

Day 8: Spiritual Empowerment ~ Overflow

Once we are filled with the Spirit, we should overflow. Scripture says every place our foot treads, the kingdom of heaven invades. Others should know that the atmosphere around them has changed when believers enter the room.

In Acts 3-4, Peter and John were arrested for preaching the Gospel after a man was healed. They were beaten and threatened to never speak the name Jesus again. Instead of praying for their circumstances to change, they prayed for boldness to continue to proclaim the Gospel AND they asked the Lord to stretch forth His hand in miracles, signs, and wonders. What happened after this prayer? They were filled again with the Spirit and God moved in a mighty way.

Acts 5:12-16 informs us, “The apostles performed many signs and wonders among the people. And all the believers used to meet together in Solomon’s Colonnade. 13 No one else dared join them, even though they were highly regarded by the people. 14 Nevertheless, more and more men and women believed in the Lord and were added to their number. 15 As a result, people brought the sick into the streets and laid them on beds and mats so that at least Peter’s shadow might fall on some of them as he passed by. 17 Crowds gathered also from the towns around Jerusalem, bringing their sick and those tormented by impure spirits, and all of them were healed.”

How did Peter go from a man who sank in the water AND denied Jesus —to his shadow bringing healing and freedom to the multitudes just as he walked by? He was overflowing with the Spirit. It was all God’s power, but Peter was available and open to how the Lord wanted to use him.

You and I need to continually ask the Lord to fill us with His Spirit. We need to overflow, not just for ourselves, but for those around us. What would our homes look like if we overflowed? What would our workplaces look like if we overflowed?

Let’s ask the Lord to overflow in us! Luke 11:13, “If you then, though you are evil, know how to give good gifts to your children, how much more will your Father in heaven give the Holy Spirit to those who ask him!”

Day 8 Worksheet

What does overflow mean to you? Describe what that looks like with water over a glass.

Miracles happened when Peter overflowed with the Holy Spirit. Do you need the overflow today? In what areas do you need a touch from the Lord?

Does the possibility of overflowing intimidate you or excite you or both? Explain your answer.

How would your home, family, employment, or church look if the Holy Spirit overflowed?

You can be the overflow for someone else. Write two action steps to help you overflow with the Spirit on a daily basis.
