

## Understanding Grace Session 8 – Seeing Transformation

### I. Review/Previous Sessions

#### A. Session 1 – Introduction to Grace

#### B. Session 2 – Saved by Grace

#### C. Session 3 – Established in Righteousness

#### D. Session 4 – Grace and Rest

#### E. Session 5 – The Fruit of Righteousness

#### F. Session 6 – The Consequences of Sin

#### G. Session 7 – Why do Christians Sin? *Why do we sin after being saved?*

1. You are a triune being, spirit- soul and body.
2. Your born-again spirit is at conflict with your natural mind/soul and your body.
3. Many born again people are still identifying with their unrenewed mind and their body.
4. The more you identify with our spirit (the real you) the more your mind and body will align with who you are in Christ.

**II. Seeing Transformation**

**A. Christian people should be seeing transformation!**

1. There should be fruit from our born-again experience.
2. Old things should die; all things should become new.
3. If there is no transformation after the claim to salvation has been made, one of two things is possible.
  - a. You were not truly born again.
  - b. You have not moved forward in discipleship to allow the Word of God and the Holy Spirit to align your soul and body to the new you (your born-again spirit).

**B. Is it possible to be right in your Spirit and have issues in your soul and body?**

1. **Roman 7:14-25 (NLT)** – *<sup>14</sup>So the trouble is not with the law, for it is spiritual and good. The trouble is with me, for I am all too human, a slave to sin. <sup>15</sup>I don't really understand myself, for I want to do what is right, but I don't do it. Instead, I do what I hate. <sup>16</sup>But if I know that what I am doing is wrong, this shows that I agree that the law is good. <sup>17</sup>So I am not the one doing wrong; it is sin living in me that does it. <sup>18</sup>And I know that nothing good lives in me, that is, in my sinful nature. <sup>[a]</sup>I want to do what is right, but I can't. <sup>19</sup>I want to do what is good, but I don't. I don't want to do what is wrong, but I do it anyway. <sup>20</sup>But if I do what I don't want to do, I am not really the one doing wrong; it is sin living in me that does it. <sup>21</sup>I have discovered this principle of life—that when I want to do what is right, I inevitably do what is wrong. <sup>22</sup>I love God's law with all my heart. <sup>23</sup>But there is another power <sup>[b]</sup>within me that is at war with my mind. This power makes me a slave to the sin that is still within me. <sup>24</sup>Oh, what a miserable person I am! Who will free me from this life that is dominated by sin and death? <sup>25</sup>Thank God! The answer is in Jesus*

*Christ our Lord. So, you see how it is: In my mind I really want to obey God's law, but because of my sinful nature I am a slave to sin.*

- a. The struggle with keeping the law.  
*The Law only produces a struggle with no means of victory.*
- b. The Answer is Jesus vs 25!  
*Jesus makes us free from the old sin nature – new birth*
- c. **Romans 8:1-2 (NKJV)** – <sup>1</sup>*There is therefore now no condemnation to those who are in Christ Jesus, who do not walk according to the flesh but according to the Spirit.* <sup>2</sup>*For the Law of the Spirit of life in Christ Jesus has made me free from the law of sin and death.*
- d. Because of Jesus and grace, I no longer struggle to obtain righteousness by works, by faith I receive righteousness as a gift.
- e. In Jesus, I embrace my new identity.

## 2. Two Wars

- a. Prior to being saved, people who wanted to serve the Lord were in a war against the SIN NATURE.
- b. After being saved, people who have been saved are at war against the *Old Man* who has been accustomed to living after the nature of sin. The continued warfare!
- c. After being saved, I am no longer at war with my actions in attempt to gain righteousness.
- d. After being saved, I am at war with my body and soul (natural mind and senses) to bring them into alignment with my born-again spirit.

**1 Corinthians 9:27 (ERV)** – *It is my own body I fight to make it do what I want. I do this so that I won't miss getting the prize myself after telling others about it.*

**C. How do I see Real Transformation in my Soul and Body?**

*How do I get my body and natural mind to align with my Spirit?*

1. Real Discipleship – What is it?

**Matthew 28:19-20 (NKJV)** – <sup>19</sup>Go<sup>[a]</sup> therefore and make disciples of all the nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, <sup>20</sup>teaching them to observe all things that I have commanded you; and lo, I am with you always, even to the end of the age.

- a. Discipleship definition
  - To follow his precepts and instructions
  - To be a learner or a pupil
  - To increase one's knowledge
  - To hear and be informed
  - To learn by use and practice so to be in the habit of or accustomed to.
- b. Real discipleship is directly connected to teaching and instruction.  
*If you are not being taught, you are not being disciplined.*
- c. Discipleship was a command not a suggestion.
- d. The New Birth is where the transformation of the Spirit takes place.
- e. Discipleship is where the transformation of the Soul and Body take place.
- f. The reason many never see transformation in the soul and body is because they never experience TRUE DISCIPLESHIP.

**Note:** *Discipleship holds no purpose for eternity, but adds great value to the remained of our life on earth.*

*Jesus knew that we would have issues with the body and soul after the new birth. This is why discipleship/mind renewal is emphasized so strongly throughout scripture.*

2. Real Transformation
  - a. Even though you are born again you still have the same program as the old you.
  - b. Your Soul and Body is influenced by the *OLD YOU!*
  - c. If you want to a life that lines up with the *NEW YOU*, you must allow the *NEW YOU* to give your soul and body the new/updated program.
  - d. The #1 thing that happens you us is the *NEW BIRTH*  
*This is where my spirit becomes the new me.*
  - e. The #2 thing that happens to us after salvation is the re-programming and renewal of our mind.
  - f. Your life output is a direct result off your mind input. Many have been born again but continue to DELAY the *New Download - re-programming of the mind.*
  - g. We want to be inspired more than we want to get revelation.
  - h. Inspiration is temporal, revelation is eternal.

**Note:** *Discipleship is more than just receiving knowledge, it is the impartation of Spirit and Life.*

**John 6:63 (NKJV)** – *It is the Spirit who gives life; the flesh profits nothing. The words that I speak to you are spirit, and they are life.*

- i. Real Discipleship reveals and reminds me:
  - 1) Who I am – My new identity.
  - 2) What I have received.
  - 3) What I can do.
  - 4) Where I am going.

**Note:** The more real these things become to me the more real transformation takes place in me.