

STEPS

PART
2

Break Through Denial

STEP 1: Ask God to turn up the light in your life.

Everything exposed by the light becomes visible.

— Ephesians 5:13, NIV

STEP 2: Ask God to intensify your desire.

God's discipline is always good for us, so that we might share in his holiness.

— Hebrews 12:10, NLT

STEP 3: Ask God to access His power.

For God is working in you, giving you the desire and the power to do what pleases him.

— Philippians 2:13, NLT