



## **I. Series Introduction**

### **A. Review**

#### **1. Prayer is commanded.**

- a. **1 Thes 5:17-18 NKJV** “Pray without ceasing, in everything give thanks; for this is the will of God in Christ Jesus for you.”

#### **2. There are different types of prayer.**

- a. **Eph 6:18-18 NKJV** “praying always with all prayer and supplication in the Spirit, being watchful to this end with all perseverance and supplication for all the saints— and for me, that utterance may be given to me, that I may open my mouth boldly to make known the mystery of the gospel.”
- b. **Six types of prayer**
  - i. The prayer of agreement
  - ii. The prayer of faith
  - iii. The prayer of consecration and dedication
  - iv. The prayer of praise and worship
  - v. The prayer of intercession
  - vi. The prayer of binding and loosing

## **II. Experiencing Peace through prayer.**

*One of the greatest benefits of prayer is fruit of peace. When someone's prayers are according to scripture there will be a release of God's supernatural peace into their life.*

- A. **Phil 4:6-7 NKJV** “Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus.”



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### 1. The Benefit of peace

#### a. Peace definition:

- A state of exemption from the rage and havoc of war
- Security – safety
- Prosperity – quietness – rest
- Wholeness
- Undisturbed

#### b. The opposite of peace:

- Unrest
- Fear, doubt, anxiety, worry, panic

### 2. Be anxious for nothing

#### a. NLT “Don’t worry about anything.”

#### b. Nearly every translation states: “*Don’t worry*” or “*Do not be anxious*”

### 3. Prayer is the remedy for worry and anxiety.

- Be anxious for nothing, but in everything by prayer and supplication.
- Instead of being anxious – pray about everything.
- If prayer is done right – anxiety and worry will be replaced by peace.
- If your prayer time is not replacing anxiety with peace – you need to reexamine how you are praying.

### 4. The process for prayer that produces peace.

*Only biblical prayer will produce peace. Many traditional methods of prayer do not produce peace.*

- With thanksgiving, let your requests be made known unto God.**
- We are to take our need and desires before the Lord in the form of requests.**



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- c. **As we make our requests, thanksgiving should be included.**
  - The prayer of faith will always include thanksgiving.
  - When I pray, I offer thanks because I have assurance that God hears and answers my prayer.
  - As I am assured of the answer, through praise and thanksgiving I drive anxiety out.
- d. **Prayers that offer no thanksgiving are prayers of “hope” vs prayers of faith.**
  - *Prayers of “hope” leave you still anxious regarding the circumstances.*
  - *Prayers of faith leave you with peace – knowing that God has moved on your behalf.*
- e. **Peace is the test of real prayer and real faith.**

### B. Examples of prayer and peace in the Bible

- 1. **Hezekiah’s prayer when the enemy sent a threatening letter.**
  - a. **2 Kings 19-14-19 NKJV** “After Hezekiah received the letter from the messengers and read it, he went up to the LORD’s Temple and spread it out before the LORD. And Hezekiah prayed this prayer before the LORD: ‘O LORD, God of Israel, you are enthroned between the mighty cherubim! You alone are God of all the kingdoms of the earth. You alone created the heavens and the earth. Bend down, O LORD, and listen! Open your eyes, O LORD, and see! Listen to Sennacherib’s words of defiance against the living God. It is true, LORD, that the kings of Assyria have destroyed all these nations. And they have thrown the gods of these nations into the fire and burned them. But of course the Assyrians could destroy them! They were not gods at all—only idols of wood and stone shaped by human hands. Now, O LORD our God, rescue us from his power; then all the kingdoms of the earth will know that you alone, O LORD, are God.’”



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- b. When Hezekiah had a situation that cause anxiety and worry, He took it directly to the Lord. *He spread the letter out before the Lord.*
- c. Notice the faith filled declarations that are included in Hezekiah's prayer.
- You are enthroned between the mighty cherubim.
  - You alone are God of all the kingdoms of the earth.
  - You alone created the heavens and the earth.
  - The gods of the enemy are wood and stone.
  - All the earth will know that you alone are God.

*These faith declarations alone would drive out anxiety over the enemy.*

- d. **The Victory: 2 Kings 19:35 NLT** "That night the angel of the LORD went out to the Assyrian camp and killed 185,000 Assyrian soldiers. When the surviving Assyrians woke up the next morning, they found corpses everywhere."

**2. Paul's personal practice of prayer and peace**

- a. **Phil 4:11-13 NKJV** "Not that I speak in respect of want: for I have learned, in whatsoever state I am, therewith to be content. I know both how to be abased, and I know how to abound: every where and in all things I am instructed both to be full and to be hungry, both to abound and to suffer need. I can do all things through Christ which strengtheneth me."

**3. Pastor's Personal Example:**

- a. **When trouble arose in the early years of ministry.**