



Fruit of the Spirit

Session 4 – “The Fruit of Peace”

Galatians 5:16-23 (NKJV) –

¹⁶ I say then: Walk in the Spirit, and you shall not fulfill the lust of the flesh.

¹⁷ For the flesh lusts against the Spirit, and the Spirit against the flesh; and these are contrary to one another, so that you do not do the things that you wish. ¹⁸ But if you are led by the Spirit, you are not under the law.

¹⁹ Now the works of the flesh are evident, which are: ^[a]adultery, ^[b]fornication, uncleanness, lewdness, ²⁰ idolatry, sorcery, hatred, contentions, jealousies, outbursts of wrath, selfish ambitions, dissensions, heresies, ²¹ envy, ^[c]murders, drunkenness, revelries, and the like; of which I tell you beforehand, just as I also told *you* in time past, that those who practice such things will not inherit the kingdom of God.

²² But the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness, ²³ ^[d]gentleness, self-control. Against such there is no law.

I. REVIEW

- A. While our spirit is born again, we must learn to yield our lives including our thoughts, actions and choices to fruit of the Spirit
- B. The more we say yes to the Spirit living within us, the more we will overcome the flesh
- C. Overcoming the flesh is included in the process of us receiving our inheritance
- D. Those who practice yielding to the desires of the flesh will not inherit the things of God



E. Previous weeks – The fruit of love and joy

II. The Fruit of Peace

A. John 14:27 (KJV) – Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid.

1. Peace Definition = To Join, prosperity, one, quietness, rest; set at one again.
2. Jesus declared that He was making peace available to us.
3. The fruit of peace involves bringing us back into alignment with God, (One with God).
4. The fruit of peace manifests in our life when we realize that God is at work in our present place.
5. Peace is lost when we are not at rest with who you are and where you are.
6. Many prayers include asking God to give us something we don't have or to get rid of something/someone we don't want
7. Many believe that they could have peace if circumstances would change.
8. The World's idea of peace vs God's idea of peace
 - a. The world believes that peace is the absence of problems and difficulties



- b. God's idea of peace is the presence of God.
- c. God's peace functions regardless of circumstances
- d. God intends for us to find peace during life's storms.

9. The REAL fruit of peace isn't connected to circumstances

10. The REAL fruit of peace is connected to knowing God and having faith in His ability to see us through all things!

B. Philippians 4:6 (KJV) – Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God.

Philippians 4:6 (NIV) – Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.

- 1. When there is a lack of peace, you will respond to life in FEAR.
- 2. Worry is the fruit of the flesh
- 3. Worry is a feeble attempt to change the future that we are afraid of.
(Greg Mohr, Charis Bible College)
- 4. Paul states the remedy to worry is to get into the presence of God through prayer.
- 5. Biblical prayer should drive out fear, anxiety and worry
- 6. Biblical prayer should cultivate the fruit of peace in our lives.



7. Biblical prayer is always coming into agreement with what God says in His word
8. When we pray in agreement with the promises of God, the peace of God will move fear, worry and destructive thoughts out of our mind.

C. Examples of Peace in Operation

1. Daniel – was able to go to sleep in a lion's den
2. Jesus – was able to sleep during a storm in a boat
3. Peter – was asleep on the night before his scheduled execution
4. Paul – had great peace during a life-threatening storm

Acts 27:22 (NIV) – But now I urge you to keep up your courage, because not one of you will be lost; only the ship will be destroyed.

III. Keys to Maintaining the Peace of God in Your Life:

- A. You must know that you are in right standing with God
 1. The #1 issue that robs Christians of their peace is doubt regarding their right standing with God
 2. When we do not understand our righteous position in Christ, we open a door for the enemy to cause us to question our standing with God.
 3. Peace comes when we know who we are in Christ and that Christ alone secures our righteous standing with the Father.



4. **Ephesians 1:6 (KJV)** – To the praise of the glory of his grace, wherein he hath made us accepted in the beloved

B. The fruit of peace may be developed through spending time in God’s Word.

1. **Psalm 119:165 (KJV)** – Great peace have they which love thy law: and nothing shall offend them.
 - The Word of God keeps us free from things that would cause us to stumble.
2. **2 Peter 1:2 (KJV)** – Grace and peace be yours in abundance through the knowledge of God and of Jesus our LORD.
 - We receive grace and peace in abundance as we increase our knowledge of God’s Word
 - Study and meditation of God’s Word will increase our supply of grace and the fruit of peace

C. The fruit of peace is developed in our life as we keep our mind on God and ways.

1. **Isaiah 26:3 (KJV)** – Thou wilt keep him in perfect peace, whose mind is stayed on thee: because he trusteth in thee.
 - This was one of my foundational scriptures for fighting against depression
 - This passage also worked for me when I received the diagnosis of leukemia.



- We are kept in peace by keeping our mind on the Lord and keeping our TRUST placed in Him.
 - My peace, fear, or anxiety level is an accurate barometer to help me measure my trust level.
 - If I have left peace – I have left trust!
2. **Romans 8:6 (KJV)** – For to be carnally minded is death; but to be spiritually minded is life and peace.
- Check your thought patterns – are they carnal or spiritual?
 - Replace fearful thoughts with God’s thoughts
 - Perfect peace is a result of a disciplined thought life and a mind that is focused on Jesus, not my surroundings.

IV. The Power of Peace

A. Authority and peace go hand in hand

1. When you know that you have authority over something, you can look at it without worry, fear or intimidation – IN PEACE
2. Jesus never feared the storm because He knew that He had authority over it.
3. Philippians 1:28 – The very fact that you are in no way alarmed by your adversary stirring up circumstances is a sign that you have absolute authority over him and a sign of impending destruction of his kingdom that your walk of grace and peace will cause!



4. From a position of peace – I speak peace to every storm
5. My Peace is a sign of the defeat of my enemy!