

Understanding Grace
Session 9 – Developing the New You

I. Review

A. Previous Sessions

- 1. Session 1 – Introduction to Grace**
- 2. Session 2 – Saved by Grace**
- 3. Session 3 – Established in Righteousness**
- 4. Session 4 – Grace and Rest**
- 5. Session 5 – The Fruit of Righteousness**
- 6. Session 6 – The Consequences of Sin**
- 7. Session 7 – Why do Christians Sin?**
- 8. Session 8 – Seeing Transformation**
 - a. Born again people should be seeing transformation**
 - b. The warfare between your born again spirit and the soul and body.**

c. Real Discipleship

The renewing of the mind, the key to transformation

The most important thing that occurs in the life of a new convert is discipleship

Our life output is determined by our mind input

The reason many Christians never experience transformation is because they are living with the old mindsets because of an unrenewed mind.

II. Developing the New You

A. Walking in the Spirit

Romans 8:1-4 NKJV

*There is therefore now no condemnation to those who are in Christ Jesus, who^[a] do not walk according to the flesh, but according to the Spirit. ² For the law of the Spirit of life in Christ Jesus has made me free from the law of sin and death. ³ For what the law could not do in that it was weak through the flesh, God *did* by sending His own Son in the likeness of sinful flesh, on account of sin: He condemned sin in the flesh, ⁴ that the righteous requirement of the law might be fulfilled in us who do not walk according to the flesh but according to the Spirit.*

- 1. Condemnation** – Damnatory sentence - judgement against - To judge worthy of punishment
- 2. Walk** – To make one's way, to make due use of opportunities - To live or to regulate one's life – to be occupied with

3. For believers – those who are in Christ – there is no condemnation because they are living in the SPIRIT which is perfected in Christ rather than living in the FLESH which always falls short of the glory of God.

a. I do not allow what happens in my flesh to cause me to lose focus of what Jesus did in my spirit –(New Birth)

b. I do not ignore the issues in my flesh – I develop in *THE NEW ME* through the power of the Word of God and the Holy Spirit which have been given to me.

4. Walking in the Spirit

a. Stay focused on the NEW YOU/REAL YOU – The Spirit
Spirit focused vs Flesh Focused

b. As your mind is renewed you will begin to walk/live as the Spirit of God desires for you to. = transformation

5. Two Minds - We have two minds and one Spirit

a. The Flesh is a mindset
The mindset of the flesh goes against the Word of God

b. The spirit is a mindset
The mindset of the spirit that always lines up with the Word of God

c. This is the battle of the mind
*Will I follow the mindset of flesh – walking in the flesh or
Will I follow the mindset of the spirit – walking in the spirit?*

6. Born again people who are not experiencing transformation, who continue to struggle with the habits of the old self are being dominated by the FLESH – (A way of thinking that does not line up with God’s Word).
7. Our original programming came from the flesh - and many are still living out the old program after being saved.

Romans 8:5 NKJV

⁵ For those who live according to the flesh set their minds on the things of the flesh, but those *who live* according to the Spirit, the things of the Spirit.

- a. Most interpret this passage like this:

If you live wrong according to the flesh, your mind is continually on the things of the flesh

If you live right according to the Spirit, your mind will be on the right things of the spirit

- b. Accurate interpretation

If you set/keep/focus your mind on the things of the flesh this is how you will live – a life filled with actions according to the flesh (A mindset that doesn’t align with God)

If you set/keep/focus your mind on thee SPIRIT, your actions will follow and you will live/conduct your life according to the mindset of the Spirit- (A mindset that lines up with the Word of God).

- c. The Performance is to keep your MIND renewed to the mindset of the Spirit - then your WALK/Conduct will follow.

8. Romans 8:6 NKJV

⁶For to be ^[a]carnally minded *is* death, but to be spiritually minded *is* life and peace

- a. **Carnal** – of the five senses -
- b. All carnality is not sin – you need your five senses
- c. Carnality becomes a sin when it dominates your human system
I should not be dominated by my senses – I should be dominated by my spirit
- d. Carnal action is a fruit of carnal thinking
Carnal thinking will produce poverty, disease, sickness, frustration and shame.
- e. The Spiritual Mind is going to believe God's Word even in the midst of what I can see, touch and feel.

9. Development of the NEW YOU includes making a decision that you will not be moved by what you see and feel according to the five senses, but you will only be moved by the WORD OF GOD

- a. I am developing in confidence of my righteousness in Christ
- b. I am developing in the new me – my born again spirit
- c. I am developing in the expected fruit of righteousness
- d. I am developing in understanding
- e. I am developing in grace in the time of need

10. Romans 8:11 NKJV

¹¹ But if the Spirit of Him who raised Jesus from the dead dwells in you, He who raised Christ from the dead will also give life to your mortal bodies ^[a]through His Spirit who dwells in you.

ESV

¹¹ If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ Jesus^[a] from the dead will also give life to your mortal bodies through his Spirit who dwells in you.

- a. My born again spirit is imparting life to my body although my body is mortal – (Subject to death) *My spirit is no longer subject to death*
- b. The more developed I am in the *Mind of the Spirit* the more my body will be affected by the life of the *Spirit*.
- c. The level of my inheritance that I experience while on earth will be directly affected by the level by which I walk in the spirit.

