

Resolved

RESOLVED: CONTENTMENT

Proverbs 30:7-9

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BIG IDEA:

Pray and practice contentment today, tomorrow, and throughout the year.

STUDY GUIDE QUESTIONS

- ◆ What area of life would you most like to grow in contentment?

- ◆ Read Philippians 4:11-13. Paul says he LEARNED to be content. What experiences have taught you to be content?

- ◆ Verse 4:13: *"I can do all this through him who gives me strength"* gets used in lots of contexts. When Paul said it, he was talking about being content regardless of his circumstances. How does that original context changed your understanding of the verse?

- ◆ Who is a person you know who embodies contentment?

- ◆ Are there circumstances, situations or environments where contentment comes easier? On the flip side, when are you more pulled to discontentment?

- ◆ What truth do you need to preach to yourself when you feel discontent?

- ◆ What can you do this week to cultivate contentment?