



HEALING THE SOUL OF A WOMAN • LESSON 4

Pastor Patty Campbell

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Psalm 147:3 NLT “He heals the brokenhearted and bandages their wounds.”

What caused your heart to break?

Heart – is a metaphor for a wounded soul.

- Do you feel broken because of what was done to you?
- Do you feel broken because of bad choices you have made?
- Is it a combination of both?
- God is in the heart mending business, and He wants to heal your wounded soul.

I. YOUR TRUE SELF

2 Cor 5:17 ESV “Therefore, if anyone is in Christ, he is a new creation. The old has passed away; behold, the new has come.”

A. WHO AM I? Spiritual Amnesia

1. Not knowing who we truly are is one of the saddest conditions of the church.
2. We have allowed everything and everyone to define us.
3. Terrible words that were spoken over us have become embedded into our mental programming.
 - a. Without realizing what we were doing, we came into agreement with the wrong voices.

B. OUR SOUL HAS BEEN INFECTED WITH MALWARE!

1. Malware is any program or file that is intentionally inserted into a system for a harmful purpose.
 - Every negative word spoken over you
 - Everything you have seen and heard
 - The things that were done to you
 - ALL of these can corrupt your internal programming – your soul.
2. Although we are born again and our spirit is made new, we must do the work to reprogram our souls!



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3. The TRUTH of God's Word will reprogram the way we think and the way we function!

C. HIS WORD REVEALS WHO I REALLY AM!

1. The LABELS others have placed on me do not define who I am.
2. We only believe what others have said about us is when we don't know what the Word of God says, or if we have forgotten.
3. Here are some reminders from the Word:
 - a. **1 Peter 2:9 NKJV** "But **you are** a chosen generation, a royal priesthood, a holy nation, His own special people, that you may proclaim the praises of Him who called you out of darkness into His marvelous light;"
 - b. **Col 3:2-3 AMP** "Set your mind *and* keep focused *habitually* on the things above [the heavenly things], not on things that are on the earth [which have only temporal value]. For you died [to this world], and your [new, real] life is hidden with Christ in God."

YOUR NEW, REAL LIFE IS HIDDEN WITH CHRIST IN GOD!

Your true self, the born-again self is found in Christ.

- c. **Eph 4:24** "and put on the new self [the regenerated and renewed nature], created in God's image, [godlike] in the righteousness and holiness of the truth [living in a way that expresses to God your gratitude for your salvation]."

PUT ON THE NEW PERSON THAT GOD IS CALLING YOU TO BE

- Strip off the old labels
- Call yourself the Beloved of God (confident, accepted, and strong in Him)
- You are of great value and treasured by your Father

TRANSITION: Satan will do everything in his power to keep you from your true identity as God's beloved child. Keep looking in the mirror of God's Word. See who you are in Him.



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II. DON'T PARK AT THE PLACE OF YOUR PAIN

God created us to be people who are always moving forward. Don't stop or get stuck at the place where you were hurt.

A. THE APOSTLE PAUL – is a tremendous example of someone who continually moved forward.

Philippians 3:13-14 “...but one thing *I do*, forgetting those things which are behind and reaching forward to those things which are ahead, I press toward the goal for the prize of the upward call of God in Christ Jesus.”

1. HE NEVER GAVE UP IN SPITE OF THE PAIN HE ENDURED.

- Beaten with rods, stoned, shipwrecked, snake-bitten, abandoned by his friends, and imprisoned, but he didn't park there!
- If Paul had stopped and parked at the point of his pain, we might be missing two-thirds of the NT.
- If YOU AND I park at the point of our pain, the rest of the world will miss out on what God wants to do through us.

B. KEEP MOVING FORWARD

When failure or trouble comes, moving forward isn't always easy, but that's what God wants us to do.

1. It may feel like you're only moving inches at a time, but keep moving forward and those inches will add up to a lot of progress!
2. It's easy to quit and give up but it takes courage to keep going forward in the midst of pain. Draw on His strength to enable you to do it.

C. DON'T GET STUCK IN A MOMENT OF TIME

No matter what happens to us, life goes on and we can either go with it or stay behind, imprisoned in our pain.

D. GOD PROMISES TO HEAL US, BUT IT TAKES EFFORT ON OUR PART.

- We must believe the promises of God
- Press forward no matter how difficult
- Every step of faith is a step closer to wholeness and healing.



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E. IT'S NEVER TOO LATE

The devil will try to convince you that it's too late for you. HOWEVER, it is NEVER too late for God to heal and restore anyone.

1. New beginnings and fresh starts are never in short supply with God.
2. You may feel forgotten, but God has never forgotten you!

III. YOU ARE NOT DAMAGED GOODS

Col 2:10 NKJV "and you are complete in Him, who is the head of all principality and power."

A. WHOLE AND COMPLETE

When we put ourselves in God's healing hands, no matter how broken or damaged we have been, we end up whole and complete, without evidence of ever being marred.

1. MY BORN-AGAIN SPIRIT IS COMPLETE AND WHOLE IN CHRIST.

- a. The work that needs to be done is in my soul (mind/thoughts, will/desires, and emotions).
- b. God does the work from the inside out, using His Word and our fellowship with him to continue the work He has begun.
- c. Gradually, the complete and perfect thing God did in our spirit begins to manifest in our soul.

B. DON'T LIVE WITH THE THOUGHT OF, "IF ONLY".

1. None of your past has to matter if you don't let it matter.
2. You can become complete and whole to the point there is NO EVIDENCE you were ever damaged; ever wounded.
3. You are a new creation; old things have passed away. All things in your spirit are new and all things in your soul are becoming new!

C. MANY CHURCHES DON'T TEACH ON HEALING FOR OUR BODIES LET ALONE EMOTIONAL HEALING.

1. It is important to Pastor and me that you receive healing on every level.



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- Series on Healing for your body – Healing School
 - Soul Injuries
 - Right Mind
 - High Hopes
 - Faith that Takes what God has provided
 - Life on Purpose
 - Take Possession
 - The Abundant Life
2. You cannot change your past. You cannot go back, but you can go FORWARD!
 3. Instead of saying, “If only”, start saying, “I trust God to take what has happened and work it out somehow, some way for my good”.

D. HEALED WITH NO EVIDENCE OF THE WOUND!

God wants to heal your wounds and even your scars leaving no trace of evidence that they ever existed!

1. The three Hebrew children went into the fiery furnace because they would not worship anyone other than God.
 - a. The king was so angry he ordered the furnace be seven times hotter than normal.
 - b. When they looked in to see if they were consumed, they saw not only the three young men, but a fourth man was in the fire, and it was the angel of the Lord (which refers to Jesus in the OT).
 - c. When they came out of the fire, they walked out untouched by the flames. Their clothes were not scorched, the hair on their heads were not singed, and they didn't even smell like smoke!
 - d. You can COME OUT of the FIERY FURNACE of life without any evidence you were ever in it.
 - You are not damaged goods.
 - You are not second rate.
 - You are an overcomer!
 - You are a conqueror!
 - You are a victor!