



Transformed:

40 Days to Spiritual Breakthrough

Welcome to *TRANSFORMED: 40 Days to Spiritual Breakthrough* devotion. I pray that you will be transformed mentally, emotionally, relationally, and spiritually, which in turn can bring physical healing. Every aspect of this journey has been Spirit led and prayed over. You are not alone. The Lord sees you and knows right where you are.

You have embarked on a daily time to seek the Lord and hear from Him. I encourage you to not only begin this program but complete it. However, if one day speaks to you, feel free to remain there for more than a day. This 40-day journey is yours. It does not have to be completed exactly as prescribed. If you forget a day, pick it up the next day. The Lord can and will use each day.

The videos are meant to introduce you to the topic of the day. Then, I will pray for you.

Make sure you complete the workbook every day, as just watching the videos won't suffice. This journey requires you to put work in for transformation.

Are you ready for a breakthrough in your life? Then let us begin!

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Day 1: Where Are You Now?

As we begin day one, the most important aspect is to determine where you are right now. You cannot move forward without admitting where you are. Furthermore, you cannot know if you are being transformed without knowing where you are coming from. I believe it's important to know where we want to go before, we begin a journey. Rarely do we get in the car and just drive without a destination. It is the same way with Transformed: 40 Days to Spiritual Breakthrough.

What do you hope happens? Why did you say "yes" to this program?

This is where you begin.

Ask the Lord to meet you at your need and heart's desire. Do you want more of the Lord? Do you struggle with depression or anxiety? Is there a stronghold of addiction in your life? Maybe you are praying for revival. Whatever drew you to this, write it down.

My prayer for you is that the Lord goes above what you can imagine or ask. Sometimes the Lord speaks or reveals something that is not on our radar. I want to encourage you to be open to what the Lord wants to do.

Expect God to show up for you without having expectations of what it will look like. What do I mean by that? Scripture tells us to expect the Lord- He is our Provider, Healer, Counselor, and much more. God will show up for you. However, do not put limitations on

Him. Let God be God! You might only want Him to provide financially, but He wants to heal an old wound.

Today, the focus is Where are you now? You must have an idea where you are headed. But remain open for any detours the Lord wants to take you on.

Spiritual breakthrough is only possible when we take an honest evaluation of where we currently are. The Lord says that above all, our hearts can deceive us (Jer. 17:9). It is imperative to sit before the Lord and obtain His view of our lives. We think we know what the issues are, but we might be missing something.

Take thirty minutes and ask the Lord to reveal wounds that need healing, fears that need dispelling, attitudes that need adjusting, or thoughts that need dismantling.

Once you have spent that time, you are ready to move on. Write down what the Lord revealed to you. What happens if you sit before the Lord, and nothing comes to your mind? Then continue to pray and ask for revelation knowledge and insight. You can move ahead anyway. Just list what you want to work on throughout this journey.

Identify three areas in which you would like spiritual breakthrough.

1. _____

2. _____

3. _____

How have you attempted to gain victory in these areas before?

Are you ready to truly give these issues to the Lord? Sometimes, we hold onto attitudes or wounds because they have defined us and we know how to deal with these emotions. When releasing certain aspects, it brings a loss of identity because we no longer define ourselves by our pain. In addition, you may have desired to release these things in the past but did not know how. You might be there right now. It is okay to not know how to move forward. That is why you have enrolled in this journey.

Are you ready to release these three areas to the Lord? Why or why not?

In Mark 10:46-52, Jesus asks the blind man “What can I do for you?” The blind man’s response, “Rabbi, I want to see.” If Jesus walked up to you today and asked you that question, how would you truly respond? If you put no limits on what is possible with God, what would you say you needed?

Now you are ready to move ahead.

Come back tomorrow for the beginning of Kingdom Authority.