

WEEK 11: HOW DO YOU DEAL WITH YOUR BODY?

SCRIPTURE GUIDE

1 Corinthians 6:12-20

MAIN FOCUS

Paul reminded the church at Corinth that they were guilty. All believers were at some point guilty. We were guilty of a multitude of sins. What changed? Our identity was sin, but believers were washed, sanctified, and justified in the name of the Lord and by the Spirit of our God.

It is for freedom that we have been set free. Freedom does not mean that continuing in certain things is beneficial. "Lawful can be awful." Paul's focus in this scripture is sexual immorality. It is a battle that is both internal and external in the lives of believers.

Our body matters. It is a temple of the Holy Spirit. The body is for the Lord; it was made in the image of God. We praise God and honor Him with our bodies. It is the responsibility of the believer to honor God with our bodies first.

Later in the message, Steve shares the important idea of using our bodies to glorify God. A physical action such as bowing in prayer puts a focus on our king. As we seek to honor our king, the Savior of the world, a physical reminder of bowing or kneeling gives a right and helpful perspective.

There are a variety of resources to deal with sexual immorality and sexual sin. If anybody in your group is in need of a next step, they can call the church office or email rob@riversidechurch.org and we will assist them however possible.

ADDITIONAL SCRIPTURE REFERENCES

Matthew 5:28

LIFE GROUP QUESTIONS

1. What does it mean to me that my body belongs to the Lord?
2. What steps do I take in my life to not be "dominated by anything?"
3. Paul highlights the significance of believers' bodies as temples of the Holy Spirit. How does this truth inform my choices and behaviors regarding health and lifestyle choices?
4. Is there a physical action such as kneeling or bowing in prayer that helps me focus on Christ?
5. How can I support and encourage others in the pursuit of sexual purity and holiness within our community?
6. How can I confront sexual sin in the lives of other believers with grace and truth?
7. Is there a sin in my life I need to flee from, an apology I need to make, or forgiveness I need to give?

**SCAN TO WATCH
SERMON CLIP**

