

Day 17: Prayer Changes Things ~ Pray without Ceasing

Are you the type of person who gives up easily or are you the person who does not take no for an answer and keeps on pressing? When it comes to prayer, we must keep asking, seeking, and knocking.

Breakthrough results when we persevere in prayer and grab hold of the promises of God. Paul encourages us in 1 Thessalonians 5:16-17, "Rejoice always, ¹⁷ pray continually."

Jesus teaches us the importance of continuing to ask through the parable of the widow woman and the unjust judge. The judge gave the widow what she requested because she continued to come to him. She did not take no for an answer but rightfully kept returning (Luke 18:1-8). God's promises are yes and amen. However, there are times I believe there is silence from the Lord to see if we will persist. Society is more focused on fast pace and immediate gratification. However, the Lord is not impacted by society at all. He still chooses His timing.

The idea to pray without ceasing does not mean we use the same words over and over. It is more of a concept of perseverance. Instead of walking away and taking matters into our own hands, we keep going to God knowing that He alone has the answer.

We can also pray throughout the day. It is not necessarily a twenty-four hour prayer meeting but more of an attitude of prayer. When something comes to our mind, we quickly pray about it. Prayer is not difficult, but we tend to overcomplicate it. If a person comes to your mind, ask the Lord to meet their need or that His presence would surround them. Then, move on with your day. This is what it means to pray without ceasing.

Day 17 Worksheet

Is there a situation you have been praying for that the answer has not come? What is that situation?

How often do people or situations come to your mind throughout the day? Do you pray right then? If yes, give an example. If not, what prevents you?

Is there a current situation where instead of waiting on the Lord to answer, you took matters into your own hand and attempted to take control yourself? What could you do differently next time to prevent this?

Does the thought to pray without ceasing seem overwhelming to you? If yes, why? If not, why not?

Write two action steps to help you pray without ceasing?
