Day 6: Spiritual Empowerment ~ The Holy Spirit

We are beginning a new subject today– the Holy Spirit. There seems to be some confusion or lack of knowledge regarding the third person of the trinity. There is God the Father, God the Son, and God the Holy Spirit.

Every person who calls upon the name of Jesus as Lord and Savor has the Holy Spirit living on the inside of them (1 Cor. 12:3). One cannot say that Jesus is Lord without the Spirit coming to their heart. This is the same Spirit that raised Jesus from the dead. The Holy Spirit resides in each believer.

When Jesus was raised from the dead, he met the apostles in a closed room and breathed on them and said to receive the Holy Spirit (John 20:22). This reveals they needed the Holy Spirit and is separate from the experience in Acts 2 (more on that tomorrow).

There is a major role of the Spirit in our lives. Jesus said in John that another Helper lives in you. The Spirit of truth. He will teach you all things and bring to your remembrance all that I have said to you. He will convict the world concerning sin and righteousness and judgment. The Spirit will guide you into all truth and will not speak on His own authority, but whatever He hears He will speak, and He will declare to you the things that are to come (14:16, 26; 16:7-15).

We need to be led by the Spirit in our daily lives and not the flesh. What is the Spirit speaking to you today?

Day 6 Worksheet

The Holy Spirit lives in you if you are a believer. How does He impact your life daily?

The Spirit is our helper, counselor, and advocate. How do you need the Spirit to help you?

Are you led more by the Spirit or your own thoughts and will?

The same Spirit that raised Jesus from the dead lives in you. Stop and meditate on this truth. Write your reaction to pondering this thought.

What are two action steps to take today to tune in better to the Spirit?