

Philippians 4

Phil 4:1-7

1 Therefore, my beloved and longed-for brethren, my joy and crown, so stand fast in the Lord, beloved. Be United, Joyful, and in Prayer
2 I implore Euodia and I implore Syntyche to be of the same mind in the Lord. 3 And I urge you also, true companion, help these women who labored with me in the gospel, with Clement also, and the rest of my fellow workers, whose names are in the Book of Life.
4 Rejoice in the Lord always. Again I will say, rejoice! 5 Let your gentleness be known to all men. The Lord is at hand.
6 Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; (result is) 7 and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.

Lifestyle of prayer!

Prayer = prayer, worship, oratory (speaking to)

Supplication = a petition, to beg, beseech, pray, make request

Prayer = are you praying the problem or praying the answer?

Notice Paul's declarations and mindsets while in chains!

Peace of God...surpasses understanding.

Phil 4:8-9

8 Finally, brethren, whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy — meditate on these things. 9 The things which you learned and received and heard and saw in me, these do, and the God of peace will be with you.

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Meditate on these things, think on...take inventory! What are thinking (meditating) on throughout the day!

Rom 12:12 And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God.

2 Cor 10:4-6

4 For the weapons of our warfare are not carnal but mighty in God for pulling down strongholds, 5 casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ, 6 and being ready to punish all disobedience when your obedience is fulfilled.

Phil 4:10-20

10 But I rejoiced in the Lord greatly that now at last your care for me has flourished again; though you surely did care, but you lacked opportunity. 11 Not that I speak in regard to need, for I have learned in whatever state I am, to be content: 12 I know how to be abased, and I know how to abound. Everywhere and in all things I have learned both to be full and to be hungry, both to abound and to suffer need. 13 I can do all things through Christ who strengthens me. 14 Nevertheless you have done well that you shared in my distress. 15 Now you Philippians know also that in the beginning of the gospel, when I departed from Macedonia, no church shared with me concerning giving and receiving but you only. 16 For even in Thessalonica you sent aid once and again for my necessities. 17 Not that I seek the gift, but I seek the fruit that abounds to your account. 18 Indeed I have all and abound. I am full, having received from Epaphroditus the things sent from you, a sweet-smelling aroma, an acceptable sacrifice, well pleasing to God. 19 And my God shall supply all your need according to His riches in glory by Christ Jesus. 20 Now to our God and Father be glory forever and ever. Amen.

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Greeting and Blessing

Phil 4:21-23

21 Greet every saint in Christ Jesus. The brethren who are with me greet you. 22 All the saints greet you, but especially those who are of Caesar's household. 23 The grace of our Lord Jesus Christ be with you all. Amen.

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Discussion points

Can I rejoice regardless of what's going on around me?

What am I meditating on?

Am I content whether I'm full or hungry?