

## Day 20: Prayer Changes Things ~ Different Prayers

There is a different strategy today as we close out the topic of prayer. Go back to Day 1 and read what you hoped to get out of *Transformed: 40 Days to Spiritual Breakthrough*. Has the Lord answered your prayer or the desire of your heart? If not, I want to encourage you to specifically pray and ask the Lord to meet your need or divinely intervene. Pray without ceasing today for this need.

Hold onto the Lord and press in. Just like Jacob said to the divine Being in Genesis 32:26, "Then the man said, 'Let me go, for it is daybreak.' But Jacob replied, 'I will not let you go unless you bless me.'" Keep asking, seeking, and knocking!

There are three other areas where you are encouraged to pray for revelation, knowledge and insight. Once you sense the leading of the Lord, then pray for ties, vows, and strongholds to be broken.

First, soul ties. These are spiritual connections we have with people where sexual sin has occurred. This is a controversial topic but, in my experience, very real. I am not extending this concept to a broad range which others do. I am mainly referring to sexual relations outside of marriage. However, being codependent on another person can also create a tie which is sinful. The main way to break a soul tie is to repent for sexual sin. 1 Corinthians 6:15-16, "Do you not know that your bodies are members of Christ himself? Shall I then take the members of Christ and unite them with a prostitute? Never! <sup>16</sup> Do you not know that he who unites himself with a prostitute is one with her in body? For it is said, "The two will become one flesh."

Next, ask the Lord to reveal any inner vows you have made. These are statements that say, I will never...or I will always...Ecclesiastes 5:2-6,"Do not be quick with your mouth, do not be hasty in your heart to utter anything before God.

God is in heaven and you are on earth, so let your words be few. <sup>3</sup> A dream comes when there are many cares, and many words mark the speech of a fool. <sup>4</sup> When you make a vow to God, do not delay to fulfill it. He has no pleasure in fools; fulfill your vow. <sup>5</sup> It is better not to make a vow than to make one and not fulfill it. <sup>6</sup> Do not let your mouth lead you into sin. And do not protest to the temple messenger, "My vow was a mistake." Why should God be angry at what you say and destroy the work of your hands?"

Lastly, ask the Lord if there are any generational strongholds in your life. I do not say curses. However, there are attitudes, behaviors, or beliefs that do continue. Is there a spirit of fear that continues in your family? Has addiction or violence been passed down through watching other family members' actions? The Lord desires for you to have complete freedom.

Transformation awaits!

## Day 20 Worksheet

What was your goal for this journey? Has the Lord met you in that yet? If yes, how?

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Have you had sexual relations outside of marriage? If yes, have you repented?

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Have you made any inner vows throughout your life? If yes, which most of us had, write them down and then repent for them.

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Do you see any generational patterns in your family such as divorce, pride, addiction, jealousy, child out of wedlock, financial bondage, etc.? List them and ask the Lord to divinely intervene and end the pattern with you.

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Write an action plan on how to keep your life free from all of the above.

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