

I. REVIEW

A. Everyone Needs A Reset

1. God's personal word to me: "*You need a reset.*"
2. "Reset" defined: A series of actions to restore back to order; to make necessary adjustments; to restore back to initial or proper position.
3. Reset = God's plan for course correction.
 - a. Everyone will need course correction to arrive at their destination.
 - b. The Christian life is not a straight, flawless journey. It's a faithful one marked by *course corrections*. Just as a pilot constantly adjusts a plane to stay on course, believers regularly realign their lives with God's will.

II. THE ATTENTION RESET

A. Proverbs 4:20-23

NKJV "My son, give attention to my words; Incline your ear to my sayings. Do not let them depart from your eyes; Keep them in the midst of your heart; For they *are* life to those who find them, And health to all their flesh. Keep your heart with all diligence, For out of it *spring* the issues of life."

NIV "My son, pay attention to what I say; turn your ear to my words..."

NASB "To my words be attentive..."

MSG "Dear friend, listen well to my words; tune your ears to my voice. Keep my message in plain view at all times. Concentrate! Learn it by heart! Those who discover these words live, really live; body and soul, they're bursting with health."

PASTOR'S NOTE: *What we give attention to matters! The command given in this passage is to GIVE ATTENTION to the WORD!*

B. Giving attention to the Word is intentional. There are many things in this world competing for your attention!

C. Attention Defined:

1. It is the concentrated direction of one's mind.
2. It specifically includes focusing on a problem or a specific task.
3. It involves focusing the mind on a particular matter, which may include watching, listening, and thinking about something of interest.

PASTOR'S NOTE: *Attention is captured when you can no longer get something off your mind. Attention is captured when you do not have to intentionally go to a specific subject in your thoughts—your mind automatically takes you there!*

D. Watch Where You Give Your Attention

1. Giving attention to the right things will take your life forward and bless you!
2. Giving attention to the wrong things will hinder, stall, or even bring destruction to your life.
 - Take inventory of your thoughts!
 - Give an honest evaluation of where the majority of your attention lies.
3. Elijah's mistake:
 - In **1 Kings 18** Elijah experiences the greatest victory of his ministry. Fire fell from heaven and the prophets of Baal were slain. But by Chapter 19, Elijah has allowed the words of Jezebel to capture his attention. God had to initiate a reset of attention for Elijah. He had to re-focus Elijah's attention on HIS WORDS vs. the words of Jezebel.

E. When Do You Need an Attention Reset? (See also Pg. 18 in RESET)

1. When the things I am giving attention to are not taking my life in a productive direction.
2. When the things I am giving attention to daily are not releasing God's best into my life.
3. When the things I am hearing are weakening my faith rather than building it up.

PASTOR'S NOTE: *If the things you are focusing on are taking you in a negative direction, you need to reset your attention.*

F. Other Examples to Consider:

1. Jesus warned against worry!
 - a. Worry is *giving attention to the wrong things!*
 - b. **Matthew 6:25-34**
NKJV "Therefore I say to you, do not worry about your life, what you will eat or what you will drink; nor about your body, what you will put on. Is not life more than food and the body more than clothing? Look at the birds of the air, for they

neither sow nor reap nor gather into barns; yet your heavenly Father feeds them. Are you not of more value than they? Which of you by worrying can add one cubit to his stature? So why do you worry about clothing? Consider the lilies of the field, how they grow: they neither toil nor spin; and yet I say to you that even Solomon in all his glory was not arrayed like one of these. Now if God so clothes the grass of the field, which today is, and tomorrow is thrown into the oven, will He not much more clothe you, O you of little faith?"

"Therefore do not worry, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' For after all these things the Gentiles seek. For your heavenly Father knows that you need all these things. But seek first the kingdom of God and His righteousness, and all these things shall be added to you. Therefore do not worry about tomorrow, for tomorrow will worry about its own things. Sufficient for the day is its own trouble."

2. Peter's attention was diverted by the storm.

Matthew 14:25-31

NKJV "Now in the fourth watch of the night Jesus went to them, walking on the sea. And when the disciples saw Him walking on the sea, they were troubled, saying, 'It is a ghost!' And they cried out for fear. But immediately Jesus spoke to them, saying, 'Be of good cheer! It is I; do not be afraid.' And Peter answered Him and said, 'Lord, if it is You, command me to come to You on the water.' So He said, 'Come.' And when Peter had come down out of the boat, he walked on the water to go to Jesus. But when he saw that the wind was boisterous, he was afraid; and beginning to sink he cried out, saying, 'Lord, save me!' And immediately Jesus stretched out His hand and caught him, and said to him, 'O you of little faith, why did you doubt?' And when they got into the boat, the wind ceased."

3. Faith must always focus attention on the Word of God vs. the circumstances.

- a. **Jairus:** When Jairus' daughter died, Jesus' words to him were: "*Be not afraid only believe.*" Jesus reset Jairus' attention on His words vs. the words of those who just reported that she had died. The command of Jesus was: "Stay focused. Do not allow the negative news to become the focus of your attention. Keep giving your attention to your faith!"
- b. **Israel was to remember the Word when possessing the Promised Land: Joshua 1:13 NKJV** "Remember the word which Moses the servant of the Lord commanded you, saying, 'The Lord your God is giving you rest and is giving you this land.'"
- c. **FAITH MUST KEEP ATTENTION ON THE WORD!**

PASTOR'S NOTE: *During times of warfare, watch out for things that will attempt to capture your attention to rob you of your faith. Spend MUCH TIME in the Word, keeping your attention on the promises that pertain to your situation.*