

TOTAL TRANSFORMATION

SESSION 3 – From the Inside Out

Romans 12:1-2 ¹I beseech you therefore, brethren, by the mercies of God, that ye present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service. ²And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God

Review:

- **Should there be a change/transformation?**
- **Should there be fruit**
- **Does my performance change after salvation – YES**
- **We are SPIRIT – SOUL – BODY**
- **Spirit is saved**
- **Body will be saved/transformed**
- **Soul – is being transformed as our mind is renewed**
- **OUR SOULISH REALM IS CHANGED to the degree that we give ourselves to mind renewal – YOU DETERMINE not GOD**
- **It's a Harvest**
 - Many things that we are experiencing in our life is a harvest of the seed that has been sown*
 - *Seed that we have sown*
 - *Seed that we have ALLOWED others to sow*
 - *We shouldn't allow just anyone to sow into our lives*
 - *Sow to the flesh – reap corruption*
 - *Sow to the spirit – reap life everlasting*

I. REAL TRANSFORMATION CAN ONLY OCCUR FROM THE INSIDE OUT

Proverbs 4:20-23 ²⁰My son, attend to my words; incline thine ear unto my sayings. ²¹Let them not depart from thine eyes; keep them in the midst of thine heart. ²²For they are life unto those that find them, and health to all their flesh. ²³Keep thy heart with all diligence; for out of it are the issues of life.

NIV 23 Above all else, guard your heart, for everything you do flows from it.

Luke 4:18 The Spirit of the LORD is upon me, because he hath anointed me to preach the gospel to the poor; he hath sent me to heal the brokenhearted, to preach deliverance to the captives, and recovering of sight to the blind, to set at liberty them that are bruised,

- **Heal the broken hearted**
- **Other versions – omit heal the broken hearted and focus on the deliverance of captives**
- **LITERAL – *he sent me to heal the broken hearted that has resulted in captivity***
- **Jesus makes it clear that part of his mission is to deal with the issues of an injured heart – soul realm**
- **Many issues – including sickness, depression, anxiety, addictions, and bondage are the result of a broken heart – or an injury of the soul – MIND/EMOTIONS.**
- **JESUS CAME TO TRANSFORM**
- **TRANSFORMATION CAN ONLY OCCUR AS HEALING OCCURS INWARDLY**

II. THE HARVEST OF BAD SEED

- A. A heart/soul injury can be the result of seed that has been sown
- B. The reason why some have not experienced the harvest of transformation/change is because of the harvest of the past that resulted in a soulish injury.
- C. Soulsh injuries
 - 1. Traumatic events
 - a. Unexpected tragedies
 - b. Untimely deaths
 - c. Abuse by a family member
 - d. Abandonment
 - e. Major loss
 - f. Failure
 - 2. Traumatic Memories
 - a. Childhood memories
 - b. Things that should have never occurred
 - c. Words that should have never been spoken

Result = the soul is sick! The spirit may be re-born – but we are still dealing with a sick soul!

Proverbs 13:12 Hope deferred maketh the heart sick: but when the desire cometh, it is a tree of life

- Hope is deferred when we don't see result
- When Change doesn't happen
- When we fall into the same things over and over again
- When we expect change but change doesn't occur
- NOW the heart is sick / the soulsh realm has an issue

Everybody has experienced some trauma!

Everybody has experienced some issues that have potential to cause a soul injury!

Personal examples – betrayal

Good News

- **God wants us to be free/transformed spirit/soul/body**
- **Jesus came to heal our broken hearts**
- **How do I release this healing in my life to experience REAL change in these areas?**

III. The Change Process

A. The renewing of the Mind – Romans 12:1-2

B. What is your mindset?

Colossians 3:2 Set your minds on things above, not on earthly things. *It is possible to set your mind!*

- Is your mind set on past injuries?
- Is your mind set on past failures?
- Is your mind set on past abuse?
- Is your mind set on past words that have been spoken over you?
- Is your mind set on past sins?

C. The New Covenant Process of Change

2 Corinthians 3:12-18 ¹²Seeing then that we have such hope, we use great plainness of speech: ¹³And not as Moses, which put a veil over his face, that the children of Israel could not stedfastly look to the end of that which is abolished: ¹⁴But their minds were blinded: for until this day remaineth the same veil untaken away in the reading of the old testament; which veil is done away in Christ. ¹⁵But even unto this day, when Moses is read, the veil is upon their heart. ¹⁶Nevertheless when it shall turn to the LORD, the veil shall be taken away. ¹⁷Now the LORD is that Spirit: and where the Spirit of the LORD is, there is liberty. ¹⁸But we all, with open face beholding as in a glass the glory of the LORD, are changed into the same image from glory to glory, even as by the Spirit of the LORD.

- In the Old Covenant under Moses they could not understand God
- Their hearts experienced a veil – even to the day of Jesus
- Vs 16 – When the veil is taken away = When we are born again the veil is taken away and we can see GOD as he is.
- We are not blind like the unsaved
- We can see/perceive/understand things about God because we have been born again.
- The veil has been removed – *THE Old Covenant saints did not have this opportunity.*
- Vs 17 – When the Spirit of the Lord is there is Liberty – Freedom *set at liberty those who were bruised*
- We all with open face beholding the glory of the Lord are changed!

¹⁸But we all, with open face beholding as in a glass the glory of the LORD, are changed into the same image from glory to glory, even as by the Spirit of the LORD.

1. Change comes from beholding him.
 - a. Under law I beheld the veil
 - b. Jesus replaced the veil that reminded me of the old me – failure
 - c. Now I don't see the things keeping me from God
 - d. Now I behold Jesus the door- open entry to God
2. What are you beholding?
 - a. Hurts, past issues, sins, failures!
 - b. What do you have your eyes set on?
 - c. What does your mind think on?
 - **Transformation doesn't come from thinking on these!**
3. We are changed into what we are beholding
 - a. Bad – Bad
 - b. Defeat – Defeat
 - c. Failure – Failure
 - d. Negative – Negative
 - e. Behold Him

f. To behold him is to behold victory

4. As we keep our focus on Jesus, we are becoming more and more like him. He is victorious; we become more victorious!
5. The change occurs from within
6. The change occurs from glory to glory = PROGRESSIVE CHANGE
 - a. Be patient as you wait on change
 - b. From victory to victory
 - c. I begin in-from victory
 - d. Not trying to acquire victory
 - e. When I was diagnosed with Leukemia, I began my fight of faith from the healed status in Christ
 - f. I beheld him as healer and was changed from sick to whole
 - g. Addictions
 - h. Be patient with yourself
 - i. Be patient with others
7. The Change is by the Spirit of the Lord
 - a. We don't change for God
 - b. God changes us for himself