrive in health, and walk courageously in God's calling (Jeremiah 1:5).

Here are a few ways You can get involved:

- **Sow a seed.** Scan the QR code below to send a financial gift.
- **Kroger Community Rewards.** Select Equipped4More as your non-profit recipient.
- **Amazon Affilliate Purchases.** Make a purchase through any of our Amazon Affiliate links and Equipped4More will receive a small commission rate at no additional cost to you.
- **Shop 4 a Cause.** Shop the E4M merchandise page at <https://equipped4more.org/shop-4-a-cause>
- **Volunteer.** If you are aligned and interested in supporting our mission, contact us at yourteam@equipped4more.com to see how you can get involved.
- **Tell a friend.** Help us reach more people who are interested in faith-based health and wellness programs by telling your friends and family about the CFC/E4M Health and Wellness Ministry.

SCAN BELOW TO SOW A SEED



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