

I. Review**A. Previous Sessions**

1. **Building your Spiritual Immune System**
2. **How do you Build Resistance to Sickness?**
3. **Believing in the Healing Nature of God**
4. **Sustained by His Word**
5. **The Blessing of Long Life**

II. Open Doors to Sickness and Disease**A. Sickness come because of a variety of reasons.**

1. **Toxins, viruses, infections, allergies**
Many of these have an entry point through food and water
2. **Environment/Living conditions**
3. **Genetics**
4. **Life's Choices**
5. **Spiritual Attack**

Luke 13:10-13 (NKJV) – ¹⁰Now He was teaching in one of the synagogues on the Sabbath. ¹¹And behold, there was a woman who had a spirit of infirmity eighteen years, and was bent over and could in no way raise herself up. ¹²But when Jesus saw her, He called her to Him and said to her, “Woman, you are loosed from your infirmity.” ¹³And He laid His hands on her, and immediately she was made straight, and glorified God.

Luke 13:11 (AMPC) – *And there was a woman there who for eighteen years had had an infirmity caused by a spirit (a demon of sickness).*

Luke 13:11 (NASB) – *A sickness caused by a spirit*

B. Open Doors to Sickness and Disease

1. Sin

a. The man healed at the pool of Bethesda

John 5:14 (NKJV) – *Afterward Jesus found him in the temple, and said to him, “See, you have been made well. Sin no more, lest a worse thing come upon you.”*

John 5:14 (AMP) – *Afterward, Jesus found him in the temple and said to him, “See, you are well! Stop sinning or something worse may happen to you.*

b. All sickness is not a result of personal sin. However, sin can be an open-door sickness and disease. Consider sexually transmitted diseases.

2. Unforgiveness

a. Science has proven that unforgiveness may have the following impact upon your health.

- Increased anxiety
- Anger and depression
- Weight gain/weight loss
- Insomnia
- Addictions increase
- High blood pressure

b. My personal experience with forgiveness during Leukemia.

3. Stress

a. Stress is directly connected to heart disease/heart attacks

- b. High blood pressure
- c. Diabetes
- d. Depression/anxiety

- e. **Luke 21:25-26 (NKJV)** – ²⁵*“And there will be signs in the sun, in the moon, and in the stars; and on the earth distress of nations, with perplexity, the sea and the waves roaring; ²⁶men’s hearts failing them from fear and the expectation of those things which are coming on the earth, for the powers of the heavens will be shaken.*
- f. **God wants us to have peace**
John 14:27 (NKJV) – *Peace I leave with you, My peace I give to you; not as the world gives do I give to you. Let not your heart be troubled, neither let it be afraid.*

John 14:27 (CSB) – *Don’t let your heart be troubled or fearful*

John 14:1 (NKJV) – *Let not your heart be troubled: ye believe in God, believe also in me*

Philippians 4:6-7 (ESV) – ⁶*Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. ⁷And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus*

4. Violation of Natural Laws

- a. **There is an access point when know that something will cause sickness and continue do it.**

Smoking, drinking, eating certain foods, etc.

Doctor, “If you continue to do this, you will die”.

- b. **Natural means of guarding against germs**

5. Ignorance to God’s Provision of Healing

- a. **Not knowing that Jesus has provided healing through His work at the cross is an open door for sickness.**

Hosea 4:6 (KJV) – *My people are destroyed for lack of knowledge. Because you have rejected knowledge*

Traditions vs The truth of God’s Word

Philippians 1:9 (NLT) – *I pray that your love will overflow more and more, and that you will keep on growing in knowledge and understanding*

6. **Staying in an Environment of sickness vs Healing**
 - a. **Negative Environments vs positive**
 - b. **Sickness Environment vs healing**
 - c. **Words of sickness instead of words of healing**
 - d. **COVID-19 charged the environment with sickness and fear**
 - e. **Personal** – There were people I could not fellowship