



## I. Introduction

### A. The Right Flow

#### 1. Flow

- a. How we move along in life's journey.
- b. Our course- the path by which we follow daily to accomplish our course.
- c. Involves my mental state of mind – mindsets – thought patterns.
- d. Involves my daily activities – routine – ability to adjust.
- e. Involves my intake and outflow.  
*You cannot have the right outflow if you do not have the right intake.*
- f. The direction of my life – is connected to the flow of my life.
- g. The wrong flow – will lead me in paths and directions that I really do not want to go. This will lead me to a destination where I do not want to be.
- h. The right flow – will lead me in paths and directions that bless my life – taking me forward – leading me to promotion – taking me HIGHER – *this is the right flow!*
- i. The right flow doesn't just happen.  
*Whatever happens happens – WRONG!*
- j. The right flow occurs with our cooperation and choices regarding God's plan for our lives. *God directs us to choose the right flow; but the choice is ours – WE SET THE FLOW!*
- k. **Deuteronomy 30:15-16 (NLT)** – <sup>15</sup>*“Now listen! Today I am giving you a choice between life and death, between prosperity and disaster. <sup>16</sup>For I command you this day to love the LORD your God and to keep his commands, decrees, and regulations by walking in his ways. If you do this, you will live and multiply, and the LORD your God will bless you and the land you are about to enter and occupy.*
- l. **Deuteronomy 30:19-20 (NLT)** – <sup>19</sup>*“Today I have given you the choice between life and death, between blessings and curses. Now I call on heaven and earth to witness the choice you make. Oh, that you would choose life, so that you and your descendants might live! <sup>20</sup>You can make this choice by loving the LORD your God,*

*obeying him, and committing yourself firmly to him. This is the key to your life. And if you love and obey the LORD, you will live long in the land the LORD swore to give your ancestors Abraham, Isaac, and Jacob.*

**B. John 7:38 (NKJV)** – *He who believes in Me, as the Scripture has said, out of his heart will flow rivers of living water.*

**John 7:38 (AMP)** – *He who believes in Me [who adheres to, trusts in, and relies on Me], as the Scripture has said, “From his innermost being will flow continually rivers of living water.”*

- 1. Those who are believers will have a constant FLOW proceeding from their life.**
- 2. Their life will be a continual flow of LIFE.**
- 3. Living Waters** – not dead – active – blessed – endless in the kingdom of God – *fresh – strong – efficient – powerful*

### **C. Understanding the Right Flow**

- 1. It is a flow of life.**
  - a. Is the flow of your life – like a river of life – or like the dead sea?
  - b. The flow of life – *fresh – strong – powerful – advancing – peace – joyous – prosperous – being a blessing to others – blessing the kingdom – health – soundness*
- 2. It is the expression of God that flows from within us as born-again people.**
  - a. Born again people are different than anyone else on the planet.
  - b. **2 Corinthians 5:17 (NKJV)** – *Therefore, if anyone is in Christ, he is a new creation; old things have passed away; behold, all things have become new.*  
**2 Corinthians 5:17 (NLT)** – *This means that anyone who belongs to Christ has become a new person. The old life is gone; a new life has begun!*

- c. The flow of my life as a SAVED PERSON – is different than the flow of the world.
- d. My life should look different/sound different/produce different results – BE DIFFERENT – Why? *I'm in the right flow. I'm in the flow of life – rivers of living water.*
- e. If my flow looks no different from the worlds flow – I'm in the wrong flow. *It's not a flow of life.*
- f. The condition of this world is sad. The flow of this world is sad – leading to death – *addiction, depression, early death, confusion, sadness, hopelessness, anxiety.*
- g. What's sadder; is a born-again person – who should be in the right flow of life – but they are still living in the worlds flow. *Living outside of the right flow! Living beneath our privileges!*

**3. It's determined by my choices and actions.**

- a. **1 Corinthians 2:12 (NLT)** – *And we have received God's Spirit (not the world's spirit), so we can know the wonderful things God has freely given us*
- b. God wants us to KNOW/Experience the things He has freely given to us.
- c. Although this right flow of life is freely given – we must position ourselves appropriately if we are to experience it.

**4. The right flow begins by having the right inflow/intake.**

- a. If there is an issue with the right outflow of your life, do you have the right stream feeding your life?
- b. Your life can never catch the right flow – until you first adjust the streams that are feeding you.  
*Culture – media – peers – educational systems – news*
- c. A life that experiences the right flow of life – must have a continual inflow of life.
- d. Scriptures:
  - **John 14:6 (NKJV)** – *Jesus said to him, "I am the way, the truth, and the life. No one comes to the Father except through Me."*
  - **John 4:10 (NLT)** – *Jesus replied, "If you only knew the gift God has for you and who you are speaking to, you would ask me, and I would give you living water."*

- **John 15:4-5 (KJV)** – <sup>4</sup>**Abide in me, and I in you.** *As the branch cannot bear fruit of itself, except it abide in the vine; no more can ye, except ye abide in me. <sup>5</sup>I am the vine, ye are the branches: He that abideth in me, and I in him, the same bringeth forth much fruit: for without me ye can do nothing*
    - **Abide:** to remain = not to depart – dwell or tarry
- Aramaic Bible in Plain English:** *Stay with me and I am in you*  
**John 15:4 (CEV)** – *Stay joined to me and I will stay joined to you*  
**John 15:4 (Mace New Testament)** – *Be attached to me – I shall be so to you – as the branch cannot bear fruit of itself except it be attached to the vine, so neither can you except you continue attached to me.*

e. **Stay connected to the right flow!**

*If I only knew someone – I could make it in life!*

*If I only knew the right people, I could get a break!*

*If I knew someone – I could get ahead!*

*If I knew who they knew – my life would be different!*

**AS A BELIEVER, YOU KNOW SOMEONE – STAY CONNECTED!**

- f. The right flow of life that has been made available to us begins and continues to flow – as we STAY CONNECTED to LIFE itself – Jesus is the life!

g. Scriptures to consider

- **Psalms 92:13-14 (NKJV)** – <sup>13</sup>*Those who are planted in the house of the LORD Shall flourish in the courts of our God. <sup>14</sup>They shall still bear fruit in old age; They shall be fresh and flourishing,*
- **Psalms 92:14 (AMP)** – *[Growing in grace] they will still thrive and bear fruit and prosper in old age; They will flourish and be vital and fresh [rich in trust and love and contentment];*

- II. **Closing Statement:** *In the sessions that lie ahead, we will examine several things that should be flowing from within us as believers. We will examine hindrances to the flow – however, we cannot ignore the basics. The only way life can flow through us is to have a meaningful, consistent relationship with the life giver himself – JESUS. Cultivate your relationship with him – and allow HIM to flow through every aspect of your life! This is the right flow!*