



## RESET • 2026 EDITION

### Session 1: Understanding Reset

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#### I. SERIES INTRODUCTION

##### A. Everyone Needs a Reset

1. God's personal word to me: "You need a reset."
2. "Reset" defined: A series of actions to restore back to order; to make necessary adjustments; to restore back to initial or proper position.
3. Reset = God's plan for course correction.
  - a. Everyone will need course correction to arrive at their destination.
  - b. The Christian life is not a straight, flawless journey. It's a faithful one marked by *course corrections*. Just as a pilot constantly adjusts a plane to stay on course, believers regularly realign their lives with God's will.
  - c. **Isaiah 53:6**  
**NKJV** "All we like sheep have gone astray; We have turned, everyone, to his own way; And the LORD has laid on Him the iniquity of us all."  
  
**NLT** "All of us, like sheep, have strayed away. We have left God's paths to follow our own."
  - d. **CEV** "All of us were like sheep that had wandered off. We had each gone our own way."  
  
    - As sheep, there will always be circumstances that potentially cause us to wander or stray.
    - "Veer Off Course": to gradually or unintentionally move away from an intended direction, plan, or goal.
    - As His sheep, we don't intend to veer off course. But there are many distractions and conditions of life that can—and often will—lead us off course if we allow them. The answer to staying on course is in the reset!
4. Areas in our lives where we may need resets from time to time include our:
  - a. Priorities
  - b. Goals
  - c. Vision
  - d. Relationships
  - e. Purpose

5. To RESET is to be REDIRECTED!
  - a. There will be times throughout our life that we will need to be RE-DIRECTED!
  - b. This is God's correction.
    - God's correction is not punishment!
    - God's correction is re-direction for the purpose of keeping us on course.
  - c. How does God redirect?
    - Through His Word.
    - Through the power of the guidance of the Holy Spirit.
    - Through the local church (community).
    - Through spiritual leadership (especially your pastor).

**PASTOR'S NOTE:** *God's plan for our success will include resets throughout our life!*

## II. GOD'S INITIATED RESETS

### A. **Isaiah 54:11-14**

**GWT** "You suffering, comfortless, storm-ravaged city! I will rebuild your city with precious stones. I will reset your foundations with sapphires. I will rebuild your towers with rubies, your gates with sparkling stones, and all your walls with precious stones. All your children will be taught by the LORD, and your children will have unlimited peace. You will be established in righteousness. You will be far from oppression, so you will not be afraid. You will be far from destruction, so it won't come near you."

1. God is saying: "*I want to bring you to a place where you and your children will be blessed. A place where you will be far from oppression, where you will not be afraid and you will be far from destruction.*"
2. For this to occur, "*your foundations will have to be reset.*"
3. The indication in this passage is:
  - a. Your foundation has shifted.
  - b. Something has moved off course.
  - c. Something needs to be adjusted.
  - d. You need a course correction.
  - e. If your foundations are reset, you will be back on course for the blessing of God to flow in your life.
4. There are times in everyone's life that they need a reset. No one is excluded—even the most spiritual person in the world.

5. When we recognize the value of a reset, and develop skill in applying it, we can realign with God's plan and steadily progress toward His intended purpose for our lives.

**B. Different Types of Resets**

**1. Mind Resets:**

- Needed when our thoughts become out of alignment with God's thoughts (how He thinks).

**2. Action Resets:**

- Needed when our actions are out of alignment with God's plan.
- Needed when our actions are unhealthy. *Overextending oneself beyond our own strength is a set up for the enemy.*
- Priorities are important. *Know what is essential and what is not essential.*

**3. Relationship Resets:**

- Relationships that add to our life vs. relationships that rob us of our strength, peace, and joy.

**C. Examples of God-initiated resets throughout the Bible:**

1. **Moses:** *God appeared to Moses after he spent forty years in the desert. The purpose of the burning bush encounter was to reset Moses' life back to the purpose of being God's deliverer for Israel.*
2. **Abraham:** *Abraham's entire life was redirected when God spoke to him and told him to leave everything behind and pursue a land of which he knew nothing.*
3. **Elijah:** *Elijah fell into depression because of the threats of Jezebel. God showed up in the wilderness to remind him that he wasn't alone: there were 7000 other prophets that had not bowed to Baal. In addition, God led him to his successor, Elisha.*
4. **Esther:** *Esther's life was entirely reset to fulfill the plan of God for the protection of the Jews.*
  - **Esther 4:13-14**  
**KJV** "Then Mordecai commanded to answer Esther, 'Think not with thyself that thou shalt escape in the king's house, more than all the Jews. For if thou altogether holdest thy peace at this time, then shall there enlargement and deliverance arise to the Jews from another place; but thou and thy father's house shall be destroyed: and who knoweth whether thou art come to the kingdom for such a time as this?"

5. **Hezekiah** (“sick unto death”): *Hezekiah's life was reset by one prayer. The Lord added 15 years to his life and blessed his kingdom.*

6. **Peter and the other disciples** (who went back to the fishing business):

- **John 21:3-13**

**KJV** “Simon Peter saith unto them, ‘I go a fishing’. They say unto him, ‘We also go with thee’. They went forth, and entered into a ship immediately; and that night they caught nothing. But when the morning was now come, Jesus stood on the shore: but the disciples knew not that it was Jesus. Then Jesus saith unto them, ‘Children, have ye any meat?’ They answered him, ‘No’. And he said unto them, Cast the net on the right side of the ship, and ye shall find. They cast therefore, and now they were not able to draw it for the multitude of fishes. Therefore that disciple whom Jesus loved saith unto Peter, ‘It is the Lord’. Now when Simon Peter heard that it was the Lord, he girt his fisher's coat unto him, (for he was naked,) and did cast himself into the sea. And the other disciples came in a little ship; (for they were not far from land, but as it were two hundred cubits,) dragging the net with fishes. As soon then as they were come to land, they saw a fire of coals there, and fish laid thereon, and bread. Jesus saith unto them, ‘Bring of the fish which ye have now caught.’ Simon Peter went up, and drew the net to land full of great fishes, an hundred and fifty and three: and for all there were so many, yet was not the net broken. Jesus saith unto them, ‘Come and dine’. And none of the disciples durst ask him, ‘Who art thou?’ knowing that it was the Lord. Jesus then cometh, and taketh bread, and giveth them, and fish likewise.”

- It was on this night that Jesus reset and redirected the disciples back on course. They had lost their vision and courage regarding their mission.
- Notice: Jesus didn't just move on to find someone to take their place. HE RESET THEIR LIVES to finish their mission.
- God will do everything in His power to reset your life. He is never finished with you as long as you turn to Him.

7. **Timothy:** *Paul initiated a reset in Timothy.*

- **2 Timothy 1:6**

**NKJV** “...when I call to remembrance the genuine faith that is in you, which dwelt first in your grandmother Lois and your mother Eunice, and I am persuaded is in you also. Therefore I remind you to stir up the gift of God which is in you through the laying on of my hands.”

8. **The Church:** *Jesus spoke to John about church resets when He appeared to him in the Book of Revelation.*

- **Revelation 2:5 (The Ephesus Church)**

**KJV** “Remember therefore from whence thou art fallen, and repent, and do the first works; or else I will come unto thee quickly, and will remove thy candlestick out of his place, except thou repent.

- **Revelation 3:1-3 (The Church at Sardis)**

**NKJV** “And to the angel of the church in Sardis write, ‘These things says He who has the seven Spirits of God and the seven stars: ‘I know your works, that you have a name that you are alive, but you are dead. Be watchful, and strengthen the things which remain, that are ready to die, for I have not found your works perfect before God. Remember therefore how you have received and heard; hold fast and repent. Therefore, if you will not watch, I will come upon you as a thief, and you will not know what hour I will come upon you.’”

**D. Final Things to Consider as We Approach This Series**

1. We all will need resets in our future.
2. Resets require us to honestly assess where we are.
3. Resets require us to be willing to change what needs to be changed.
4. Resets must be intentional. They are not automatic.
5. Without the needed resets of our life, we will veer off course and may crash.