

## Day 29: The Battle ~ Trust in the Lord

Trust. One of the most difficult five letter words to implement. We all trust in something whether it be ourselves, others, God, status, job, money, or a multitude of things. How can we trust someone we have never seen? Because God is good, faithful, and He is love. He does not just love but is love.

Today is all about saying what David said in Psalm 20:7, "Some trust in chariots and some in horses, but we trust in the name of the Lord our God."

When we face a battle let us agree with the author of Proverbs 3:5-6, "Trust in the LORD with all your heart and lean not on your own understanding; <sup>6</sup> in all your ways submit to him, and he will make your paths straight." When we do not know what to do, we can press into the Lord and allow Him to direct us. The battle is a strategic time. We must lay down our will and embrace God's plan. The last thing we want to do is to fight against the Lord.

So how can we learn to trust God more? Here are a few ideas, read God's promises to get them down on the inside of us. Promises such as: I have strength for all things through Christ who strengthens me (Phil 4:11-13); God will supply my needs (Phil 4:19); God will never leave me (Deut 31:6); by the stripes on Christ back I am healed (Isa 53:5); and God hears me when I pray and he will answer (1 John 5:15).

Another activity I like to do is to listen to or watch people sharing their testimonies. Faith comes by hearing the Word (Rom 10:17) and we know that God is not a respecter of persons (Acts 10:34) so what He does for one, He will do for another.

Lastly, pray and ask God to intervene. Prayer is pivotal to pressing into the Lord. My prayer is often similar to David in Psalms 61:1-2, "Hear my cry, O God; listen to my prayer. <sup>2</sup> From the ends of the earth I call to you, I call as my heart grows faint; lead me to the rock that is higher than I." Lead me to the Rock that is higher than I. I have this part of the verse hanging in my prayer room. It reminds me that God has a plan for my life and He is in charge. I can rest in Him because I trust Him.

## Day 29 Worksheet

Is it difficult for you to trust the Lord? If yes, why? If not, why not?

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What does Proverbs 3:5-6 mean to you?

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Jeremiah 29:11 states that God has a plan for your life. A plan to give you hope and a future. How can you trust this plan?

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Write how the Lord has intervened in your life before. What did He do, how did He answer your prayer? If you cannot think of an example, watch a testimony on YouTube and write the story.

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Write two action steps that can help you trust the Lord more today.

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