

HEALING THE SOUL OF A WOMAN • SESSION 5

Pastor Patty Campbell

Healing the Soul of a Woman • Lesson 5

## **RECAP:**

Psalm 147:3 NLT "He heals the brokenhearted and bandages their wounds."

**Brokenhearted** – under great emotional distress; overwhelmed by grief or disappointment.

**Wounded soul** – He bandages our wounds so they can be healed. The Lord wants to heal every part of us. "Beloved, I pray that you may prosper in all things and be in health, just as your soul prospers." 3 John 2 NKJV

Last week we discussed:

- Don't park at the place of your pain keep moving forward!
  - $\circ~$  Don't get stuck in a moment of time.
- You are not damaged goods.
  - God wants to heal you and remove any evidence of the wound.
- It's never too late to be healed. You can begin again.
  - New beginnings are never in short supply with God.

#### YOU'VE GOT WHAT IT TAKES

**Galatians 220, ESV** "I have been crucified with Christ. It is no longer I who live, but Christ lives in me. And the life on now live in the flesh I live by faith in the son of God, who loves me, and gave himself for me."

#### I. CHRIST LIVES IN ME

When we accept Christ, he does an amazing work in us. He comes to live in us! Everything that he is, comes to live inside of us in our born-again spirit.

#### A. I Have a New Life

He TOOK my old life and I received NEW LIFE in Him.

- I am complete in him (Colossians 2:10).
- I am alive with Christ (Ephesians 2:5).



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- I am free from the law of sin and death (Romans 8:2).
- I am born of God and the evil one does not touch me (1 John 5:18).
- I am holy and without blame before him in love (Ephesians 1:4; 1 Peter 1:16).
- I have the mind of Christ (1 Corinthians 2:16; Philippians 2:5).
- I have the peace of God that passes all understanding (Philippians 4:7).
- I have the Greater One living in me; greater is He who is in me than he who is in the world (1 John 4:4).
- I have received the gift of righteousness and reign as a king in this life by Christ Jesus (Romans 5:17).
- All of these things become mine, when I am in Christ, and Christ is in me!
- B. We will only begin to experience OUR NEW IDENTITY when we believe that His Word and His promises are true.
  - This *is not* obtained when we say, "I'll believe it when I see it". It actually works just the opposite. <u>You'll see it when you</u> <u>believe it</u>!
- C. Learning who we are in Christ is vital if we want to live a victorious life.
  - 1. Our goal should be to learn to see ourselves as God sees us.
  - 2. God doesn't see us from where we were, but from where we are now.
    - Our past may make a difference to some of the people that we know, but it makes no difference to God.
    - God sees me in Jesus, therefore He sees me as righteous in right standing.
- D. When we receive Jesus, not only does He come to live in us, we are placed in Him.
  - 1. He is in us, and we are in Him; we are made one and have union with Him (we're joined together).
  - 2. Because we are in Him, everything He is becomes ours.



# E. The Deposit (Illustration)

If someone placed \$10 million in your bank account, you would have full access and be able to draw on it for the rest of your life.

1. Jesus has made a deposit in each of His children.

2 Peter 1:3 NLT "By his divine power, God has given us everything we need for living a godly life. We have received all of this by coming to know him, the one who called us to himself by means of his marvelous glory and excellence."

**AMP** "For His divine power has bestowed on us [absolutely] everything necessary for [a dynamic spiritual] life and godliness, through true *and* personal knowledge of Him who called us by His own glory and excellence."

### We have everything we need to live a victorious life!

2. Knowledge gives us access.

The Bible says we have all things, but unless we have the knowledge of what we have been given, we will not receive what is meant to be ours.

3. Jesus has made a deposit in you of anything and everything you could ever need!

John 14:20 NIV "On that day, you will realize that I am in my father, and you are in Me, and I am in you."

#### II. CLOSE FELLOWSHIP WITH JESUS

Jesus is as close as your own breath or your heartbeat.

#### A. Our journey as a Christian is one of learning to do life with Jesus.

1. We are learning to focus more on who we are in Him, rather than struggling to modify our behavior.



- 2. This should be our focus! It's not a journey of behavior modification. Only God can change our nature, and He has.
- 3. We must believe it and draw on what He has put in us instead of merely trying to be a "Good Christian".
  - **EX:** He loves us so we have the ability to love others; Jesus left His peace so we can be peaceful in every situation.
- B. Living, dwelling, and remaining in Him enables us to produce good fruit.
  - 1. He is the source of all good things and that includes our good behavior
  - 2. When you learn to live focused on who you are in Him, your behavior will become more and more like Jesus.

## III. YOU'VE GOT WHAT IT TAKES

Because God lives in you, you can truly do anything you need to do. The problem is we are often defeated by our own wrong thinking.

- God says we can, but if we think we can't then we can't.
- What we believe is what becomes our reality.
- No matter how many wonderful things Christ has deposited into us, they won't help us until we firmly believe they are ours.

Phil 4:13 NKJV "I can do all things through Christ who strengthens me."

**AMP** "I can do all things [which He has called me to do] through Him who strengthens and empowers me [to fulfill His purpose—I am self-sufficient in Christ's sufficiency; I am ready for anything and equal to anything through Him who infuses me with inner strength and confident peace.]"

## A. You are STRONGER than you think you are.

• You can do whatever you need to do in life, through Christ.

## B. We are strong in the Lord.

Romans 8:37 "...we are more than conquerors through Him who loved us."



- Joyce Meyer's definition "I believe it means that we can live life with confidence that we will win every battle we face before it begins."
- 2. When I rely on His strength I can conqueror in every situation.

**Romans 8:31, 37** "If God is for us, who can be against us? [Who can be our foe, if God is on our side?] Yet, amid all these things, we are more than conquerors and gain a surprising victory through him who loved us"

C. We need to see ourselves strong!

**Psalm 119:28 NIV** "He gives strength to the weary, and increases the power of the weak."

**Isaiah 40:29 NIV** "Those who hope in the lord will renew their strength. They will soar on wings. Like eagles, they will run and not grow weary, they will walk and not be faint."

**Eph 6:10 NKJV** "Be strong in the lord, and the power of his might."

#### D. Draw on God's Strength!

- Believe that with Christ you can do whatever you need to do in this life.
- Meditate on God's word and confess it!
- God's word transforms how we see our self, how we see Him and how we see every situation.

#### IV. YOU ARE MORE THAN A VICTIM OR SURVIVOR!

We often refer to ourselves as victims of abuse or survivors of abuse, but you are much more than that. You are an Overcomer!

As long as we see ourselves as victims, we continue to feel victimized



- 1 John 5:5 NKJV "Who is he who overcomes the world, but he who believes that Jesus is the Son of God?"
- Quote from book: "I never refer to myself as a victim of incest, or a survivor of it. I am a new creature in Christ, and so are you if you believe in Jesus."
- D. How we see ourselves, and what we believe are extremely important.
- E. See ourselves with the deposit of everything we need on the inside.
  - 1. We can make a withdrawal anytime we need anything.
    - If you need help, you can make a withdrawal
    - If you need peace, you can make a withdrawal
    - If you need, wisdom, or strength, or creativity, make a withdrawal
    - You can never make too many withdrawals because what you have available in Jesus has no limits!
  - 2. You can do whatever you need to do through Christ, who is your strength.
  - 3. You are not weak; you are strong! You are more than a conqueror through Jesus. You are an Overcomer

You've got what it takes! In Him you can do all things! Greater is He that's in you than he that is in the world! You are more than a conqueror! You are an Overcomer! Jesus had deposited everything you will need in this life into your spirit! You can make a withdrawal at any time.