

## SOUL INJURIES

### Session 6 “Inner Peace”

#### Psalm 23:1-3 (KJV) –

The LORD is my shepherd; I shall not want.

<sup>2</sup> He maketh me to lie down in green pastures: he leadeth me beside the still waters.

<sup>3</sup> He restoreth my soul:

#### I. REVIEW

##### A. Soul Injuries =

An overlooked, unassessed wound that separates one from their “Real Self” that causes a person to feel personally defective, inadequate, or unworthy.

*A soul injury occurs when specific circumstances cause inward pain and injury that leave a long-lasting scar...*

*... Which dictates the future of the injured in a negative way*

*Dale Campbell*

##### B. Specific Soul Injuries Covered

1. Rejection – Abandonment
2. Offense

##### C. When soul injuries become strongholds

1. Soul injuries have the potential to become strongholds
2. Strongholds are areas of our life in our soul realm where Satan can find a place of refuge/a place where he can work to keep us enslaved and ensnared – (Castle)

3. Strongholds give place to Satan
4. Strongholds allow Satan to work in our life to steal, kill and destroy.
5. We have been given the necessary weapons to PULL down Satan's strongholds in our life.

## **II. SOUL INJURIES AND PEACE**

### **A. Soul injuries result in a lack of inner peace**

### **B. Peace is connected to good health and long life**

### **C. A lack of peace is one of the symptoms of;**

1. An inward injury of the Soul
2. An inward sickness of the Soul
3. An injury occurs as the result of something that occurs specifically from outside forces
4. A sickness of the soul occurs as the result of something that is allowed to enter and take root primarily through our thoughts.
5. Some things come from without, some things come from within.
6. Most people who have an issue of the soul all demonstrate a lack of peace.

### III. WHAT DOES THE BIBLE SAY ABOUT PEACE?

- A. **Luke 2:14 (KJV)** – Glory to God in the highest, and on earth peace, good will toward men.
- B. **John 14:27 (NIV)** – Peace I leave with you; my peace I give you. I do not give to **you** as the world gives. Do not let your hearts be troubled and do not be afraid.
- C. **Colossians 3:15 (KJV)** – And let the peace of God rule in your hearts, to the which also ye are called in one body; and be ye thankful.
- D. **Isaiah 26:3 (KJV)** – Thou wilt keep him in perfect peace, whose mind is stayed on thee: because he trusteth in thee.
- E. **Hebrews 12:14 (KJV)** – Follow peace with all men, and holiness, without which no man shall see the LORD
- F. **Peace Definition** =
  - 1. Bible = (gr) i-ray'-nay – *exempt from race, havoc and war – security, safety, prosperity, – tranquility = state of being calm*
  - 2. Cambridge – *freedom from war or violence.*  
*A peaceful calm state without noise, violence, worry, etc.*
  - 3. The person who has peace within is a person that is calm within.
    - a. Not given to inward turmoil through a noisy soul
    - b. Noisy soul – a soul that is never quiet but always at unrest due to negative thoughts
  - 4. Those who lack peace in their soul realm offer an open door to sickness, depression, and many other negative influences.

5. God's will is for us to have PEACE in every area of life including our soul.

#### **IV. THE BIBLICAL PROCESS FOR OBTAINING PEACE**

**A. Philippians 4:4-8 (NIV)** – <sup>4</sup>Rejoice in the LORD always. I will say it again: Rejoice! <sup>5</sup>Let your gentleness be evident to all. The LORD is near. <sup>6</sup>Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. <sup>7</sup>And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

1. Rejoice – Be a rejoicing and joyful person.
2. Let Gentleness be evident to all – Be considerate to others.
3. The Lord is near – Be aware that Jesus is watching over you at all times.
4. Be anxious for nothing – Don't worry about anything
5. In every situation by prayer – Pray in every situation
6. Verse 7 – You will have the peace of God that guards your heart.

**B. Peace is a result of doing what is right as specified in this passage.**

1. Anxiety is replaced by PEACE
2. Fear is replaced by PEACE

#### **V. THREE KINGS, SAUL, DAVID AND SOLOMON**

**A. David was the greatest king ever spoken of in scripture.**

**B. David was positioned between two other kings, Saul and Solomon.**

**C. David and His kingdom prospered greatly by the hand of God**

**D. Saul and Solomon both experienced difficulty.**

**E. SAUL'S LACK OF PEACE**

1. **1 Samuel 16:14 (NIV)** – Now the Spirit of the LORD had departed from Saul, and an evil spirit from the LORD tormented him
2. God didn't send an evil spirit upon Saul. Saul opened the door to the evil spirit through his own actions
3. Many have opened a door to the enemy, allowing entrance to their soul realm.
4. Saul was tormented in his mind (soulish realm) = NO PEACE
5. FEAR was at the root of Saul's problem. *This SPIRIT OF FEAR became a soul sickness to Saul.*
  - a. He was too anxious to wait on God's timing to go to war
  - b. He was too fearful to trust God entirely with his kingdom, so he disobeyed repeatedly.
  - c. Fear took his life – *Rather than trusting God and doing what he should have been doing, leading Israel against the enemy, he was consumed with protecting himself and seeking David's life.*

**F. SOLOMON'S BATTLE WITH FEAR**

1. Solomon was known as the man of great wisdom
2. He was the son of the great King, David.
3. He was known for his great wisdom

4. He built the first temple for God's people
5. He was known for his great wealth
6. The Queen of Sheba – *The half has not been told.*
7. Solomon and Fear

**Song of Solomon 3:7-8 (KJV) –**

<sup>7</sup>Behold his bed, which is Solomon's; threescore valiant men are about it, of the valiant of Israel. <sup>8</sup>They all hold swords, being expert in war: every man hath his sword upon his thigh because of fear in the night.

*Note: Many translations define bed as couch and even chariot which makes some change to the meaning of the text. The fact that verse 8 declares night fears being the reason for these 60 skilled soldiers surrounding Solomon in the night would indicate that they were actually watching over him during sleep – thus meaning they surrounded his bed. Regardless, FEAR had overtaken him.*

8. Solomon fought no wars – Solomon was known as the king of peace
9. The enemies that had fought against Israel throughout the reign of Saul and David never attempted to fight against Solomon, YET he was consumed with fear that his enemies were coming to get him.
10. Solomon's wars were PERCEIVED wars in his own mind.
11. Solomon had NO PEACE within.
  - a. He stayed under guard at all times
  - b. He stayed inside the palace most of the time

- c. He was tormented in his mind
- d. Fear had become a soul-sickness to him
- e. Fear ruled his life
- f. **Ecclesiastes 5:11-12 (KJV)** – <sup>11</sup>When goods increase, they are increased that eat them: and what good is there to the owners thereof, saving the beholding of them with their eyes? <sup>12</sup>The sleep of a labouring man is sweet, whether he eat little or much: but the abundance of the rich will not suffer him to sleep.
- g. Fear manifested as worry kept Solomon, the richest and wisest man on earth from sleeping at night.

## **G. DAVID, A MAN OF GREAT PEACE**

1. Our text was written by David, “He restoreth my soul”
2. David had many soul injuries
3. David’s soul was restored = PEACE
4. **Psalm 73:25 (KJV)** Whom have I in heaven but thee? and there is none upon earth that I desire beside thee.

**Psalm 3:1-6 (KJV)** <sup>1</sup>A Psalm of David, when he fled from Absalom his son. LORD, how are they increased that trouble me! many are they that rise up against me. <sup>2</sup>Many there be which say of my soul, There is no help for him in God. Selah. <sup>3</sup>But thou, O LORD, art a shield for me; my glory, and the lifter up of mine head. <sup>4</sup>I cried unto the LORD with my voice, and he heard me out of his holy hill. Selah. <sup>5</sup>I laid me down and slept; I awaked; for the LORD sustained me. <sup>6</sup>I will not be afraid of ten thousands of people, that have set themselves against me round about.

- David was at PEACE when many enemies were against him

- David was at PEACE and slept while his enemies were pursuing him.
- David is known for REJOICING at all times
- David is known for DOING right toward people
- David is known for BEING ANXIOUS for regardless of circumstance
- David is known for KNOWING that the LORD IS ALWAYS WATCHING OVER
- David is known for PRAYING ALWAYS and casting his care upon the Lord.
- DAVID IS KNOWN FOR PEACE not turmoil.
- Sounds like:  
**Philippians 4:4-8 (NIV)** <sup>4</sup>Rejoice in the LORD always. I will say it again: Rejoice! <sup>5</sup>Let your gentleness be evident to all. The LORD is near. <sup>6</sup>Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. <sup>7</sup>And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

*The peace of God GUARDED the heart of David.*

*Peace comes as a harvest of right thinking and acting*

## **VI: SOUL INJURIES, SOUL SICKENESS & PEACE**

- David had soul injuries, but David fulfilled ALL**
- Saul and Solomon had soul injuries/sickness/lost all**
- CHOOSE PEACE**
- REFUSE ALL THOUGHT/THOUGHT PATTERNS THAT PROMOTE ANYTHING BUT PEACE.**
- REFUSE TO DO ANYTHING THAT FEEDS ISSUES OF THE SOUL**



**STARVE THEM OUT!**