

## **I. Review**

### **A. Regeneration defined**

1. Restore – Revive – Rebuild
2. To bring forth again

### **B. Previous Sessions**

1. God delights in restoring, rebuilding, and reviving.
2. Our cooperation is required.
3. Believe for resurrection power.
4. Receiving a Rhema Word – Life in the Word.
5. Moving from Logos to Rhema.
6. Expect Regeneration.
7. Rebuilding that which is broken.
8. Keys to rebuilding after a tragedy.
  - a. David's loss of a child.
  - b. He arose – got up.
  - c. He bathed and changed clothes.
  - d. He went to the house of God and worshipped.
  - e. He went to his house and ate.

## **II. Facing the opposition that occurs when rebuilding.**

- ### **A. Do not think it strange when opposition occurs as you begin to rebuild your life.**

**1. There will be opposition!**

*In recent messages I have stated, “It will not be easy to rebuild.”*

**2. Satan does not want you to rebuild your life.**

- a. He is a thief on a mission to steal, kill and destroy.
- b. He uses tragedy and loss as a tool to continue stealing from a life that has experienced some calamity.
- c. We must be aware of his plan and be aware of his devices that are designed to keep us in the season of loss and stop us from rebuilding/moving forward into the future that God has for us.

**B. Nehemiah’s story summarized**

**1. Jerusalem lies in devastation – the wall has been broken down and the gates burned with fire. Nehemiah 1:3.**

**2. Nehemiah’s heart was so moved, he sat down and wept and mourned for many days as he fasted and prayed. Nehemiah 1:4.**

**3. In this time of prayer, Nehemiah’s heart was stirred to rebuild the city – the wall, the gates, etc.**

- a. God stirred his heart with a vision to rebuild
- b. The goal of these recent sessions is to stir you heart to rebuild.
- c. Rebuilding starts with a vision to rebuild.

**4. In Chapter 2, once Nehemiah arrived in Jerusalem and after he had personally viewed the devastation, he called the people to arise and rebuild.**

**Nehemiah 2:17-18 (NKJV)** – <sup>17</sup>*Then I said to them, “You see the distress that we are in, how Jerusalem lies waste, and its gates are burned with fire. **Come and let us build** the wall of Jerusalem, that we may no longer be a reproach.”* <sup>18</sup>*And I told them of the hand of my God which had been good upon me, and also of the king’s words that he had spoken to me. So they said, “**Let us rise up and build.**” Then they set their hands to this good work.*

- a. It's alright to assess the damage and view what the storm has left behind.
  - b. There comes a time to move from viewing the damage to looking to the future.
  - c. "Come let us Build" – we can do something/we can rebuild/we can move forward.
  - d. Let us rise up and build.
  - e. They set their hands to this good work.  
*Rebuilding is a good work.*
5. **It would be wonderful if Nehemiah's story only included the remarkable success of rebuilding walls and gates, but it includes much opposition.**
- a. Opposition – resistance – through words and actions, hostile or contrary action.
  - b. Opposition has a goal – to stop something – *Can mean to stop progress.*  
*In Nehemiah's case, the opposition was to stop him from rebuilding.*

### C. Nehemiah's Opposition

**Nehemiah 4:1-2 (NLT)** – <sup>1</sup>Sanballat was very angry when he learned that we were rebuilding the wall. He flew into a rage and mocked the Jews, <sup>2</sup>saying in front of his friends and the Samaritan army officers, "What does this bunch of poor, feeble Jews think they're doing? Do they think they can build the wall in a single day by just offering a few sacrifices? Do they actually think they can make something of stones from a rubbish heap—and charred ones at that?"

1. Sanballat (the enemy) was angry.  
*Don't be shocked, your enemy will be angry at the thought of you rebuilding. He thrives on destruction.*
2. He mocked and spoke words of discouragement.

3. The enemy comes repeatedly to oppose the rebuilding process.  
However, he doesn't prevail.

**D. Dealing with Your Opposing Forces when rebuilding.**

*Your opposition will be determined by the type of storm you have encountered. Everyone will not face the same type of opposing forces. However, the opposition will have the same goal, to stop you from moving forward.*

**1. Watch out for the voices of the enemy.**

- a. Voices that come from negative acquaintances.

*There will be some voices that are negative about everything you choose to do.*

*Do not allow other's negativity to hold you back.*

- b. Voices that come from within.

*These may be a greater threat than the voices from the outside.*

*What are you saying about yourself?*

*What are you saying to yourself?*

**2. Understand that your enemy will use every means to stop you from rebuilding and moving forward.**

*If he can find anything within the storm damage of your past to use against you, he will! Sanballat planted thoughts about the condition of the stones begin burned to sow a negative thought for the purpose of stopping the rebuilding of the walls.*

**3. David's opposition he had to overcome to rebuild after the death of his child.**

**NOTE:** When any storm brings devastation, it requires significant effort to rebuild. However, when the storm is the result of our own choices and actions, it takes much more effort to move forward.

When the storm came because of our choices and actions, Satan will attempt to use that to his advantage.

- a. David was responsible for the death of his child.
- b. David had sinned against God; *adultery – murder*

- c. David had reason to feel that he could not move forward.
- d. David's greatest opposition was personal guilt from his sin and personal blame for the death of his child.

**NOTE:** *We are looking at this today, because if you encountered a loss/storm due to your own choices or personal sin, you must deal with the opposition of guilt before you can rebuild.*

- e. Voices that David could have followed.
  - Your sin is too great, How could God forgive you.
  - You are the reason this child died.  
*Look what you have done! (reminders of the past)*
  - How could God forgive you?
  - How could God ever bless the remainder of your life?
  - How could God ever use you for his service again?  
*Notice – these questions all promote the idea that you cannot move forward.*
  - God wants you to be miserable for the rest of your life as punishment for your own actions.
  - It is His will for you to remain in loss, depression, despair, etc.
  - It is not his will for you to ever be happy again.
  
- f. **David never allowed His sin to hold him back.**

*His Prayer*

**Psalm 51:1-15 (NKJV)** – <sup>1</sup>*Have mercy upon me, O God, according to Your lovingkindness; according to the multitude of Your tender mercies, blot out my transgressions.* <sup>2</sup>*Wash me thoroughly from my iniquity, and cleanse me from my sin.* <sup>3</sup>*For I acknowledge my transgressions, and my sin is always before me.* <sup>4</sup>*Against You, You only, have I sinned, and done this evil in Your sight—that You may be found just when You speak, and blameless when You judge.* <sup>5</sup>*Behold, I was brought forth in iniquity, and in sin my mother conceived me.* <sup>6</sup>*Behold, You desire truth in the inward parts, and in the hidden part You will make me to know wisdom.* <sup>7</sup>*Purge me with hyssop, and I shall be clean; wash me, and I shall be whiter than snow.* <sup>8</sup>*Make me hear joy and gladness, that the bones You*

*have broken may rejoice. <sup>9</sup>Hide Your face from my sins, and blot out all my iniquities. <sup>10</sup>Create in me a clean heart, O God, and renew a steadfast spirit within me. <sup>11</sup>Do not cast me away from Your presence, and do not take Your Holy Spirit from me. <sup>12</sup>Restore to me the joy of Your salvation, and uphold me by Your generous Spirit. <sup>13</sup>Then I will teach transgressors Your ways, and sinners shall be converted to You. <sup>14</sup>Deliver me from the guilt of bloodshed, O God, the God of my salvation, and my tongue shall sing aloud of Your righteousness. <sup>15</sup>O Lord, open my lips, and my mouth shall show forth Your praise.*

4. **There are many whom Satan is taking advantage because he has convinced them that they deserve to live the rest of their lives in the storm damage.**

You caused the storm – You must live with it.

5. **Two Imperatives for Successful Rebuilding when there is guilt associated with the storm.**

- a. **You must accept God’s forgiveness** and believe that it is His will for you to rebuild and move forward.

**Psalms 32:2 (NKJV)** – *Blessed is the man to whom the LORD does not impute iniquity, and in whose spirit there is no deceit*

**Psalms 32:2 (CEV)** – *You bless them by saying, "You told me your sins, without trying to hide them, and now I forgive you.*

***Paul quotes this verse in his letter to the Romans in reference to our free forgiveness in Jesus – GRACE***

**Psalms 32:2 (NLT)** – *Yes, what joy for those whose record the LORD has cleared of sin*

- b. **You must forgive yourself.** You must stop attempting to punish yourself by forcing yourself to live in the storm damage.

***If God can forgive you – you can forgive yourself!***

***If God is willing to forgive you – you must be willing to forgive yourself.***

- **Admit your sin and repent**
- **Truly forgive yourself – Free Yourself**
- **Free from guilt – free from Shame**

**Isaiah 61:7 (NKJV)** – *Instead of shame and dishonor, you will enjoy a double share of honor. You will possess a double portion of prosperity in your land, and everlasting joy will be yours.*

**Psalms 32:5 (NLT)** – *Finally, I confessed all my sins to you and stopped trying to hide my guilt. I said to myself, “I will confess my rebellion to the LORD.” And you forgave me! All my guilt is gone*

***Many translations – You forgave the guilt of my sin***

### **III. Closing**

- A. Watch out for the opposition.**
- B. Don’t allow the opposition to steal your vision for rebuilding.**
- C. Surround yourself with people of Faith who will encourage you toward the process.**
- D. Pray often and ask the Lord for His guidance and strength.**
- E. Celebrate the small steps forward.**
- F. Keep the vision for recovery alive!**