# SOUL INJURIES Session 3 "Overcoming the Spirit of Rejection"

**Psalm 23:1-3 (KJV) –** <sup>1</sup>The LORD is my shepherd; I shall not want.

<sup>2</sup>He maketh me to lie down in green pastures: he leadeth me beside the still waters.

#### I. Review

- A. <u>Soul</u> the seat of emotions and passions, the activity of the mind, the activity of the will, *has been translated HEART in specific scriptures*.
- B. Restoreth Restore to turn back, to return, to bring back, to reverse to return to a former state or intention.
- C. Soul Injuries -

An overlooked, unassessed wound that separates one from their <u>"Real Self"</u> that causes a person to feel personally defective, inadequate, or unworthy.

- 1. Wounds caused by circumstances; death, betrayal, divorce, rejection, abuse, trauma, etc.
- 2. Soul injuries are real
- 3. Soul injuries require healing just as injuries of the body need to be healed.
- 4. Last week "Dealing with a broken heart"
- 5. This week "Overcoming the spirit of Rejection"

# II. What is rejection?

- A. The state of being rejected The act of refusing to accept

  The act of not giving someone the love and attention they want and expect
- B. Wrongful hurt by words, actions and/or neglect

<sup>&</sup>lt;sup>3</sup> He restoreth my soul:

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- C. Some feel rejected because of words and actions
- D. Many feel rejected because of the neglect of someone close to them
  - 1. They didn't acknowledge you in the way you felt that they should have.
  - 2. They didn't say hi
  - 3. They didn't respond to you how you felt that they should have
- E. Rejection is fear of being unloved or unaccepted by people or God
- F. Rejection is feared more than death. When faced with standing up in front of a crowd, we break into a sweat because we are afraid of rejection
- G. Impacts of rejection
  - 1. Job interviews
  - 2. Business dealings
  - 3. Dating
  - 4. Marriage
  - 5. Meeting new people relationships

## III. The Root of Rejection

- A. Root staring place, origin, beginning point, seed
- B. Hebrews 12:15 (KJV) Looking diligently lest any man fail of the grace of God; lest any <u>root of bitterness</u> springing up trouble you, and thereby many be defiled;
- C. Everything starts with a root including rejection
  - 1. Rejection from a parent
  - 2. Rejection from peers
  - 3. Rejection from a leader
  - 4. David was rejected by his father
  - 5. Joseph was rejected by his brothers
- D. Everyone deals with some level of rejection
  - 1. Everyone will be told NO at some point in their life
  - 2. Everyone doesn't win the trophy
  - 3. Job interview
  - 4. Specific promotion
  - 5. Specific part in the school production

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- E. While everyone deals with rejection, for some it will become a strong hold
  - 1. For some, the seed of rejection will take ROOT
  - 2. For some, rejection will become a stronghold
  - 3. The enemy gains control of the lives of people through strongholds
  - 4. This person will filter everything that they encounter through the eyes of rejection
  - 5. If the root of rejection isn't dealt with, this person will experience great heartache and pain for the rest of their life.
  - 6. A root will always produce fruit!

## IV. The Fruit of Rejection

#### A. Doubt and Fear

- 1. Doubt that we are loved
- 2. Doubt that we are or will be accepted
- 3. Doubt that we are appreciated
- 4. When we doubt that we are loved, we are afraid that we will not be loved.
- 5. Anxiety
- 6. The struggle to believe to receive love from others and love from God becomes real!

**1 John 4:16 (KJV)** – And we have known and believed the love that God hath to us. God is love; and he that dwelleth in love dwelleth in God, and God in him.

The problem will never be God's love
The problem for many is accepting God's love

Doubt and Fear are the fruit that a root of rejection produces

#### B. Anger

- 1. Wherever there is rejection there is anger
- 2. Whoever you feel rejected by, you will experience anger toward
- 3. Rejection = Anger = Rejection
  When you feel rejected and you project your anger on others because
  they didn't respond to you the way you believe that they should have, their
  re-action eventually will be to pull back from you... thus making you feel
  more and more rejected.

### C. Self-Pity

- 1. Feeling sorry for yourself This never results in anything good
- 2. Nobody called you
- 3. Nobody LIKED your Facebook post

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- 4. Nobody responded to your tweet
- 5. Nobody checked on me
- 6. Nobody cares about me
- 7. Nobody loves me
- 8. RESULTS Sad, depressed, afraid, lonely, = Shallow relationships.

#### D. Denial

- 1. Denial of the real issue
- 2. Denial of the ROOT that is producing the FRUIT
- 3. Whenever there is denial, your help is cut off
- 4. As long as there is denial of the root of the issue, the issue will continue to grow
- 5. The first step to deliverance from rejection is to acknowledge the root and stop focusing on the fruit
- 6. The fruit of denial will cause;
  - A person to refuse any type of correction
  - The person can handle not positive criticism
  - When challenged to see or change anything about themselves they will always filter this through the eyes of rejection
  - Rather than embracing the truth presented in love, they will embrace the lies of rejection
  - Satan uses this process to keep people in bondage.

## The FRUIT of Rejection =

- Doubt and Fear
- Anger
- Self Pity
- Denial

## V. Dealing with the Root of Rejection

- A. Sucker Plants suckers are plant shoots/sprouts that arise from below the ground usually from the roots
- B. Grandpa's Apple Tree
- C. Suckers graft to other plants
- D. Suckers are not sown for

- E. The sucker plant will produce stress on the host plant bringing serious damage; and will disrupt the growth of the host plant.
- F. The best and only way to deal with sucker plants is to get them out of your garden
- G. Rejection is a sucker plant
  - 1. You didn't plant it
  - 2. You didn't desire it
  - 3. You don't want it
  - 4. Rejection is bringing serious damage to your life
  - 5. Rejection is disrupting your personal growth
  - 6. You must get rejection out of your garden.
- H. Get that sucker off your life!
  - 1. Realize who is behind the root
    - While people may be the instruments that have caused feelings of rejection, SATAN is the real culprit
    - People are human beings who make mistakes and bad choices, some intentionally some that are not
    - Satan challenges Eve that God has withheld something from her
    - Resist the devil!
  - 2. Stop identifying with Rejection
    - Lose the victim mentality even if you are a victim of circumstances
    - Be a victor not a victim
    - That's not me
    - That's not who I am
  - 3. Start identifying with Love

**Ephesians 3:17 (KJV)** – so that Christ may dwell in your hearts through faith. And I pray that you, being rooted and established in love.

**Ephesians 3:17 (AMP)** – so that Christ may dwell in your hearts through your faith. And may you, having been [deeply] rooted and [securely] grounded in love,

- Remember, Whatever ROOTS feed on they feed YOU
- You are becoming whatever your ROOTS are feeding you
- Rejection roots feed you rejection thoughts you become what you think.
- Proverbs 23:7 (KJV) For as he thinketh in his heart, so is he:
- I might have been born into rejection but when I was born again, I was born of a new root!
- 4. My new identity
  - I am loved

**Romans 5:8 (NIV)** – But God demonstrates his own love for us in this: While we were still sinners, Christ died for us

I am Chosen

**Ephesians 1:4 (NIV)** – For he chose us in him before the creation of the world to be holy and blameless in his sight. In love

I am accepted

**Ephesians 1:6 (KJV)** – To the praise of the glory of his grace, wherein he hath made us accepted in the beloved.