

Day 11: Freedom ~ Truth Sets You Free

Today we begin a new series entitled freedom. Jesus died so that you and I would live in freedom, no longer a slave to sin, death, or the grave. Yet, there are times we remain in bondage because we believe a lie about ourselves or we are unaware of the truth about, God, others, or life in general. How we arrived at these lies varies, yet the damage remains the same.

John 8:31-32, 34-36, "To the Jews who had believed him, Jesus said, "If you hold to my teaching, you are really my disciples. 32 Then you will know the truth, and the truth will set you free...34 Jesus replied, "Very truly I tell you, everyone who sins is a slave to sin. 35 Now a slave has no permanent place in the family, but a son belongs to it forever. 36 So if the Son sets you free, you will be free indeed."

We must read the Bible to know what it says. How can we truly be free if we do not know who Jesus is or who we are in Him? Jesus is not a genie in a bottle or even a mysterious being that is far off. He is the way, the truth, and the life (John 14:6).

Once we know the truth, we have a choice to make. We can continue to believe the lies of the enemy or cease coming into agreement with him. Here are a few lies that we believe based on our past, current circumstances, or what we tell ourselves:

- You are unloved: that's a lie
- You will never amount to anything: that's a lie
- Things will never change: that's a lie

Embrace Psalm 119:105, "Your word is a lamp for my feet, a light on my path." May we live by His truth and not our own thoughts, emotions, or lies.

Day 11 Worksheet

There is the world's truth and then there is God's truth. Why is it vital to live in God's truth?

Jesus says God's truth will set you free. How does the Word of God set us free?

Take time and ask the Lord for revelation knowledge right now. Ask Him to reveal what lies you currently believe about yourself, Him, social media, etc.? Write down what comes to your mind.

One way to cease coming into agreement with lies is to read a scripture that speaks the exact opposite. What are a few scriptures you can read that bring freedom from the lies you listed above? (You can google, look at the back of your Bible, or ask a friend.)

Paul encourages us to tighten the belt of truth around our core in Ephesians 6. Write two action steps you can take today to live and walk in truth.
