

October 13th – Seasoned Speech

“Let your speech always be with grace, seasoned with salt, that you may know how you ought to answer each one.” (Colossians 4:6).

Do you ever stick your foot in your mouth? We’ve all said things we’d wish we never said, but once the words are out of our mouths there’s no way to reel them back in. Thankfully God has not left us to wonder about the words we should speak. In today’s verses, He tells us that our speech should always be “with grace.” Our words should be spiritual, wholesome, fitting, kind, sensitive, purposeful, complimentary, encouraging, truthful, loving, and thoughtful.

Paul also tells us that our conversation should be “seasoned with salt.” I’m a salt lover. Some people are crazy about sweets, but I’m much more a salt and starch guy. I add salt to potatoes, eggs, mixed veggies, etc. To me, salt makes good foods taste even better. In our verses, I don’t think Paul is talking about pouring salt on our tongues before we speak. The salt he’s speaking of is the Gospel of Jesus Christ. Remember, Jesus told us we are “the salt of the earth” (Matt. 5:13).

While I personally enjoy the taste of salt, good flavor is not its primary purpose. Salt is a preservative. It has been used throughout countless generations to keep food from decay. When we act as the salt of the earth by sharing the good news of Jesus and the commands of His Word, we are turning back the decay that comes from secular worldviews and wicked lives. Today, make it your aim to season our culture with the Gospel of our Savior. It’s the only way to prevent “truth decay.”