## Day 19: Prayer Changes Things ~ Intercessory Prayer

Intercessory prayer is when one person stands in for another and petitions the Lord to act on their behalf. An intercessor is one who intervenes on behalf of someone else. Most of the time, we intercede for unbelievers to come to know Jesus. However, we also intercede for individuals to be healed, delivered, revival, and for divine intervention in circumstances.

We see multiple examples of intercessory prayer in the Bible. Moses interceded for the Israelites in the Exodus. Jesus prayed for the disciples He was leaving behind in John 17.

As believers, it is up to us to pray for unbelievers. If we are not praying for them, who will? Some people do not know what or how to pray. We can stand in the gap. If we want to see people transformed, we MUST pray for the Lord's will for their lives.

One benefit of praying for others is it takes our eyes off our own circumstances and puts our focus back on God's plan. God calls us to intercessory prayer to expand the kingdom of God. We display the heart of God when we pray for others, cities, nations, and the world.

Lastly, Jesus is interceding for you and I (Rom 8:34; Heb 7:25). He sits at the right hand of God and talks about us. Can you picture Jesus sitting next to the Father and saying, "Send the Spirit to strengthen Kristi. Send the Spirit to heal Jeff. Send the Spirit to break the bondage of addiction in Kathy." Powerful!

## Day 19 Worksheet

Define intercessory prayer in your own words. What actually happens?

Are you currently interceding for anyone right now? Share who and what you are praying for.

Read John 17. What did Jesus pray for the disciples which trickles down to you and me?

What are the benefits of praying for others?

Write two action steps to assist in intercessory prayer today.