

I. Review

A. Wired for Purpose

- 1. When God created us, he created us for purpose.**
- 2. Purpose is the reasons we exist and the reason we do what we do.**
- 3. God designed us for an aimed life – not an aimless one.**
- 4. There are many studies that prove health benefits for those who live life on purpose**

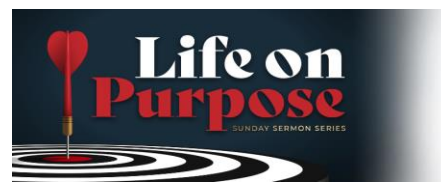
B. How to discover purpose throughout your life

1. Purpose is not a final destination or arrival point.
2. Purpose is a journey.
3. Purpose evolves with each phase of life.
4. Purpose may be discovered at various points in our life.
5. Two major ways to discover purpose:
First – God initiated purposes
Second – Look within – passions, gifts and values

II. The Important Role of Fulfillment

A. Fulfillment Defined

1. The achievement of something desired
2. Accomplishment
3. The fulfillment of a dream.



4. The fulfillment of one’s hope.
 5. The fulfillment of goals.
- B. If fulfillment were never achieved, we would experience many negative consequences.**
1. Loss of passion and interest.
 2. Loss of motivation.
 3. Be inclined to quit or give up.
 4. We would never experience the joy of achievement.
 5. We would not be moved within to go forward or to reach for higher things.
 6. **Science** – The human brain doesn’t like incomplete tasks.

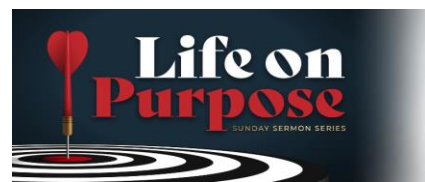
When tasks are unfinished – lacking fulfillment – the mind becomes anxious – bringing the unfinished business up over and over again. It becomes a negative loop – playing in our mind.

Unfinished business = frustration, anxiety, difficulty sleeping, mental and emotional depletion – physical and emotional weakness.

7. The effect of “FULFILLMENT” is the opposite.

When the mind rehearses accomplishments and fulfillment, there is joy, excitement, peace, rest – and MOTIVATION to move on to the next tasks.

NOTE: People who live without regular fulfillment of their assignments, become stalled – and cannot move on to the next phase of their purpose.



FULLFILLMENT – and a SENSE OF FULFILLMENT is a necessary ingredient if you desire to continue a life of purpose.

C. God and Fulfillment

1. God created us in His likeness – in His image!

Much of what we see in God, was put within us as the only living being that was created in His image.

2. God enjoys fulfillment

- a. **Genesis 1:31 (NKJV)** – *Then God saw everything that He had made, and indeed it was very good. So the evening and the morning were the sixth day.*

Genesis 1:31 (CEV) – *God looked at what he had done. All of it was very good!*

NOTE: God accessed his work – and experienced the joy associated with fulfillment.

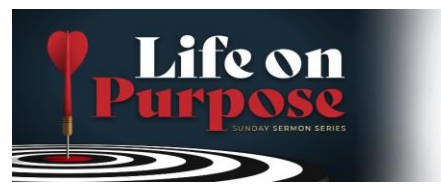
- b. In Psalm 104, the Psalmist writes many things about the works of God.
- You laid the foundation of the earth so it should not be moved forever. You cause grass to grow for the cattle.
 - You cause the earth the trees to be full of sap.
 - You appoint the moon for seasons

- c. **Psalm 104:31b (NKJV)** – *May the Lord rejoice in His works*

Psalm 104:31b (GNT) – *May the Lord be happy with all that He has made*

NOTE: The Lord rejoices in His works.

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When we aim for a purpose and accomplish goals – we experience joy and fulfillment just like God does regarding His works.

4. God created us to experience the blessing of fulfillment. Few things compare with the joy of completion and fulfillment.

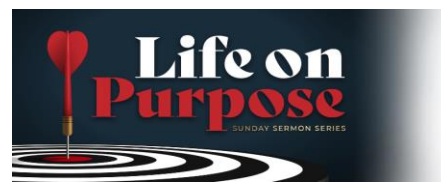
a. **Acts 14:21-27 (NIV)** – ²¹*They preached the gospel in that city and won a large number of disciples. Then they returned to Lystra, Iconium and Antioch, ²²strengthening the disciples and encouraging them to remain true to the faith. “We must go through many hardships to enter the kingdom of God,” they said. ²³Paul and Barnabas appointed elders for them in each church and, with prayer and fasting, committed them to the Lord, in whom they had put their trust. ²⁴After going through Pisidia, they came into Pamphylia, ²⁵and when they had preached the word in Perga, they went down to Attalia. ²⁶From Attalia they sailed back to Antioch, where they had been committed to the grace of God for the work they had now completed. ²⁷On arriving there, they gathered the church together and reported all that God had done through them and how he had opened a door of faith to the Gentiles.*

- They won a large number of disciples.
- They strengthened and encouraged the disciples.
- They appointed Elders/leaders in the churches.
- They preached in Perga.

b. When Paul and Barnabus returned, the first thing they did was gather the church together and share the success story – they shared the joy of fulfillment. They were enjoying the sense of fulfillment for completing their assignment.

c. There is nothing like being able to share the stories of fulfillment – **2 Timothy 4:7 (NKJV)** – *I have fought the good fight, I have finished the race, I have kept the faith*

D. The repercussions of no fulfillment



1. Fulfillment releases gratitude.

- a. True fulfillment always recognizes God.
- b. Fulfillment gives honor and praise to God for allowing you to fulfill purpose and assignments.

2. Fulfillment is a motivator

- a. A sense of fulfillment motivates us to embrace the next phase of our purpose.
- b. Accomplishment motivates us to move to higher things.
- c. Unfinished business – stalls us – and keeps us from moving forward.

3. You might need to “Set yourself up” for fulfillment.

- a. Do something – that you can finish – for the experience of the joy of completion.
- b. Celebrate big!

4. Basic Instructions

- a. At the end of each day this week, ask yourself these questions:
 - What did I accomplish today?
 - How did I make a difference?
 - What tasks did I complete?
- b. Do not focus your attention on unfinished business, rather focus on what you did vs what you did not do.
- c. No matter how small the list is, celebrate the things that you did.