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Proverbs 16:31

Gray hair is a crown of glory; it is gained by living a godly life.

Proverbs 27:4

Anger is cruel and destroys like a flood, but no one can put up with jealousy!

The Ten Commandments

I am the LORD thy God,

1. You shall have no other gods before me
2. You shall have no graven images
3. You shall not take My name in vain
4. You shall remember the Sabbath
5. You shall honor your father and mother
6. You shall not kill
7. You shall not commit adultery
8. You shall not steal
9. You shall not bear false witness
10. You shall not covet

Psalms 73

3 For I envied the proud when I saw them prosper despite their wickedness. 4 They seem to live such painless lives; their bodies are so healthy and strong. 5 They don't have troubles like other people; they're not plagued with problems like everyone else. 6 They wear pride like a jeweled necklace and clothe themselves with cruelty. 7 These fat cats have everything their hearts could ever wish for!

Definition

Jealousy is mourning about someone's rejoicing, and rejoicing about someone's mourning.

Romans 12:15

Rejoice with those who rejoice, and mourn with those who mourn.

Proverbs 14:30

A peaceful heart leads to a healthy body; jealousy is like cancer in the bones.

1 John 1

8 If we claim to be without sin, we deceive ourselves and the truth is not in us. 9 If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness.

James 5:16

Therefore, confess your sins to one another, and pray for one another so that you may be healed. The effective prayer of a righteous man can accomplish much.

Action Steps

1. Ask God to show you jealousy in your heart
2. Confess that person who makes you the most jealous to your group
3. Begin removing your jealousy through prayer
- "In Jesus name, I take authority ..."