

I. Review

A. Previous Sessions

1. Building your Spiritual Immune System
2. How do you Build Resistance to Sickness?
3. Believing in the Healing Nature of God
4. Sustained by His Word
5. The Blessing of Long Life
6. Open Doors to Sickness and Disease

II. Following God’s Instructions for Healing

A. God always gives a strategy for every battle

1. **Psalm 144:1 (NKJV)** – *Blessed be the LORD my Rock, who trains my hands for war, and my fingers for battle*
 - a. **Psalm 144:1 (CEV)** – *You teach me how to fight my battles*
 - b. **Psalm 144:1 (GNT)** – *He trains me for the battle and prepares me for war*

2. **God gave David Instructions to recover all his loss.**

1 Samuel 30:8 (NLT) – *Then David asked the LORD, “Should I chase after this band of raiders? Will I catch them?” And the LORD told him, “Yes, go after them. You will surely recover everything that was taken from you!”*

3. **God gave instructions for Hezekiah to receive his healing**

Isaiah 38:21 (NKJV) – *Now Isaiah had said, “Let them take a lump of figs, and apply it as a poultice on the boil, and he shall recover.”*

4. God gave instructions for purifying the water in the desert.

Exodus 15:23-25 (CEV) – ²³They did find water at Marah, but it was bitter, which is how that place got its name. ²⁴The people complained and said, “Moses, what are we going to drink?” ²⁵Moses asked the LORD for help, and the LORD told him to throw a piece of wood into the water. Moses did so, and the water became fit to drink

Note: The Lord did not just transform the water, He gave a specific instruction for transforming the bitter water and making it drinkable.

- #### 5. Sometimes, people are waiting on God to release their healing, instead God releases instructions that will lead to their healing.
- Pray and ask for a strategy for every battle.
 - Follow every detail of His instructions even if it seems insignificant.

B. Personal examples of instructions that are connected to healing

1. Mike Hensley’s Testimony

2. My personal instructions when dealing with Leukemia and Covid.

- Get in the Word and stay in the Word.
 - What and Who
 - Purchase a Bible specifically for the healing battle.
- Change Doctors
 - Follow the instruction of Doctor Metcalfe
- Treatment Instructions
 - Take chemo but pray over it declaring to receive the benefits and refusing all side effects
 - Do not take specific drugs
 - Do not allow specific procedures/Lung Biopsy
- Personally go and pray for specific people.
(Pray for one another than you may be healed, James 5:16)
- Check your forgiveness status.
(Are you in unforgiveness toward anyone)

- f. Open your mouth and activate your healing
 - Faith is voice activated
 - The promises of God are voice activated
 - Your spiritual immune system is voice activated
 - Begin to say, “I’ve received my healing vs I’m receiving my healing.”
 - “I believe, therefore I speak” – 2 Cor 4:13
- g. Separate from specific negative people.
- h. Attend a healing meeting with Billy Burke in Louisville
 - In this meeting, I receive healing from the effects of Chemo.
- i. Take a specific medication that is available to assist with an issue relating to the Leukemia.
- j. Exercise

III. Closing Statement: Be sure to develop in hearing the instructions of the Lord. Follow his instructions no matter how small or insignificant they may be. Do not be like Naaman in the Old Testament who questioned the instructions of the prophet. His healing could not occur until he followed the instructions he had been given.